

A close-up portrait of actress Emilia Clarke, smiling and looking slightly to the side. She has dark brown hair pulled back and is wearing a red strapless top. The background is blurred.

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Editor's
notes...



Nik Allen, Editor

Hello and welcome to this month's edition of **VISION** Billericay Shenfield.

I became a parent for the first time last year when my wife and I welcomed our son Max to the world.

My dad told me that I'd start seeing the world differently when I became a father and he's right.

I've recently taken a real interest in the issue of climate change. I think it's because the scientists and climate experts are warning us that the real issues will be felt most keenly in thirty to forty years' time. It's frightening stuff.

The Allen household is doing our bit. We recycle as much as possible, only use a car when we have to and have swapped our light bulbs for low-energy.

They are small steps, but if we all took them, we'd be able to tell Max's generation that we tried to combat climate change.

As a business we are reviewing everything we do to see how we can become more environmentally friendly. I also encourage readers to recycle their old magazines when the latest issue comes through their doors.

Ultimately though it will be the governments of the world and the big corporations who can truly make a huge difference.

Let's hope for the generations to follow that they rise to this challenge, because if they don't, the long-term future of planet Earth doesn't look too promising.

Nik

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12. LARGESE, 14. PERGOLA, 16. BLOCKS, 18. IMAGE, 19. DEER

THE CITY SLICKERS



FOURMIDABLES 13/19



Those who felt Manchester City's relentless dominance couldn't surpass the 100 points they achieved at the end of the previous campaign have just been made to reclassify things again... not just the best Premier League team ever, but the world's best too?

In a sense, winning is something Pep Guardiola takes as 'the norm'. In his time as player and manager at Barcelona, at Bayern Munich, at City, and perhaps elsewhere in future if rumours of Juventus coming calling are to be believed, the 48-year-old expects and delivers.

Even when being asked to exceed those dramatic heights of the 2017/18 season, the mercurial boss had an answer – how about a clean sweep of domestic trophies?

The task was never going to be easy, particularly when main rivals, Liverpool, were a revitalised side looking to get back to the top table of British football for the first time in 30 years.

Pep Guardiola's men lost four times across the 38 games, but crucially, drew only two of the other 32, and while only a solitary defeat blemished Liverpool's season record (to Manchester City in January), it was the Blues' ability to turn draws into wins that saw them home.

Even when 10 points adrift of Liverpool, ice-cool Pep continued to let his side's ability do the talking. "Football matches can be won in the changing room, in the tunnel, on the pitch," he said at Christmas. "The good sides make sure it is on the pitch, and I think we will prove that."

Sure enough, in 2019, the Cityzens failed to win only three of 31 matches in 90 minutes, in all competitions. The exceptions were the 0-0 draw in the League Cup final – which mattered not as they beat Chelsea 4-3 on penalties anyway – an under-par 2-1 defeat at Newcastle United, and that 1-0 loss in the first leg of their Champions League quarter-final match against Spurs (in which they missed an early penalty).

In almost every other game they breezed past opponents with an air of fiery football finesse. It is a method of match mindfulness that only Liverpool under Jurgen Klopp can rival, and winning their final 14 league matches saw them take the Premier League crown by a solitary point.

And when the pressure was off, the prowess of Sterling, Aguero, Kompany and the Silvas (David and Bernardo) shone greater than ever – no better witnessed in that destructive 6-0 Wembley win against Watford, the match which sealed the 'treble' with the addition of the FA Cup to the season's silverware.

While some will point to City's failure to make their mark in the Champions League, did they actually do any worse than the supposed 'big two', Real Madrid and Barcelona? Both achieved catastrophic capitulations when it mattered, whereas Guardiola's men bowed out in a titanic battle against Tottenham, and were a VAR decision away from qualifying.

If the last two seasons are anything to go by, Manchester City will again be the team to beat next year. Rivals will be encouraged to see inspirational captain Vincent Kompany return to his native Belgium, but the club's pitch riches run embarrassingly deep, and in Phil Foden, Oleksandr Zinchenko and Lukas Nmecha, a new breed of youngster is emerging to make the challenge for others even greater.

Photo credit: PETER POWELL/EPA-EFE/Shutterstock; Paul Curne/BPI/Shutterstock

Royal baby BOOM



As Archie Harrison Mountbatten-Windsor enters his second month, the world's fascination for the newest royal appears to have lessened very little.

Despite what must seem a full-on flourish of night feeds, nappy changes and calls from Nan (otherwise known as HM Queen Elizabeth II), it's only actually a few weeks since, on Wednesday May 8, the Duke and Duchess of Sussex revealed the name of their baby, that coming two days after his birth at the Portland Hospital in Westminster.

Archie is the Queen and Duke of Edinburgh's eighth great-grandchild, with Harry and Meghan breaking somewhat with convention – some would say predictably – in opting against a traditional royal name for their son.

Archie – short for 'Archibald' – was actually the 18th most popular boys name in the UK in 2018. Meaning 'genuine', 'bold' or 'brave', it has been gaining popularity in its shortened form and will no doubt creep ever closer to the likes of Oliver, Harry, Noah and George, now it references a royal owner.

Seventh in line to the throne may not be something currently on the mind of the newest member of the royal family – he will have to see off the Queen, Prince Charles, William, Harry, Princes George and Louis and Princess Charlotte first. He may instead enquire why it took his dad 11 days to register his birth.

When that task was finally completed, down-to-earth Harry didn't request any special treatment. Always keen to steer away from unnecessary pomp, the birth certificate was signed by only the duty registrar, Dexsha Mevada. That said, as has been the case with past royal babies, it is thought Harry was able to wait for a knock at the door – the civil servant on duty travelled to the couple's Frogmore Cottage home to complete the papers... proving that breaking with convention only goes so far.

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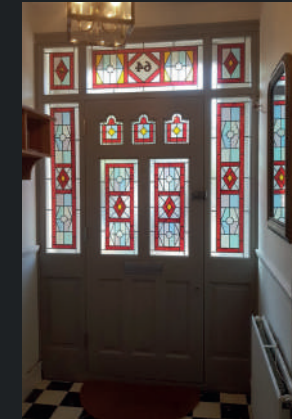
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Mr. Kate

BECAUSE WHY NOT?

THE DESIGN, STYLE AND BEAUTY BLOGGER WHOSE INFECTIOUS ENERGY HAS DRAWN A GLOBAL FANBASE

In the world of interior design, style, craft and beauty, standing out is what counts, and when you realise that Mr. Kate isn't actually a mister at all, but Kate Albrecht, you're halfway to realising why this high-energy, punchy, slightly rebellious American designer is making waves.

From a simple blog started back in 2011 that explored her passion for design and DIY, the 35-year-old, who is partnered in media projects by husband Joey, is now a conveyor belt of YouTube videos and TV appearances, as well as providing bespoke design services for some of Hollywood's biggest names.

Here are some of Kate's top tips for interior excellence:

IDENTIFY: Look at a room, a space or just an object and identify what needs to change. Is it a corner that's too dark, is the sofa outdated or is an entire room the wrong colour? Make a list and keep referring back to it to ensure you don't get sidetracked as the project develops.

GET INSPIRED: Use Instagram, blogs or magazines to pull together visual ideas and suggestions.

WICKED WALLS: Focus heavily on wall space as these are the areas we see the most. Always aim to fill space with colour or decoration rather than leaving large areas untouched.

THE ILLUSION OF EXPENSE: Add expensive looking items where possible in a room. These subtle cues can lift an entire space, particularly helping along older objects that, while you can't do without them, perhaps bring the tone down.

FUNCTIONAL AND FUN: A room should be a combination of practical and decorative. Combine the two for maximum impact and sensible living space.

SHAPESHIFTING: Use a combination of round and angular objects to create balance and variation.

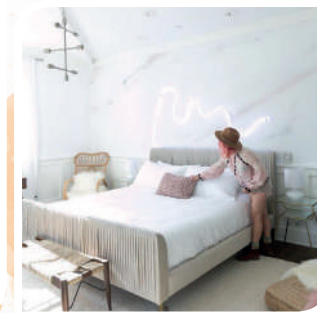
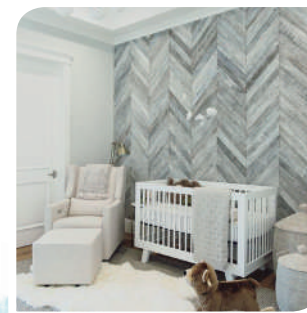
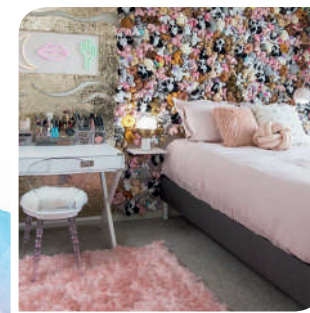


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HOME & DIY

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At first glance, the eclectic style looks easy to pull off — an assortment of mismatched furniture pieces, books and various other knick-knacks effortlessly strewn around a lounge or bedroom, to create a lived-in and homely atmosphere.

But what at first appears to be effortless style must actually be well planned out in order to avoid a home that feels at best cluttered, and at worst, like a live-in jumble sale.

The key to achieving the style is therefore planning and consistency. You need to build the look around key features that already exist in your home. An antique fireplace, for example, will become even more stunning when set against a freshly-painted olive wall and accessorised with carefully chosen gilt frames and glass candlesticks.

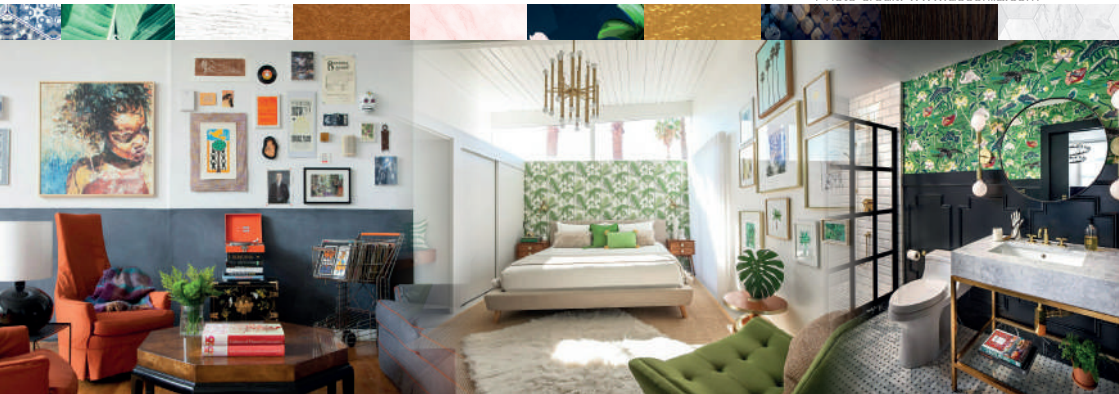
Similarly, the eclectic style should not be restrained

to one room. The muted colours, art pieces, lamps and mirrors must be free to spill down corridors and all around the home. An antique hatstand in the hallway, a wall of framed photographs in the bathroom and Art Deco side-tables from 1920s Paris paired with a rustic country-style bed in the master bedroom.

An important part of eclectic styling is to ensure key pieces are juxtaposed with each other. Never buy sets, never choose a blanket in a single colour and be brave enough to pair items from very different eras, styles or genres — for instance a metallic frame above a wooden sideboard, or perhaps a zigzag cushion on a velvet chair.

And if you can mix textures while still maintaining comfort and a homely feel, your ability to create this individual look will mean you are always surrounded by stylish decor.

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Recycled pens

Pilot's B2P pens are made from old water bottles, with 80 per centS of the company's range comprised of recycled plastic parts. They're also making a big push on replacing ink cartridges rather than the entire pen, meaning even your shopping list itself can be environmentally friendly.



Energy-saving power switches

You mean you didn't know turned-off appliances commonly still draw energy from the plug even when they're switched to 'off'? Here's the news – they do... unless you're smart enough to install an energy-saving power switch, which eliminates the pull.



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'Petrol head' sets world record for top speed in tuk-tuk

A man from Billericay has set a new tuk-tuk land speed record.

Matt Everard and his passenger Russell Shearman set a speed of 74.3mph during their attempt at the Elvington Airfield on May 13.

The 46-year-old spent more than £20,000 doing up the tuk-tuk which he bought from eBay following a trip to Thailand.

After spending so much money on it, Matt decided he needed to do something to justify the expense so challenged himself to set a world record.

He explained: "We had no plans when I bought it to do a world record, but we got to around £10,000 and I thought we had to do something to justify it. It was over a year's worth of work in total.

"Russell and I used to watch *Record Breakers* when we were kids. We're both pleased to have done something we always dreamed of doing.

"It's not really sunk in yet. It was over so quickly."

However, despite getting the world record, Matt is already hoping to beat it by reaching over 100mph. He said: "We were hoping to get a higher speed, so I've already made calls to get over 100mph.

"This time we'll get it properly tested."

As well as setting the world record, Matt has been raising money for Havens Hospice.

He said: "In the process, we've raised nearly £5,000 for Havens Hospice.

"It's a cause close to our hearts so we're really pleased."

Tanya King, business development manager at Havens Hospices, said: "On behalf of everyone at Havens Hospices, I'd like to congratulate Matt on setting the world record – we're really happy that he has secured the title of Fastest Tuk-Tuk in the World as we know how much work and time he put into the attempt.

"We're also thrilled that Matt chose to use his world record attempt to raise vital funds for Havens Hospices. We must raise over £100,000 every week to provide free, specialist care for as long as it's needed, within the home, in the community and at the two hospices. So, from all of us here at Havens Hospices – thank you Matt, you're helping us to continue 'making every day count' for everyone we care for."

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Thousands support annual Soapbox Derby

More than 8,000 people lined the streets of Billericay as the annual Soapbox Derby once again proved a hit.

The event, which takes place in early May, is now in its fourth year, is organised by the Rotary Club of Billericay and raises thousands of pounds for charity.

Despite unseasonably cold weather the crowds once again supported the event in their droves as they watched residents race around the streets in their homemade soapbox vehicles.

Competitors were split into different categories before setting off on a course that included obstacles and ramps with the winners being those who reach the finish line in the quickest time.

More than 30 soapboxes were entered this year with crowds also kept entertained by singers, dancers and performers.

Soapbox organising committee member Peter Greene, said: "Despite the weather, thousands of people proved that this is an exceedingly popular event close to the hearts of Billericay residents."

Peter Owen, a past president and long-time member of The Rotary Club of Billericay Mayflower, said: "The Soapbox Derby is a wonderful example of what can be achieved by a small but enthusiastic club working for the benefit for the community."

"As a member of another Rotary club I was proud to see Rotary in action in such a way, an example of sheer enthusiasm at its best. It was great to see the enjoyment of Billericay families relaxing and sharing in the fun at such a well organised event. Congratulations, Billericay Rotarians."

Following Peter's comment, the current public affairs chairman at Billericay Rotary Club, Trevor Boyd, said: "That, I would suggest, sums it up."

News from the local policing team

This month the community policing team have responded to reports from the Billericay community regarding anti-social behaviour and drug dealing.

Residents have reported a number of concerns about anti-social behaviour and noise nuisance at Radford Way with people and cars late at night in the open areas and car parks causing annoyance. Police have conducted a number of patrols, both covert and in plain clothes. A number of people have been moved

on and action taken where possible.

They have also received a number of speeding and driving complaints across Billericay and have responded by conducting road safety and speeding checks in key locations.

Billericay will have two dedicated officers assigned, who will be in place as of the summer. This will provide additional visibility and assist in tackling the local issues affecting the community.



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Fleeing burglar drives wrong way and hits vehicles

A burglar fleeing from the police drove the wrong way along a dual carriageway and hit two vans and a car in the process last year on May 15.

Roger Ryan, from Billericay, had taken cocaine and alcohol when he drove a BMW convertible towards oncoming traffic on the A355 between Slough and Beaconsfield.

Other drivers braked and sounded their horns as they saw the 35-year-old, who had a woman passenger with him.

A police officer put on the lights in his car and the father of seven stopped partly in the central reservation and partly on the carriageway, prosecutor Archie Mackay told St Albans Crown Court.

He then reversed, went onto the hard shoulder and forced his way past the police vehicle. He struck two vans, causing a workman whiplash, before crashing head-on into a Nissan car driven by a woman with her young grandson as a passenger.

Ryan, who was described by the woman's grandson as 'the idiot man', ran off, but was caught by the

police after a foot chase.

He said he had taken cocaine and alcohol, but no tests were carried out as he was transferred to Gloucester, where he had been sentenced in his absence to three years' jail for burglary.

Ryan, of Dale Farm, Crays Hill, appeared for his sentence for dangerous driving, committed on May 15 last year.

He had seven previous court appearances for offences committed in the UK and the Republic of Ireland.

Defending, Ruth Broadbent said he had no history of driving offences and had previously worked in construction. She asked for credit for his guilty plea.

Judge Philip Grey added an extra eight months to the three years imposed at Gloucester and banned him from driving for two years four months.

He said: "This was a deliberate course of very bad driving. You showed a total disregard for the rules of the road and a flagrant disregard for others. It is not thanks to you that the injuries suffered were only minor."

No casualties after crane falls onto house

Firefighters were called to assist at the scene of a crane which had fallen onto the roof of a house in Billericay on May 8.

The crane was being used to lower materials over the property, but tipped over.

When firefighters arrived they reported that the driver of the crane was trapped inside the cab.

Firefighters worked with the East of England Ambulance Service to rescue the operator of the crane by 2pm. The driver was left in the care of Paramedics.

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BILLERICAY TOWN FC

LOCAL NEWS BILLERICAY

Team have exceeded my expectations



Photo credit: Nicky Hayes Photography

Although Billericay Town FC missed out on a National League South play-off place with a 2-0 defeat to Bath City on the last day of the season, chairman Dan Groves said Harry Wheeler's men more than exceeded his expectations for the current campaign.

Speaking to the club website, Dan said he was happy after The Blues finished the season in a very creditable eighth place in the league.

He commented: "My biggest achievement I feel is that we are now at a point where we are another step closer to being self-sustainable, and with the playing budget now being reduced further, Harry, Glenn and Jamie have a mammoth task ahead of them building a team as soon as possible so that they can begin bonding and mentally preparing for preseason during their summer break."

Dan paid tribute to Kim Coster, Billericay Ladies manager and Nick Hutt, in charge of the Colts at the club.

He added: "I truly believe that my best moments this season have been seeing the progression paths in the Colts and ladies sections and the success it has brought with all the silverware."

Dan said he believes results on the pitch don't really reflect the club's success or failings as a team.

He explained: "There is a closeness within this

squad which the players themselves refer to as their Billericay family. You can't win titles without talent and ability of the highest order but it doesn't matter how talented a team may be it requires a 'glue' to pull it all together.

"We are all pulling together as one unit in the same direction and now it is time for the team of 2018/19 to stand down, it will return in eight weeks' time as the team of 2019/20, and the difference this season is we will have Harry for the whole season and Glenn Tamplin back as our "Glue".

Dan also paid tribute to the club's staff, sponsors and fans before looking ahead to next season.

He said: "We expect to retain a strong backbone of the squad and I'm sure Harry, GT and Jamie will have a few tasty additions for us so we look forward to 2019/20 with some optimism but safe in the knowledge that the club is now another step closer to that all-important self-sustainability. Bring it on".



#TogetherWeSailAsOne

Bring on the sun, it's SummerFest time



Billericay families are preparing for fun in the sun on July 7 as organisers stage an even bigger SummerFest at Sun Corner.

The event, geared by Billericay Mayflower Rotarians and open from 11am to 5pm, features more than 100 gleaming classic cars in their annual rally to a children's funfair and donkey rides, plus arena and stage displays.

Crowds will also see the town's young footballers in action. A penalty shoot-out organised by Billericay Town Supporters Club and involving most of the schools in the town will be one of a variety of events.

Throughout SummerFest, stage shows and arena displays will present the best of local talent and reflect the town's pastimes including a new display by the Meridien Kung Fu Club of Billericay.

A craft and farmers market will be there together with a fire appliance display, owls, a dog show and donkey rides among a whole host of other attractions built in to ensure that the popular event is a must for all the family.

Annual Ramsden Bellhouse Music Festival returns

Now in its fifth year, Ramsden Bellhouse Music Festival will be returning to Billericay this summer.

Better known as 'the party on the green', the event will take place on June 22 at Ramsden Bellhouse Community Hall.

The festival will help to raise funds to support the hall which is maintained as a charity.

This year's line-up features Keeley Smith, Redriffe, Scott Borley and Midnight Slot, with a DJ and laser show to finish off the evening.

There will also be a luxury food van, ice cream van, Glam Van for festival hair and make-up and face painting.

Event organiser Abby Knight said: "The music

festival has become a real highlight of the summer with class acts and a great atmosphere for everyone to enjoy. It's also essential as a charity for the hall to raise funds to keep it open for the those in the village and surrounding areas to use and enjoy."

Spaces are limited with just 300 tickets available. They are priced at £15 for an adult, £10 for children aged five to 14 and free for children under five.

Gates open at 2.30pm with music from 4pm to midnight.

For further information or to secure your ticket, call Abby Knight on 07917 003695 or email abby@abbyknight.co.uk

You can also call Ann Wellborne on 01268 711675.

Essex's first ever country music festival

It's time to throw on your cowboy hat as Essex is debuting a new country music festival this July.

Taking place in Chelmsford on July 12 and July 13, Dixie Fields is a new boutique music festival featuring a cinema under the stars, camping, BBQs and a host of great country music.

Along with headliner, Lauren Alaina, other artists taking to the stage include Holloway Road, Megan O'Neil, Royal South, and The Jackson Line.

American country star, Lauren Alaina, was first discovered when she competed on season 10 of *American Idol* where she captured the hearts of the viewers and finished runner-up.

Former *TOWIE* star, Megan McKenna, is also set to take to the stage with chart toppers High Heeled Shoes and Far Cry from Love, the Essex star is said to be excited to be performing in her hometown.

Dixie Fields promises to be a festival like no other, with organisers working on it for over a year.

From open air cinemas to an American country shopping village, Dixie Fields is being held in the grassland fields that have been previously used by V Festival.

For more information and ticket prices, visit www.dixiefields.com



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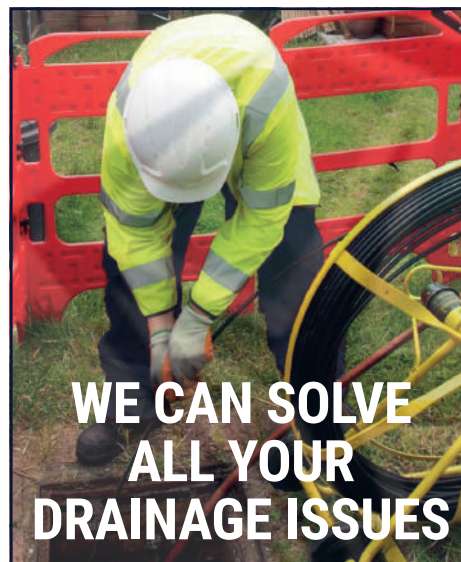
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LOCAL NEWS

from your neighbourhood

LOCAL NEWS SHENFIELD

Former England star inspires cricket club



Photo credit: ITV Pic

Shenfield Cricket Club made the perfect start to their Shepherd Neame Essex League Division One campaign with the help of a former England star.

After winning their first two league fixtures, Shenfield are on course to achieve their promotion target and with former England bowler Monty Panesar in their side they are certainly not short on quality.

A home success against Harold Wood opened the league season up in the best way for the Chelmsford Road-based side and that was backed up with a comfortable away win against Upminster.

It hasn't all gone Shenfield's way as they exited the league cup to Hadleigh & Thundersley in a game affected by the rain.

This was followed with the first league game of the

season and the win against Harold Wood despite rain once again playing a part.

Winning the toss was crucial and so it proved with skipper Roy Smith putting the opposition in to bat.

Two run-outs in the first five overs and a third wicket had Harold Wood at 13-3 before the first downpour. A second storm meant an early tea and the match reduced, with the opponents facing 33 overs whilst Shenfield were given 30 overs to chase. After tea, no real partnerships formed as ex-England test player Monty Panesar, who was making his debut, took four wickets to shoot out the visitors for 142.

Both openers went with the score at 33, but partnerships of 60 and 50 got Shenfield over the line with three overs to spare.

Woman collecting used stamps for charity



A woman is calling on the people of Shenfield to help collect used stamps to raise money and awareness for Narcolepsy UK.

Sarah Gorton's daughter, Kayley, from Kelvedon Hatch, was diagnosed with narcolepsy and cataplexy last year following a string of hospital visits. There is currently no cure for the condition, which has had a huge impact on the family's day-to-day life.

Sarah explained: "Narcolepsy UK has helped answer a lot of mine and my husband's questions and are always at the end of the phone. I want to show my appreciation by collecting as many stamps as possible. They are a self-supporting charity and rely on donations."

Stamps can be dropped off in the collection box at Burgoyne Motors in Blackmore Road, Kelvedon Hatch.



BURGHART for BRENTWOOD



Alex Burghart MP for Brentwood and Ongar



Photo credit: D.Hale

This month sees the 75th anniversary of the D-Day Landings in which Allied troops landed in France to begin the liberation of Europe from Nazi occupation.

Three hundred veterans of the invasion, who are all now over 90 years old, are being taken to Normandy on a specially-commissioned ferry on the eve of the anniversary to attend events in France. Over here, a major national commemorative event on Southsea Common in Portsmouth will be attended by D-Day veterans, VIP guests and service personnel.

The preparations for the D-Day landings in 1944 extended far beyond the confines of Portsmouth Harbour and the South Coast. Here in Essex – in what is now part of this constituency – North Weald Airfield played a significant part in the invasion. It was a staging post for fighter aircraft that would form the 2nd Tactical Air Force which supported the troops immediately after the D-Day landings.

It was also home to several squadrons of fighter

aircraft – mostly Spitfires and Mustangs - which were a familiar sight to those living nearby as they flew regular patrols over the south of England. Some of these squadrons were made up of Free Norwegian pilots who had escaped from the Nazi occupation. To this day the support they gave to the Allied cause is remembered with gratitude by those living here. The airfield's former officers' mess, now offering temporary accommodation to homeless families, is called Norway House in honour of the Norwegian pilots.

The 75th anniversary will probably be one of the last times such large events are organised to commemorate this huge Allied operation. But, in a fascinating turn of events, the Spitfires are returning to North Weald soon – albeit via a commercial company offering flight experiences. So listen out for that unforgettable growl of a Rolls Royce Merlin engine and be prepared to look up to see one of Britain's best loved planes. And spare a thought for those who saved us from fascism 75 years ago.

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Woman to hold afternoon tea to give back to charity



A woman from Hutton is holding an afternoon tea party next month to raise money for Breast Cancer Care.

Toni Coulson is holding the event at her home on July 6 to give back following her cancer battle.

In August 2016 she found a lump and, as she wasn't at the age of having a mammogram, she went to her GP to get it checked.

Toni said: "I was quite lucky. I went to the doctors and was put on the two-week turn around. They told me that they found something suspicious and that I had breast cancer. I had an operation to remove it and had radiotherapy.

"Everyone was so brilliant and helped me so much. I'm doing something every year to give something back and to help people like me."

As well as hoping to raise £1,000 for the charity, Toni is also encouraging other women to check themselves.

She said: "I was so lucky that I found the lump and it's so important to check yourself. If I hadn't it could have been too late for me by the time I had a check."

To help make her event a success, Toni is looking for donations from local companies.

She explained: "I'm looking for donations of raffle prizes and any bakery or food and entertainment companies who would like to donate. The better the prizes, the more we'll hopefully be able to raise."

At the event, there will be afternoon tea, singers, a DJ and a darts competition.

To donate, email Toni on toni.68@hotmail.co.uk

displaying art in Brentwood, Shenfield and Ingatestone, including new locations.

As well as the trail itself, there will be additional events for the community to enjoy, with lots of children's events to encourage families to get involved.

Kids will have their very own mini-trails and activities, plus the opportunity to take part in a community-wide painting rocks activity organised by exhibiting artist Sue Mills.

There are several new artists taking part this year, with new art being created specifically for the event.

Residents and visitors can follow the event online via [@bwdarttrail](https://www.instagram.com/bwdarttrail) on Instagram, Facebook and Twitter.

Game of Thrones Essex takeover

Essex has been renamed to Essos to celebrate the legacy of the *Game of Thrones* finale.

Following one of the most anticipated finales in television history, four regions across the nation have been transformed into the World of Westeros to mark the digital download release of *Game of Thrones: The Final Season*.

In this Kingdom-wide takeover, the four regions have all pledged their allegiance to the legacy of the show by unveiling signs with their new names, encouraging members of the public to find them.

Lisa Bone from Visit Essex said: "Visit Essex is so excited and proud to be linked with one of the biggest shows ever in history.

"We have fully embraced the *Game of Thrones* takeover of Essex, now named Essos and have a visible connection to the show outside one of our most iconic attractions.

"We look forward to welcoming visitors from far and wide to see it."

The signs will only be available to visit for a limited time only.




Art Trail breaks records ahead of 2019 event

The upcoming Brentwood Art Trail taking place between June 8 and June 23 will have more artists on show than ever before.

With 50 exhibits, there will also be more venues



THE GAME IS UP



The end of *Game of Thrones* has provided some of the year's major talking points, yet for a brilliant actress so long a cornerstone in a mystical world of medieval conflict, could Emilia Clarke's move towards more conventional projects be her biggest challenge yet?

.....

The eighth and final TV adaptation of George R. R. Martin's *A Song of Fire and Ice* was nothing short of spectacular. With plot lines that swayed between unpredictable and unfathomable, the supercharged exit of HBO's greatest success story has made stars out of even its minor actors, and taken lead names Emilia Clarke, Kit Harington and Sophie Turner to unfathomable heights.

What those actors do next is the stuff of rich speculation, and particularly for 32-year-old Clarke, who wants to sway between subjects as willingly as Jon Snow's Longclaw, but hasn't yet had the opportunity.

As an actress, the Brit appears so interwoven into the deepest *Game of Thrones* fabric, yet an ability to embody and imbue characters such as Sarah Connor (*Terminator Genisys*) and Qi'ra (*Solo: A Star Wars Story*) only serves to epitomise her genuine talent for owning a role, whatever the genre.

Summing up *Thrones*, she admits the conclusion of the legacy was a lot to come to terms with. "On the first glance of the script for season eight, I stepped out of my house for a walk to try to get my head around everything that I had just read. I didn't ring anyone - I was still unable to make sense of it all.

"The scripts took me away from everything - it was like I was having an out of body experience."

While the *Thrones* machine has ground to a halt, immediate rumours of a spin-off series have surfaced, and you sense Clarke would find it difficult not to be lured back; after all, so much of her adult life has been centred around the story - she was just 23 when filming for the first scenes began.

What's refreshing is the fact the actress doesn't look at the world entirely through a film set. She spreads her influence wide and recently became an ambassador for the SMA Trust, an organisation that helps those with spinal muscular atrophy. She is also a representative for the Royal College of Nursing in the UK, a link that echoes back to her own health issues - the actress revealed this year that she had suffered two brain aneurysms. The first caused a stroke, aged just 24, and upon filming the final series she frequently felt faint and suffered from headaches.

Now "on top" of her health and seemingly aware of the need to slow her pursuit of greatness, she has two films in pre-production to see out the year. *Above Suspicion* is a true story that combines FBI espionage and romance, while *Last Christmas*, a light-hearted, seasonal romance set in London, sees her star alongside Henry Golding and Emma Thompson.

"I can't look too far ahead," says Clarke, who credits her late father for giving her the confidence and relentless ambition to succeed in the industry. "In fact, I've never really had the option to."

In the immediate short-term then, Clarke's ambitions are clear.

"I need to do more dancing" she laughs. "Dancing like a maniac. Crazy dancing. It is the best thing."

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THE 10 MOST COMMON MISTAKES WE MAKE WHEN GARDENING

1. TOO MUCH OF A GOOD THING

Less is more when it comes to good gardening. If you cram too much together it will look a mess, or worse still, die.

2. OVER- AND UNDER-WATERING

Be regimented over your watering routine and adjust it depending on rainfall to ensure your garden is nicely hydrated at all times.

3. WEEDING THEM OUT?

Ensure what you're pulling up are weeds and not slow-developing flowers. Remember, everything grows at a different rate and sometimes the most mundane of plants will become the most beautiful flowers... but only if they're left in the ground!

4. FAILING TO PREPARE (YOUR SOIL)

Give your plants a chance by ensuring the soil is in good condition. A simple testing kit will let you know if you need to re-compost, add fertiliser, or simply switch to a different soil type.

5. INVITING IN A BULLY

Ensure what you're planting doesn't have the ability to take over your entire plot.

6. ANIMAL LIFE

Plants and flowers may be pleasing on the eye, but for local wildlife they represent dinner, so ensure your investments are well-protected or they may end up an evening meal for a squirrel or rabbit.

7. HERE COMES THE SUN

Ensure plants are in the right areas to either soak up or be protected from the sun – it's a life-source and a killer in equal measure.

8. SOWING YOUR SEED

Follow seeding instructions carefully or, much like fast-growing trellis plants, your garden floor could become a maze for all sorts.

9. PESTICIDE PERIL

Consider that while pesticides will kill pests, they will also do real harm to your soil and grass if you use too much.

10. SPREAD THE WEALTH

For a pleasing finish, try to tend to all your garden space in equal measure rather than blowing all your budget on one flowerbed.



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TIPS AND TECHNIQUES TO MAKE YOUR GARDEN SEEM BIGGER

Until those lottery numbers come in, many of us are happy to accept the fact that what we can do with our front and – in particular – back gardens has limitations. Perhaps our property backs onto our neighbours', perhaps we're living in a built-up area where even the smallest patch of grass is to be cherished. Whatever the case, there are a few choice techniques that can make your humble plot seem like the perfect place to stretch out, unwind and soak up nature.

PLANT ALONG EDGES

Our perception of size is largely guided by the way our eyes see lines. If you can disguise the line where a patio meets a wall, for example, you are playing with the perception of your garden's end point and it will appear to increase in size.

DIAGONALS AND LAYERS

The use of diagonals, particularly where paths are concerned, is great to send the eye into the distance. In the same way, layer plants to create the idea of exploration and depth.

GO UP, NOT OUT

If space left and right is at a premium, consider reaching up and planting tall, diverting the eyeline away from borders and into the sky.

MIRROR MIRROR

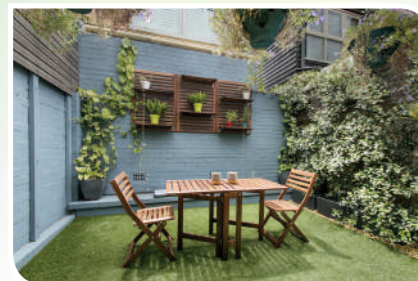
Subtle use of mirrors (so that they don't directly reflect back onto people), is arguably the simplest way of expanding space and is a technique employed by many of the best designers.

LET THERE BE LIGHT

As well as mirrors, using bright painted shades (on fences, walls and even the floor) can light your garden and give the impression of space. In contrast, dark tones offer shadows and a feeling of the walls coming in, so avoid at all costs.

DECLUTTER

Finally, leave as best you can your garden as a paradise for plants, flowers and very little else in order to increase space. The kids' toys can be put elsewhere!



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MEN'S HEALTH MATTERS

3.2 million men in the UK.

Three out of four suicides are by men.

With suicide being the biggest cause of death for men under 35 years old.

Men are nearly three times more likely than women to become alcohol dependent.

With 8.7 per cent of men in the UK being dependent on alcohol compared to only 3.3 per cent of women.

One in five men in the UK die before the age of 65.

On average men die four years earlier than women with the biggest cause of death being cancer.

One in seven men die from coronary heart disease.

1.6 million men in the UK live with coronary heart disease compared to one million women.

One in ten men currently live with diabetes.

Men are 26 per cent more likely to develop type 2 diabetes than women, with being overweight the main cause.

Check out next month's issue to see our top tips on how to stay healthy and happy...

Men can often neglect their health and push any worries or concerns to the back of their minds; instead prioritising the wellbeing of their families.

But each year, Men's Health Week aims to educate and raise awareness of men's health problems and this year's focus is on numbers.

DID YOU KNOW . . .

An estimated one in nine men will be diagnosed with prostate cancer during their lifetime.

With about six in ten cases being in men over the age of 65. 50 per cent of men over the age of 50 will develop an enlarged prostate; that's a whopping

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A guide to bowel disorders.*

Tuesday 25th June 2019 at 6.30pm

With Mr Mrinal Saharay,
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Let's talk weight loss surgery.*

Thursday 27th June 2019 at 6.30pm

with Mr Sanjay Agrawal,
Consultant General Surgeon.

Let's talk thyroid disorders.*

Tuesday 2nd July 2019 at 6.30pm

with Dr Rehman Khan,
Consultant Endocrinologist.

Everyone is welcome, so tell your friends and family.

*Presentation style event.

Let's talk varicose veins.*

Thursday 4th July 2019 at 6.45pm

with Mr Sabu Jacob,
Consultant General & Vascular Surgeon.

Cataract surgery & ageing eye diseases.*

Thursday 11th July at 6pm

with Mr Aman Chandra,
Consultant Ophthalmologist.

Women's health

Urinary incontinence and prolapse.*

Tuesday 16th July at 6.30pm

with Mr Yemi Coker,
Consultant Gynaecologist.

Pelvic floor retraining.*

with Mrs Linda Griffin,
Physiotherapist.

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Age Related Macular Degeneration

WHAT IS THE MACULA?

The macula is the central part of our retina and is responsible for detailed vision such as reading and seeing clearly in the distance. The retina is the inside layer of the eye, like the film of a camera.

WHAT IS AGE RELATED MACULAR DEGENERATION (AMD)?

AMD is the most common cause of visual impairment in the UK. It is more common as you age, with over 10% of those aged over 65 years affected in some form.

Dry AMD is the most common type of AMD and is caused by the macula wearing away. Wet AMD is caused by abnormal blood vessels under the macula leaking fluid and bleeding into the macula.

HOW WOULD AMD EFFECT MY VISION?

Dry AMD can lead to a slow deterioration and blurring of central vision. This usually occurs over many years. Wet AMD is a more rapidly progressing form of AMD which distorts the central vision; commonly making straight lines appear kinked or wobbly.



Mr Aman Chandra
Consultant ophthalmologist
& vitreoretinal surgeon

Q & A

HOW CAN IT BE TREATED?

Presently Dry AMD cannot be treated directly. A healthy diet and protection from UV light can help keep the macula healthy.

Wet AMD is most commonly treated with injections of special medication into the eye. These injections need to be given repeatedly with regular review and is known to be very successful in improving and maintaining vision. The effectiveness is individual to every patient.

It is important for patients with Wet AMD to have individualised treatment for their condition and be under the care of an eye doctor with a special interest in macular degeneration.

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We all know how important sun cream is, but do we really know what type we should be using, how much we should be applying and whether spending a bit more really will save our skin in the long run?

What is the difference between UVA and UVB rays?

UVB rays are responsible for the reddening of your skin and the unpleasant feeling of being sunburnt whereas UVA rays cause more long-term damage as they penetrate deeper into your skin and cause premature ageing. UVA stars are visible on all UK sun creams and indicate the percentage of UVA radiation absorbed in comparison to UVB. You should always pick a sunscreen that has between four and five UVA stars.

What is SPF?

SPF stands for sun protection factor and is the measure of how much protection a sun cream gives against harmful UVB rays. SPF 15 filters out approximately 93 per cent of all UVB rays, SPF 30 keeps out 97 per cent and factor 50 manages to prevent a whopping 98 per cent.

How much should I be applying?

Most people actually massively underapply when it comes to sun cream, but it is essential that you apply the correct amount which is 1oz per application. You should also apply at least 30 minutes before going out in the sun and should always reapply every two hours and immediately after swimming.

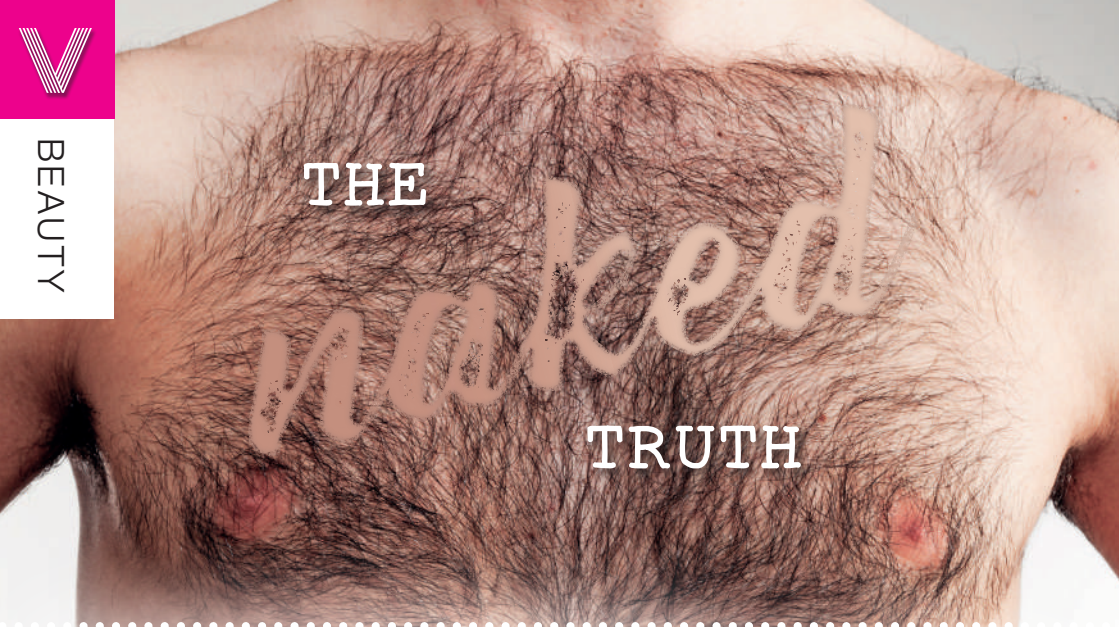
How long does sunscreen last?

It can be tempting to use last year's bottle if you have some left over but most sun creams only last between 12 to 18 months and this can be even less if they have been exposed to high temperatures or direct sunlight.

Are cheaper sunscreens as effective as more expensive ones?

Recent testing by *Which?* found that many supermarket-branded sun creams were equally, if not more effective than some of the best sellers.





These days there's absolutely no shame in a man taking care of his physical appearance, whether that means dying greys, investing in a good moisturiser or indulging in a little manscaping - AKA body hair management. In fact, when it comes to male grooming, business is booming, be it chest rug, back mane or those rather more intimate follicles. All that is left to be decided is which treatment is best for you...

SHAVING

Shaving is ideal for the fella who doesn't feel ready to share his hair removal endeavours with anyone else. It's also cheap, requiring nothing more than a decent razor and shaving foam and can be completed in the same time it takes to have long shower. However, this is definitely not recommended for those delicate areas and can also leave you more prone to ingrown hairs. It's also a case of easy come, easy go, as the hair makes a swift return.

WAXING

Waxing may not be for the faint-hearted, but it is a very good solution for the man who wants a really clean look for more than just one day. Unlike with shaving, waxing is generally only needed every four to six weeks. The hair follicle is often weakened through the process making it easier (ahem, 'less painful') as time goes on. It's particularly effective on larger areas and those hard to reach spots, explaining why the 'back, sack and crack' treatment remains so popular.

IPL (INTENSE PULSE LIGHT)

If you've got body hair which is becoming a genuine problem for you, IPL might just be the solution. Using intense heat and light, IPL permanently damages the hair follicle, theoretically meaning that hair never grows back. Not surprisingly, this is the most expensive treatment of the lot, with the required amount of sessions usually costing hundreds of pounds.



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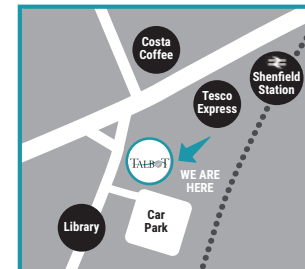
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PUZZLES & TRIVIA



PUZZLES

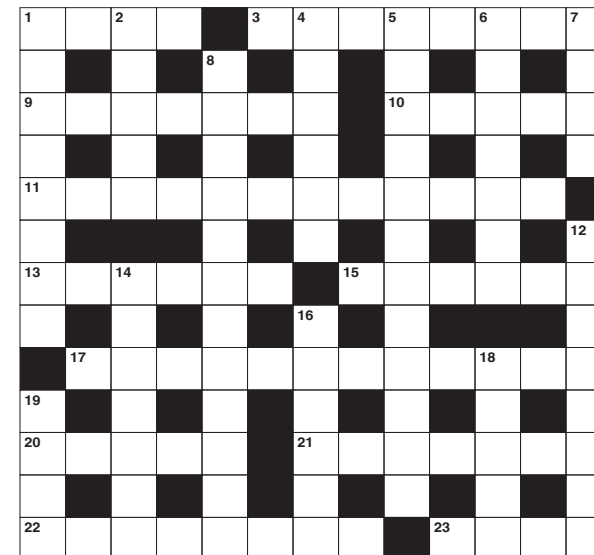
Answers can be found on the Contents Page 4

ACROSS

1. Arrived (4)
3. A division between people (8)
9. Contaminate (7)
10. Polite and courteous (5)
11. Invigoratingly (12)
13. Loose part of a garment (6)
15. Sporting venues (6)
17. Emergency touchdown (5-7)
20. Decay (5)
21. Solicit votes from (7)
22. Re-evaluate (8)
23. Give up one's rights (4)

DOWN

1. Secretively (8)
2. Distinctive design (5)
4. Type of nursery (6)
5. Without parallel (6,2,4)
6. Not legally recognised; void (7)
7. Longest river in the world (4)
8. Failure to act with prudence (12)
12. Gift of money (8)
14. Arched structure in a garden (7)
16. Prevents access to (6)



18. Visual representation (5)
19. Mammal with antlers (4)

DID YOU KNOW?

- ▶ Portugal produces more than half of the world's cork
- ▶ Perth is considered to be the third windiest capital city in the world
- ▶ Australia is the only continent without an active volcano
- ▶ Australia hosted the 1956 and 2000 Summer Olympics
- ▶ There are over 100 major rivers in Jamaica
- ▶ The 13 stripes on the American flag represent the original 13 colonies
- ▶ Square watermelons are common in Japan and are often very expensive

SUDOKU

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			1				8	
						2		
			3				5	6
	1	5	7		2			



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WHAT'S ON

in your area

Baby and Toddler Rhymetime
Shenfield Library, Hutton Road,
Shenfield, CM15 8NJ
Every Tuesday, 10am – 10.30am



Free your child's imagination with songs and stories, give their early communication skills a boost and have fun together. Term time only.

Charity Designer Clothes Sale for Ladies
The Reading Rooms, 73 High Street, Billericay,
CM12 9AS
June 8, 10.30am – 1.30pm



This is a charity event for The Ark in Chelmsford for children with autism.

All items have been donated by boutiques in and around Essex.

Items would normally sell for between £100 and £300, but all items will be just £20. It's an event not to be missed.

Art Exhibition
Queens Park Community Church, Queens
Park Court, Billericay, CM12 0XR
June 8, 10.30am – 2pm

Art exhibition presented by Painting for Pleasure. A display of work by members.

Entry is free and refreshments will be provided. Donations are invited for Alzheimer's Society.

Charity Lunch
Billericay Methodist Church, Western Road,
CM12 9DT

June 8, 12.30pm – 1.30pm

A two-course snack lunch and drink for only £4.50.

The charity this month is Hamelin Trust, a local charity supporting individuals with disabilities and their carers.

There is no need to book. Call 01277 622297 for more information.

Gone Too Soon
Reids, 66-68 Laindon Road, Billericay
CM12 9LD

June 17, 7pm – 9pm

Gone Too Soon is a local bereavement support group for parents who have lost a son or daughter of all ages, in any circumstances and however long ago. Meetings are held on the third Monday of each month. For further details or a chat, please contact Lyn on 07387 805406 or email lyn-currie@hotmail.co.uk | www.gonetoosoon.online

Ramsden Bellhouse Music Festival
Ramsden Bellhouse Community Hall, Church
Road, CM11 1RH

June 22, gates open at 2.30pm

Now in its fifth annual year, this fully authentic music festival – better known as 'the party on the green' – is organised each year to help raise funds to support the hall which is maintained as a charity.

For further information and to secure your ticket, please call Abby Knight on 07917 003695, email abby@abbyknight.co.uk or call Ann Wellborne on 01268 711675.



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It's a reflection of the travel industry in this country that, in 2019, £100 won't even get you from London to Manchester on a peak-hour morning train. It's little wonder then that while few of us are able to escape the costs of commuting, when it comes to holiday travel, we're desperate to maximise our money by heading abroad.

Sites such as Skyscanner can hook you up with the best fares for those flexible on dates from any of the major London airports. We put it to the test – when inputting a date range for the last week in June, we hooked up flights to Milan, Madrid, Warsaw, Copenhagen, Stockholm, Brussels, Bucharest and more for under £35, but in terms of pure distance, and factoring in accommodation as well, where is the furthest you can go?

The answer – Kharkiv, in the Ukraine. This impressive city is the country's second largest, and is situated in the north-east of the country near the border with Russia.

A beautiful, cultural base that will offer sunshine and snow in equal measure, it boasts botanical gardens, a zoo, the Avec Fine Arts Gallery and the Feldman Ecopark, not to mention a host of bars, cafes and stellar restaurants. It all adds up to a 93 per cent satisfaction rating on TripAdvisor.

Basic accommodation starts from £14 per night (three-star hotel), with the cheapest flights getting you to the former Eastern Bloc and back for just £46. Based on a three-night stay, your remaining £12 will leave you enough for 24 pints of local Ukrainian lager... or perhaps some food would be a better option (the average price for a meal in a restaurant is just £3)!

Either way, a four-day break, 1,800 miles, food and accommodation for less than the price of an hour on a Virgin train... Branson take note.



DROWNING

PREVENTION WEEK

JUNE 14 - 24

Did you know that drowning is the leading cause of accidental death in children? And that you are more likely to die from drowning than you are from being hit by a car? And the scariest thing is that it can take as little as 20 seconds for a young child to drown.

So, how can you keep your children safe around water?

BE VIGILANT

A simple tip but an important one. Always watch your child when they are in or around water, especially younger children who should be within an arm's reach of an adult at all times.

DESIGNATE A 'WATER WATCHER'

If you have friends over, a good idea is to nominate one person every half an hour or hour to watch the children so that you always know at least one person is watching them.

INSTALL FENCES AROUND HOME POOLS

If you are lucky enough to have your own swimming pool in your garden, then it is vital that you install

a safety fence around it as it is unlikely that you will want to watch your children in the garden at all times.

LEARN BASIC CPR AND WATER RESCUE SKILLS

Being prepared for the worst case scenario could save a child's life.

EMPTY ALL KID'S POOLS, BUCKETS AND OTHER CONTAINERS AFTER USE

And be sure to store them upside down in case it rains as children can drown in as little as a few inches of water.

AFTER USE, REMOVE ANY TOYS FROM THE POOL

Children may be reaching in to retrieve a toy, fall in and drown. So be sure to clear the pool after use and cover appropriately.

ALWAYS SUPERVISE BATH TIME

Always stay with your child when they are bathing and drain the water straight after use.



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PLANNING YOUR PENSION IN THE NEW WORLD OF WORK

Not long ago, work meant a 9-to-5 role, probably spent with the same employer and ending abruptly when you reached retirement age. Things are very different today. People tend to move jobs more frequently and many more of us are self-employed, thanks to the rise of the gig economy. Those past State Pension age are much more likely to still be in employment, perhaps choosing to work less hours or even embark on a new career. Equally, the change in pension rules that came into effect in 2015 means that if you want to retire at 55, you can do so. Thanks also to strides in modern medicine, many can look forward to a retirement that could last a good few decades.

TAKING CONTROL OF YOUR FUTURE

Whatever your stage of working life, we believe it's never been as important as it is now to take professional advice about your pension. To enjoy a comfortable retirement, especially if you plan to retire early, you need to have saved enough to make this a reality. The tax breaks available on pension contributions (subject to the Annual and

Lifetime Allowances) act as a clear incentive to save as much as you can comfortably afford.

KNOW YOUR NUMBERS

Reviewing your pension arrangements with us will help keep your plans on track, as will drawing up a budget of your likely income needs in retirement. Getting a State Pension forecast makes sense too.

PLANS TO MATCH YOUR NEEDS

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The sooner you start your pension, the longer your money will have to grow. If you're self-employed, an employee, work part-time, run your own business or have accumulated pension pots with past employers, we can offer you the advice you need. If you haven't looked at your pension plan recently, then please contact Andy Costin on 01277 654153, to arrange a review.

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YouTube Reviews? *IT'S CHILD'S PLAY*

WHY AN EIGHT-YEAR-OLD FROM CALIFORNIA IS BEING LABELLED THE PEWDIEPIE OF THE TOY WORLD

If we told you that the highest-earner on YouTube raked in over £17million in the 12 months leading up to June 2018, you'd be forgiven for expecting some young, trendy, Generation Z type, with a smattering of tattoos and a trendy hairstyle.

Well... you'd be correct on the 'young' bit, at least.

In actual fact, the influencer in question is eight years old, reviews toys, and in the past couple of years has elevated his status to become one of the industry's most powerful marketing men (boys).

It all started when Ryan Kaji was four years old. He asked his parents why he couldn't do his own reviews of toys like so many others online. By March 2015 he was producing rather run-of-the-mill video material, starting with a Lego train set.

While his channel, Ryan ToysReview, had got off to a somewhat inauspicious start, in July that year, one video – where he opened a box containing over 100 items from the Pixar Cars collection – went viral, clocking up 935million views.

Not long afterwards, a video that combined, of all things, a water slide, giant eggs, Disney cars and Paw Patrol toys did even better. To date, it has achieved 1.8billion views.

These days, content focuses on toys new to the market, with food videos included too. The careful curation of the brand has led to 19million subscribers, product endorsements and launches, and guest appearances.

Naturally, the reaction of many is to turn a nose up at this latest breed of 'celebrity'. Except consider this – across hundreds of videos, thousands of hours and countless cheesy grins, there is zero violence, zero prejudice, and definitely no mention of Brexit.

If Ryan is a beacon of hope in the simple, innocent pursuit of joy through toys, perhaps we should all applaud him for that.



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World Cup WIPE OUT

ENGLAND'S 50-OVER FIRECRACKERS LOOKING TO LIFT THE WORLD CUP TROPHY FOR THE FIRST TIME.

This year sees the 12th edition of the ICC Cricket World Cup, and what a tournament it promises to be. It will be the fifth time since the inaugural competition in 1975 that England will have hosted the event (with Wales assisting on two occasions), and many feel the Three Lions have never had a better chance to lift the trophy.

Eoin Morgan's men are the number one-ranked side in the 50-over format, and with that, favourites to hold the trophy aloft come July 14 at the home of cricket, Lord's.

In truth, at least half of the 10 competing nations could lay claim to having a good chance of success. Defending champions Australia – who welcome back previously suspended duo Steve Smith and David Warner – and twice winners India look to be the key opposition to the hosts. Yet first England will have to work their way out of the group stage – each 'section' contains five countries with the top two progressing through to the semi-finals.

As well as India, another giant of the game, South Africa, will play England in the group, though the Proteas are weakened by the recent retirement of record-scoring batsman AB de Villiers.

After falling at the semi-final hurdle no fewer than six times, New Zealand reached their first final four years ago, but were comprehensively brushed aside by the old enemy, Australia. If they can win their opening games against Sri Lanka, Bangladesh and Afghanistan they should finish in the top two.

With the tournament beginning on May 30 and, as usual, stretched out across an almost incomprehensible six weeks, rain, bad light and worse could see the Duckworth-Lewis Method come into play. It all means that while our prolific run scorers Jos Buttler and Jason Roy will look forward to the bat doing the talking, they might have one ear out for the weather report.

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THE GERMAN GIANT
BMW BRAND HISTORY

Bayerische Motoren Werke. It may not roll off the tongue, but it forms the acronym for one of the motoring industry's most recognisable brands. It began as three separate manufacturers – two in Bavaria, Rapp Motorenwerke and Bayerische Flugzeugwerke (BFW); and in Thuringia, Fahrzeugfabrik Eisenach.

The first of those companies, Rapp Motorenwerke was an aircraft engine manufacturer. It had launched in 1913 but had struggled and was then drafted in to help the Germans' war effort. Only an order of 600 engines in 1916 saved the company from closure although its fortunes then continued to improve, despite the country's catastrophic defeat in World War I. A merger with BFW (which later became Bayerische Motoren Werke), combined with Germany's agreement to cease plane production, saw a move to new premises and an extended product list that included cars and bikes.

The BMW name only became relevant to automobiles in 1929 when the company purchased

Fahrzeugfabrik Eisenach, who at the time were making Austin Sevens. BMW's engineers then took that idea a step further and began making luxury cars, starting with the BMW 328.

Car production ended at the time of World War II when aircraft engines again took priority, for obvious reasons. The company was responsible for the inner workings of the notorious Nazi fighter Focke-Wulf FW-190, but despite another military defeat, the quality of production and workmanship ensured there was still a demand for the German company's goods.

Several of BMW's 'signatures' from those early days still remain – the 'kidney grille' was first introduced on the 303 in 1933 and the famous logo incorporates the flag of Bavaria.

And in the years that have followed, the manufacturer has consistently reinforced its ability to create the very best cars and bikes, moving into a luxury market which, alongside other German brands Audi and Mercedes, it looks likely to forever be a part of.



MOTORING

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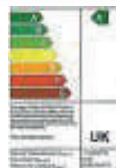


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