

FREE

Photo credit: Keystone Press Agency/
ZUMA Press Wire/Shutterstock

Her Majesty
THE QUEEN

The first British monarch to celebrate 70 years of service



30TH
ANNIVERSARY

Celebrate with us!
Buy any of our stylish garden sets
and we'll give you a further

20% OFF

already reduced ticket price

**THE UK'S LARGEST GARDEN
FURNITURE SHOWROOMS
FOR OVER 30 YEARS!**

www.regattafurniture.com

T&Cs apply. Ask in store for details. E&OE.



ESSEX SUPERSTORE
Regatta Garden Furniture
A127 Hovefields Avenue
(A127 Southend Bound, next to Shell Petrol Station)
Wickford, Essex. SS12 9JA
Sales Hotline: 01268 724959

Editor's notes...

JUNE 2022



Nik Allen, Editor

Hello and welcome to this month's edition of **VISION** BillericayShenfield. Isn't it strange how a bit of sun can lift the spirits? We seem to be entering the throes of summer now and for the first time in more than two years we are able to go out, restriction-free, and enjoy ourselves. Of course, we do this against a backdrop of political unrest, economic uncertainty and conflict in various parts of the world. The year 2022 has brought about countless challenges and tests so far - just when we thought we'd arrested the biggest spectre of them all: COVID-19.

The truth is that the current ills around us will be there throughout the next few months and beyond, but my encouragement to you is to embrace the things that are within our control. Not since the winter of 2019 have we been able to fully throw ourselves into visiting new places, socialising with friends and going about our personal projects in a manner that now seems exhilarating and limitless. With longer days and - hopefully - warmer weather, now is the time to spend some time in your local pub garden, plan a day out with friends, and perhaps organise a barbecue or two. So let's try to fully embrace the good elements in our lives and make the most of every opportunity that comes our way.

Nik Allen

This is your town's hyperlocal magazine, delivering to homes and businesses every month.

HOME & DIY | GARDENING | PETS | HEALTH & FITNESS | BEAUTY | FASHION | HISTORY | LOCAL NEWS | FOOD & DRINK | TRAVEL | BUSINESS & PROPERTY | SPORT | PUZZLES | MOTORING | KIDS | WHAT'S ON | TECHNOLOGY | THE LISTINGS

CONTACT US: www.visionmagessex.com | billericay@visionmag.co.uk | 01277 554045

[@visionmagessex](https://twitter.com/visionmagessex) | [@visionmagessex](https://www.instagram.com/visionmagessex) | [Vision Magazine Essex](https://www.facebook.com/VisionMagazineEssex)

CONTRIBUTORS | Tabatha Fabray, Dean Shaw, Bryn Holmes, Chloe Sladden, Declan McSweeney

At the time of print all content in **VISION** was relevant and up to date according to COVID-19 government guidelines All pages are recyclable

SUPPORT LOCAL BUSINESSES



Please let your local businesses know that you saw them first in... **VISION**

WE REPAIR BETTER THAN ANYONE OUT THERE

'Mr Misty'

The WIND+ DOCTOR

"WE SPECIALISE IN DOUBLE GLAZING REPAIRS. CALL FOR YOUR FREE CHECK UP"

Mr Misty 'The Window Doctor' is a family run business that prides itself in exceptional customer care. We promise easy service from start to finish.

Does your double glazing steam up?
We replace **JUST** the glass **NOT** the frames, at a fraction of the cost for new windows.

FAQs

- + **Symptom:** I have gaps in or around my windows and it's causing a draught.
Diagnosis & Solution: This could be the hinges which can be replaced or the frame has a gap around the edge which can be re-sealed.
- + **Symptom:** I find it hard to close my door or window.
Diagnosis & Solution: This could be a number of problems and could be as simple as a small adjustment to your hinges.

Common Summer time problem

Lawn mower stone chips & broken glass
We can fix it!

Freephone:
0800 25 45 111
mrmisty.co.uk

FREE checkup!

Proud members of **Checkatrade.com**
Where reputation matters

Scores based on 496 reviews

Reliability & timekeeping	9.74
Tidiness	9.86
Courtesy	9.95
Workmanship	9.87
Average score	9.85
496 reviews	

PROBLEMS WE SOLVE

- Eliminate Window Condensation
- Broken Window Parts
- Broken Glass
- Secondary Glazing To Block Out Noise
- Mechanisms
- Faulty Hinges
- Draughty Windows



Photo credit: Kristin Callahan/Shutterstock

SPECULATE TO ACCUMULATE

FROM FLAMETHROWERS TO SPACE ADVENTURE TO TWITTER, ELON MUSK CONTINUES TO REWRITE THE RULE BOOK

He is a tech entrepreneur, an eco exemplar and an ambassador for how we might, as people, forge a future that combines function with fun. Despite all his innovation – with Tesla and SpaceX particularly, but also across other projects – Elon's is a name to which we have really only become accustomed in the last decade or so.

Tesla, the brand, was incorporated in 2003, yet even after seven years only 5,000 of its vehicles were on the road. The total is now 200 times that, with the two-millionth car set to roll out of the factory this summer.

While Musk – who dropped out of Stanford University after just two days – is most renowned for the electric car revolution that promises to define us as motorists across the next generation, his exploration of space through SpaceX, the space vehicle, rocket and communications business, is just as big an achievement.

However, in April, as if yielding the power over the way we explore the world geographically wasn't enough, Musk made perhaps his biggest move yet, reinforcing his icy grip on the digital world with a buyout of Twitter that now sees the 50 year old as an overarching power of social media. Not only is he putting his and investors' money – some \$44billion – behind the acquisition, he also intends to run it himself, which spells trouble for the current incumbents who have frequently been criticised for sidelining those whose political and social values don't fit.

His move to take over the controversial platform is a shot in the arm for free speech, in an era where the entrepreneur admits he has become tired of cancel culture.

While Twitter is arguably his biggest project yet, the South Africa-born entrepreneur has sought out countless other initiatives – from creating and selling his own computer game at age 12, to launching SolarCity, which grew to become the second-biggest provider of solar power systems in the US. Then there was Neuralink, his move into integrating the human brain with artificial intelligence; plus The Boring Company, which digs tunnel systems, and through which he manufactured and sold 2,000 novelty flamethrowers, as inspired by Mel Brooks in the 1987 movie *Spaceballs*. He has even released music in the rap and dance genres.

The fact that Musk is rapidly ascending to a personal fortune topping \$300billion is by virtue of an intense entrepreneurial mind that spreads opportunity and investment across a range of projects. His commitment to Tesla and SpaceX only came about because he'd sold previous start-up Zip2 to HP, and merged his X.com business with PayPal (which led to a payout of \$180million when the money operator was bought by eBay).

As a phrase, 'speculate to accumulate' has never seemed more apt than when applied to the journey taken by Elon Musk, and those supposing his dynamic sideways step into social media is the last piece of the jigsaw would probably do well to think again.

HAVE YOU BEEN

SP KED?

HOW TO RECOGNISE IF YOUR DRINK HAS BEEN SPIKED AND HOW TO PREVENT IT FROM HAPPENING

When you go out, can you honestly say that you watch your drink at all times? Spiking is currently at high levels in the UK and can happen to anyone.

Find out how to recognise the signs of spiking and what to do if you think your drink has been spiked below.

WHAT ARE THE MOST COMMONLY USED ILLEGAL DRUGS TO SPIKE DRINKS?
The most common illegal drugs used to spike drinks are GHB, ketamine and benzodiazepines such as valium and rohypnol.

HOW TO RECOGNISE IF A DRINK HAS BEEN SPIKED

1. It has a foggy appearance
2. It has excessive bubbles
3. The ice sinks to the bottom
4. A change in colour

It is important to know that some of the most regularly used drugs to spike drinks do not produce a smell or taste, meaning it can be difficult to know if your drink has been spiked until it is too late.

THE MOST COMMON SYMPTOMS OF SOMEONE WHO HAS HAD THEIR DRINK SPIKED ARE...

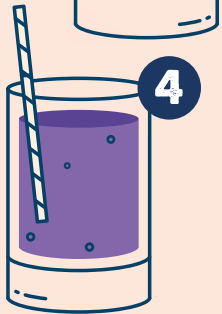
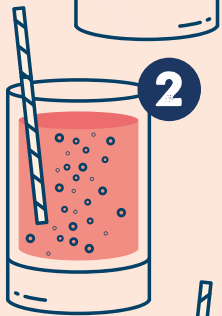
Dizziness | Difficulty walking | Confusion the next day | Nausea or vomiting | Hallucinations | Tiredness | Blurred vision | Paranoia | Amnesia

WHAT TO DO IF YOU THINK YOU'VE BEEN SPIKED

If you think your drink has been spiked, stop drinking it. Tell someone you trust as soon as possible as spiking substances can take effect very quickly. Be wary of asking strangers for help and instead, if you are alone, seek out security or venue staff. If you need urgent help, call 999 and tell them you think you may have been drugged.

HOW TO PREVENT YOUR DRINK BEING SPIKED

- > Do not leave your drink unattended
- > Invest in anti-spiking lids from StopTopps, available from stoptopps.com
- > Do not accept drinks from strangers
- > Be vigilant of changes to your drink
- > Don't drink anyone else's drink.



An independent day school for girls and boys age 2 - 16 years



Join us for a tour of St John's
On Thursday 16th June 2022 at 9.30am, by appointment.
Alternatively call to book a personal tour.



Small Class Sizes | Before and After School Clubs
LAMDA and Individual Music Lessons | Senior School Entry Scholarships
100% of pupils achieved 5 or more 9 to 4 grade GCSEs in 2021



Join us to explore the exciting opportunities available to your child.
Please contact our Registrar to book a tour or for further information.

Telephone - 01277 623070
registrar@stjohnsschool.net | stjohnsschool.net



NOBODY DOES IT BETTER THAN BODYWASH

Visit our showroom which is open Monday to Friday 9am to 5:30pm and Saturday 9am to 5pm. We close on Sunday's.

Bring along your room dimensions and let us help you plan your new luxurious bathroom.

01708 736700

www.bodywash.uk

sales@bodywash.uk

A12 Eastern Avenue, Romford, RM5 3AL

5 ALTERNATIVE USES FOR

DENTURE TABLETS

Denture tablets can be used to clean so much more than just your dentures. Discover five surprising uses for denture tablets below and you may be tempted to buy some – even if you have all your teeth.

1. TO CLEAN YOUR KETTLE: Mineral deposits can quickly build up in your kettle, which can cause your hot beverages to taste less than their best. To combat this, fill your kettle with water, drop in a denture tablet and allow to soak for a few hours. Follow with a good scrub and a thorough rinse.

2. TO REMOVE HARD WATER STAINS: If you are struggling to remove the hard water stains from your toilet bowl, then denture tablets offer the perfect solution. Simply drop in a few tablets, wait for the fizzing to stop and then scrub the bowl using your toilet brush.

3. TO ELIMINATE BURNT FOOD FROM PANS: For times when soaking just isn't enough, add a denture tablet to your sink or a bowl of warm water, drop in your pan and leave to soak for 15-20 minutes. Give the pan a gentle scrub and the burnt food should slide right off. Do not use denture tablets on cast-iron pans.

4. TO RESTORE SHINE TO GLASSWARE: If you find that your glasses often look cloudy after washing, then a denture tablet is all you need to restore them to their original glory. Fill the glass with water, drop in a denture tablet, wait for the fizzing to stop, and rinse.

5. TO BANISH TOMATO STAINS: If you batch cook or take leftovers for lunch, you will know how hard it is to remove tomato stains from plastic containers. Banish these stubborn stains for good by filling the container with water, dropping in a denture tablet and leaving to soak overnight. Come morning, all you need to do is rinse.



HOME & DIY

CHINTZ

is making a comeback

If you're a millennial or younger, you'd be forgiven for not knowing the word chintz. Often regarded as a dated decor trend, you'll be more likely to see it in your grandmother's house than on Instagram or Pinterest. But could chintz be making a comeback?

WHAT IS CHINTZ?

Chintz has a very long and fascinating history. It's a cotton textile dating to 4,000 years ago, originating in the Indus Valley between India and Pakistan. Made using a specialist dye method, chintz fabrics typically feature colourful floral designs. As the fabrics were traded around the world, they soon found their way into home textiles, made popular in more recent times by designers such as William Morris.

WHERE DID IT GO?

In more recent times, chintz was seen as a dated fabric, and it has been declining in popularity since the 1980s. IKEA caused a stir in the 1990s by encouraging people to "chuck out your chintz" in favour of its own interior products, based around simple details and block colours.

For a long time, neutrals have reigned supreme, but now chintz is starting to reappear. This time around, colours are bolder and brighter and patterns are even more lavish.

BRINGING CHINTZ INTO YOUR HOME

There are a lot of great ways to bring chintz into your home, including:

- > Chintz sofas and upholstery add a contrasting detail to neutrals and solid colours
- > Curtains in floral patterns add a little romance to your space
- > Patterned chintz-inspired wallpaper can add some colour and character to a room, bringing fantasy and fun to a child's bedroom or creating a feature in a cloakroom or dining room
- > Invest in cushions, table linens and other accessories to add a subtle hint of chintz to any interior style.

Incorporating some chintz into your home brings a modern take on a classic style. Keep an eye out for chintz-inspired décor making its way to a homeware section near you.



Carpets Direct

Guaranteed Lowest Prices

- ✓ FREE FITTING
- ✓ FREE home visits
- ✓ SPECIALISES in twist pile

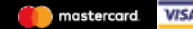
Established
26 years

Carpets • Vinyls • Laminates • Wood Flooring
We come to you in the comfort of your own home

WHY PAY MORE?

WE WILL MOVE YOUR FURNITURE & FREE
UPLIFT/REMOVAL OF YOUR OLD CARPET

CALL YOUR LOCAL AREA SPECIALIST
01277 554 163



www.carpets-direct.co.uk

KH PLASTERING

Professional quality
workmanship



NO JOB
TOO SMALL

- Expert attention to detail
- Over 25 years experience
- Plastering • Coving & Cornice
- Restoration • Dry Lining

01277 627277
07939 229215

www.facebook.com/khplastering
khplastering@yahoo.com

145 Perry Street, Billericay, CM12 0NS



WS Spray Finishings

ALL ASPECTS OF WET SPRAYING & POWDER COATING FOR DOMESTIC & INDUSTRIAL MARKETS
ITEMS FOR POWDER COATING UP TO 5m x 2m

Hello to all our customers past and present, we are now back at work
We hope the support we have been shown in the past will return
We can get through this together, local companies employing local people



Are you tired of the look of your kitchen?

Don't despair instead of paying a fortune for new units and doors why not have your existing doors, drawer fronts cornice, light pelmet, cooker hoods, shelf displays and plinths re-sprayed in any colour & sheen of your choice?

Removal & installation of most work available.

We can spray any type of door solid wood, vinyl/plastic or MDF old or new. All work is fully cleaned and de-greased, repaired if necessary and rubbed down prior to painting. We use a highly tough and durable finish 2 pack polyurethane paint in any colour and sheen to create that new showroom look and feel for fitted bedroom drawers and cabinets, internal room doors and all types of household furniture including brown furniture.

This is a very good economic and environmental way of recycling your worn out kitchen, bedroom cabinets & old furniture, we strive to be as eco friendly as possible.

01268 812414 • 07434 704673 • 07434 704681
www.wssprayfinishings.co.uk • wssprayfinishings@gmail.com



Unit 4 Totman Close, Brook Road Ind, Est. Rayleigh SS6 7UZ



Bookers Bathrooms

bathroom | heating | plumbing | trade | quality products



FREE estimates
FREE parking
FULL installation
available

Visit our showroom

287 - 291, London Road, Wickford SS12 0LF

Open: 9am - 5.30pm Monday to Friday, 9am - 4pm Saturday

Trade Counter: 7.30am - 5.30pm Monday to Friday, 8am - 4pm Saturday

Tel: 01268 732057

See our extensive range of plumbing, heating and bathroom products at

www.terrybookers.co.uk

GUIDE TO CLEANING

PAINTED WALLS



There is nothing worse than noticing a dirty mark or stain on a freshly painted wall. Keep your painted walls looking fresh and fabulous for longer with our handy guide.

HOW TO CLEAN PAINTED WALLS

1. Dust off any excess dirt using a lint-free cloth or a soft broom for hard-to-reach areas.
2. Fill a bucket with warm water and a gentle detergent.
3. Apply to the walls using a sponge mop or soft sponge.
4. Do not oversoak your sponge or mop as this can result in water stains.
5. Leave the solution for 10-15 minutes.
6. Rinse with clean water and a sponge or mop.
7. Dry by placing a microfibre cloth onto a flat-headed mop and gently rubbing over the wall.

HOW TO CLEAN PAINTED KITCHEN WALLS

Painted walls in the kitchen are prone to grease. To combat this, apply a gentle degreaser to any affected areas before following the same steps as above.

HOW TO SPOT CLEAN PAINTED WALLS

To get rid of small stains or marks on your painted walls, apply a mixture of water and baking soda or bicarbonate of soda to the affected area using a soft cloth or towel. Half a cup of baking soda or bicarb in a bucket of warm water will do the trick.

HOW TO REMOVE OIL STAINS FROM PAINTED WALLS

1. Mix one cup of white wine vinegar into a bucket of warm water.
2. Soak a soft sponge and apply to the stain.
3. Rub gently until the stain has disappeared.
4. You do not need to rinse the area.

WHAT NOT TO USE

You should not clean your painted walls with any cleaning products that contain alcohol or harsh chemicals, as these ingredients can break down your paint surfaces and leave your walls looking a mess.



HOME & DIY



HOME & DIY

MOVE OVER Midas!

Who doesn't love an Ikea hack? Enabling you to incorporate the latest designer trends into your home at a fraction of the price, we have fallen head over heels with gold leaf furniture.

WHAT YOU NEED:

Imitation gold leaf | Sandpaper | Furniture primer | Water-based gilding size | A soft brush | A clear gloss spray sealer or permanent solvent-based varnish

HOW TO APPLY GOLD LEAF TO FURNITURE:

Step 1: Prepare your furniture

For wooden furniture, sand down or fill in any bumps or holes so that you have a smooth surface to work with. Then apply your chosen primer to ensure it is not porous. If you are upcycling metal furniture, give the item a dust or clean it with soap and water.

Step 2: Apply water-based size to the area

Decide where you want to apply the gold leaf and section off this area with masking tape. Then apply a thin and even layer of water-based gilding size. This is the adhesive that will bond the gold leaf to your furniture. Leave this adhesive until it is nearly but not completely dry.

Step 3: Start adding your gold leaf

Your gold leaf should be backed by tissue so lay it tissue-side up and then gently rub the gold onto your furniture. Keep going until the area is completely covered. To avoid any gaps, you can overlap the squares of gold leaf slightly. Leave until fully dry. This can take up to six hours.

Step 4: Remove any excess gold leaf

Once the area is dry, take your soft brush and gently remove any excess gold leaf. You then need to leave your item for a further 24 hours so that the gold leaf can cure.

Step 5: Cover with a sealant

The final step is to cover the area with a sealant so that it is protected from chips and scratches. Leave this to dry for 24 hours, and then your gold leaf furniture project is complete.



Kitchens • Bedrooms • AV • Home Office



GEORGE BARNETT

Call us on 01277 217972

www.georgebarnettkitchens.co.uk o sales@georgebarnettkitchens.co.uk

Visit our showroom: 68 Woodland Avenue, Hutton, Brentwood, Essex CM13 1HH

BUILDING FOR YOUR FUTURE



Masterbuild & Maintenance

Specialists in

- ◆ New Builds
- ◆ Extensions
- ◆ Loft Conversions
- ◆ Refurbishments & Landscaping
- ◆ Family Owned
- ◆ Covering all areas of Essex



CONTACT US FOR A QUOTE OR ADVICE

07894 744122

WWW.MASTER-BUILD.CO.UK ◆ DANIEL@MASTER-BUILD.CO.UK

Facebook: @MASTERBUILDANDMAINTENANCE Instagram: MASTERBUILDANDMAINTENANCE



BRIGHT&BEAUTIFUL

Cleaning | Tidying | Laundry | Ironing

Our team at Bright & Beautiful knows how difficult it can be to keep the outdoors from getting in whatever the time of year. Rain or shine, mud, grime and dust can take their toll.

Make the most of the season and leave the CLEANING and HOUSEKEEPING to us...

CALL TODAY FOR A FREE CONSULTATION

01277 287 503

www.brightandbeautiful.com/brentwood

PLEASE QUOTE CODE: VISION

ONE OFF DEEP CLEAN SLOTS AVAILABLE

BLACK AND MOULDY SILICONE AROUND YOUR BATH OR SHOWER?



HAD A NEW BATHROOM, KITCHEN OR EXTENSION YOU NEED PROFESSIONALLY SEALED?

ALL DOMESTIC AND COMMERCIAL WORKS UNDERTAKEN

CALL FOR A PROFESSIONAL SEALANT SERVICE



01277 525 020

info@gtsealants.co.uk

www.gtsealants.co.uk

[@gtsealants](https://www.facebook.com/gtsealants)

5% DISCOUNT WITH THIS ADVERT

A LOCAL COMPANY BUYING FROM LOCAL MANUFACTURERS

“YOUR HOME IN OUR HANDS”

WINDOWS | DOORS BIFOLDS | GLAZING REPAIRS

However you want to secure your home we have the Solution to make sure your home is in our safe hands

01268 578 118

sales@atlashomesolutions.co.uk

www.atlashomesolutions.co.uk



OUT OF MANCHESTER

STYLE AND A SMILE, WITH DESIGNER MATTHEW WILLIAMSON



HOME & DIY



Matthew Williamson, by his own admission, doesn't perhaps have a name that screams 'style, exuberance and panache', and considering this is someone who grew up in the murky confines of 1970s Manchester, there was no indication of the creative elevation that was to come.

And yet, in art just as in physics, equal and opposite reactions can provoke explosions of inspiration from very simple ripples of provenance. That is certainly the case with Williamson, who for more than two decades now has specialised in the wonder of colour.

He is an interior designer of great originality and acclaim, as his recent work with John Lewis determines. He is someone whose passion for colour, aesthetics and design was catalysed by his mother, but who has taken those principles to another level of optimism.

"If you're going to use colour, you have to be an optimist," he says. "You have to look at the beauty

of contrast and the potency of the shades and tones you put together.

"There is no point being afraid of trying things, and you should never enter a project imagining something isn't going to work. Only by trying will you know, and only through knowledge can you grow.

"Of course, it's about mixing up tones, but also enabling a background to act as a template for the colour detail you want to layer on top."

Replicating Williamson's colour-driven style of interior design is no easy task. It has, after all, taken the designer the best part of half a century to refine an interior design ethos that even he admits is still a work in progress. But the Central Saint Martins graduate insists the way to use colour is to follow your smile.

"If it makes you happy, it's working. If it paints pictures and provokes memories and inspires in you ideas to move forward, then you probably have what is right."

Photo credit: BBC/Darlow Smithson Productions and matthewwilliamson.com



NO vacuuming ALLOWED



A GUIDE TO HELP YOU DECIDE WHEN YOU SHOULDN'T USE YOUR VACUUM WHEN CLEANING

Some people love vacuuming; others can't stand it. Either way, there is no denying how quickly it can clean up your home. However, did you know that there are some items that you should never hoover up?

PIECES OF GLASS

If you have smashed a glass, then you may reach for your vacuum cleaner to quickly clear the area. However, large pieces of glass can puncture the bag, get stuck in the hose and damage the interior. Instead, use a dustpan and brush for the large pieces and a damp cloth to pick up small shards. Be sure to wear gloves to protect your hands.

FINE DUST

Have you recently renovated your home? If yes, then your furniture is probably covered in dust particles. Sadly, you should not hoover these up as sanding residue and other tiny particles will clog the filters and cause your hoover to spit dust back into the air.

WET FOOD

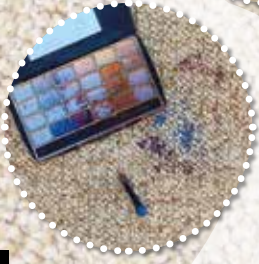
Wet food, or anything wet or moist, should not be cleaned up with a vacuum cleaner. This includes soggy cereal, dog food and even small spills. Instead, use some kitchen towels or a tea towel.

SMALL METAL ITEMS

Small metal items such as paper clips and coins can easily become stuck in the rotating part of your vacuum cleaner and stop it from working properly. They can also sometimes break off plastic pieces from the interior of your appliance.

MAKE-UP

Dropped an eyeshadow palette on the carpet? Or some foundation? Although you may be tempted to use your hoover, this is not a good idea. Firstly, the vacuum brush could smear the make-up further into the carpet, and secondly, if you do manage to successfully clean it up, it is highly likely to melt once inside the appliance.



RLS Plumbing & Heating Services Turning your dream bathroom into a reality.



- ✓ Full bathroom refurbishment ✓ Wet rooms
- ✓ Disabled bathrooms/shower rooms ✓ Wall cladding
- ✓ Manufacturer backed guarantees up to 25 years
- ✓ Over 15 years experience ✓ Rated 5 stars on all review platforms

CUSTOMER TESTIMONIALS

We used RLS for our bathroom fit recently and couldn't have been happier. Such a friendly, tidy, helpful bunch of guys. From our first meeting where Ryan came to quote, all the way through to the completion we have been so impressed and are absolutely blown away with our new bathroom. Thanks guys
Location: CM15 - Reviewed in: November 2021

So we thought we would use a local company to install a new bathroom for us. I must say I'm so glad we did - all work carried out to a professional standard, we asked for some extra work and nothing was a problem. The standard on completion was excellent and we are over the moon with it. I would totally recommend this local company for all your plumbing/bathroom needs. Keep up the great work boys
Location: SS17 Southend Road - Reviewed in: October 2021

Tel: 01375 675 557 | Mob: 07931 787 563

Visit our Shop: 7 Lampits Hill, Corringham, SS17 9DD
Email: ryan@rlsplumbing.co.uk | www.rlsplumbing.co.uk



LOCAL NEWS

from your neighbourhood



Photo credit: Pancreatic Cancer UK



Gavin & Stacey fan inspires epic fundraiser

The family and friends of a woman who died of cancer have raised £147,000 for charity by walking from Billericay to Barry in south Wales.

The epic challenge was completed in memory of Pia Eaves (pictured bottom left), 54, who was originally from Barry and loved the BBC comedy *Gavin & Stacey*. Her parents used to run the Barry Island kiosk which features in the show.

The walk, which raised money for Pancreatic Cancer UK, took 12 days to complete, with the team arriving in Barry on May 1.

They walked between three and nine hours each day and the mammoth trek received support from members of the *Gavin & Stacey* cast via recorded messages, including Ruth Jones, who plays Nessa, and Mathew Horne, who plays Gavin.

In her message, Ruth Jones said: "It's an incredible thing that these people are doing and, let's be honest,

in this day and age, we need incredible people to do incredible things. It's all about being kind."

Pia's husband, Simon, and their two daughters, Rhiannon and Emilia, paid tribute to her following the epic challenge.

Rhiannon (pictured top left, fourth from left) said: "I think Mum would be so, so proud of us for doing this. She'd probably say that we were crazy, but she'd be overwhelmed with how much love there is for her."

Emilia (pictured top right, second from left) added: "She'd probably say right, now let's do another 100 miles. That was always her way."

Simon (pictured bottom left), who met Pia in Barry when they were just 16 years old, said: "This walk has helped to us get through and to remember her.

"This isn't just a one-off; we hope to get to Parliament and get the debate going into more money for pancreatic cancer."



Trinity Living deliver a competitive and professional service, installing luxury wetrooms, bathrooms, en-suites and kitchens to suit your budget

www.trinityliving.co.uk
01277 822600
enquiries@trinityliving.co.uk



Celebrating 30 years
in business in 2022



Based in Essex with professionally trained fitters working in Billericay, call our team today and book a free, no-obligation consultation, survey and quotation

THE WINDOW MAN

WINDOWS | DOORS | INSTALLATION | REPAIRS

"Your Friend in the Trade"

Proudly Providing the Complete Service

FAMILY-RUN BUSINESS SERVING THE LOCAL COMMUNITY FOR OVER 25 YEARS

SUPPLY, REPAIR & REPLACEMENT
DOUBLE GLAZING | TRIPLE GLAZING
UPVC | ALUMINIUM WINDOWS
HARD WOOD WINDOWS
FRENCH & PATIO DOORS
PORCHES & CONSERVATORIES
BI-FOLD DOORS

REPAIR SERVICES AVAILABLE 8AM - 8PM
CAT FLAPS | KNOCKERS | LETTER BOXES
SPYHOLES | CYLINDERS | HANDLES
HINGES & LOCKS FOR WINDOWS & DOORS
TRICKLE VENTS | SEALED GLASS UNITS
LEADED & GEORGIAN GLASS
CONSERVATORY ROOF REPAIRS | PANELS
EVERYTHING WE DO IS FULLY
GUARANTEED & WE PRIDE OURSELVES
IN OUR ABSOLUTE ATTENTION
TO CUSTOMER CARE



CONTACT US TODAY FOR YOUR FREE OF CHARGE, NO OBLIGATION QUOTE

01277 554 075

www.thewindowmanessex.net @thewindowmanessex



Food festival returns after successful debut

The Billericay Food & Drink Festival is set to return this year, after a highly popular debut last year.

The event will take place from 11am to 5pm on Sunday, July 17, at the Billericay Town FC stadium on Blunts Wall Road.

The festival is the brainchild of Abby and Jodi Knight of Great Idea Events, who saw an opportunity to showcase the impressive talent from the local area all under one roof.

A total of 1,700 people came to sample the culinary delights on offer last year, and now residents once again have the chance to try locally produced food and drink, as well as to meet some of the names behind the best eateries and brands in the local area.

There will be more than 50 stands at the festival, with lots of great food and drink available. As well as giveaways from national suppliers, there will be a DJ, magician and charity football match to provide entertainment.

Tickets are £5 on the door and £4.50 via Eventbrite, with a special foodie present for the first 100 through the door. Under 12s go free. To book online, please visit bit.ly/3lBxJjL

VISION BillericayShenfield has 10 pairs of tickets to the festival to give away for free. All you have to do is email your name and phone number to billericay@visionmag.co.uk with the subject line 'Billericay Food & Drink Festival' by Sunday, June 26.

Town remains a Conservative stronghold

Two Conservative councillors were re-elected in Billericay following the local elections last month, which saw the Tories cement their majority on Basildon Borough Council. Conservative councillor Andrew Schrader (pictured right) won the Billericay East seat with a total of 2,062 votes. He received the most votes of any councillor on the night and the second highest majority overall.

He said: "Billericay is the town I love, where I grew up, and the residents' continued faith did me the great honour of electing me. I have never, and will never, take the voters of Billericay East for granted."

Conservative councillor Anthony Hedley won the Billericay West seat with 2,005 votes. Cllr Hedley said: "I was pleased to see the constituents come out to support me for re-election and to continue in this role."

Cllrs Schrader and Hedley both said they believed the recent Partygate scandal at Downing Street did not greatly impact the elections.

Cllr Schrader said: "The voters are sufficiently sophisticated and know that there are bigger fish to fry."

Cllr Hedley added: "Residents were more engaged with what's going on locally."





Photo credit: Essex Police

Drug bust leads to the arrest of two people

Police found more than 100 bags of cannabis during a raid in Billericay. The drug bust took place on May 4 and two people were subsequently arrested on suspicion of possession with intent to sell drugs. Officers from the Billericay and Wickford Community Policing Team were on patrol in the town when they arrested a man at his home on Lancer Way for possession with intent to supply class B drugs. A search was conducted at his home, where the

cannabis and a large sum of cash were found. A woman was also arrested during the raid. A spokesman for Essex Police's Basildon District said: "A search was completed at his home where a female was also arrested and a large amount of cash and approximately 100 deal bags of cannabis found. "Officers came across a juvenile male who was found to have drugs and a lock knife on him." The two suspects have since been released under investigation.

Sensory toy shop becomes community hub

A former nurse is helping to create a community hub in Billericay to support parents of children with autism spectrum disorders (ASD). Jane Watt, owner of To the Moon and Back at Barleylands Craft Village in Billericay, opened her shop in 2017. She wanted to create a safe place for children with ASD and their parents to shop for suitable toys without judgement. She explained: "There was nowhere for children with sensory needs to find and experience toys." Her shop has allowed children to try out toys to find ones that suit their needs, and she has made accommodations to ensure a comfortable shopping experience. The shop also has a charity box for Brentwood charity SNAP, which helps families with children who have additional needs or disabilities, and leaflets for ASD services and activities are put on display. Jane added: "The aim is to envelop people in support, to make them feel less lonely. The world is open and out there for parents and children with ASD."



Photo credit: Jane Watt

Cleaner, Healthier Home for Longer!

Using special solutions specific to your carpet, we eliminate bacteria and no sticky shampoo residue for new dirt to cling to.




Carpet & Upholstery Cleaning

Contact our South Essex team for a free no obligation quotation.



Professional Carpet Cleaning

Local Carpet Cleaning Service

☎ 01375 350150 📌 envirocleansouthessex

ian's curtains & blinds





Curtains | Tracks & Poles | Roman Blinds | Roller Blinds
 Vertical Blinds | Venetian Blinds | Wooden Blinds
 Pattern books also available

FREE QUOTE – Call today on 01268 976779 | Mobile: 07743 562384

• ian.dipple@yahoo.com | www.ianscurtainsandblinds.co.uk



Photo of Dan Nicky Hayes Photography

Dan's the man after relegation confirmed for club

Billericay Town FC are looking ahead to next season after their miserable National League South campaign ended in relegation.

we can do. "The response from the players in the last few weeks of the season had a big part in my decision to take the job permanently. I'm looking forward to it."

The campaign ended with a 2-1 defeat to Ebbsfleet United at New Lodge, which, together with Welling's 3-2 win against Maidstone United, means Town finished bottom of the table.

In a statement, a spokesperson for the club said: "We were pleasantly surprised that Dan Brown threw his hat into the ring.

However, the club are already looking forward to playing in the Isthmian Premier League next season as they recently appointed interim boss, Dan Brown (pictured above), on a permanent basis.

"Like us, he wants to rebuild this team and its relationship with fans and the rest of the club.

Dan said: "In the short spells I've taken over the team in the past, we've seen a really positive reaction with an improvement in results.

"He has fantastic knowledge of the talent coming through, the respect of players who want to stay and the contacts within the game to find gems and loans to add to the group.

"With a pre-season, it will be interesting to see what

"We will give him the budget and backing to have a real crack at next season as well."

Councillor hits out as jubilee tree is vandalised

A councillor has hit out at vandals who damaged a tree planted at Billericay's South Green to mark the Queen's Platinum Jubilee.



Councillor Andrew Schrader, the outgoing chairman of the Housing and Estate Renewal Committee, was furious at the damage to one of five trees planted by Basildon Council.

He told **VISION** BillericayShenfield: "When I was informed of the vandalism, my blood was boiling.

"The tree circle was recently planted at South Green to honour Her Majesty The Queen's Platinum Jubilee and for future generations to admire and enjoy.

"Sadly, however, there will always be some feckless Neanderthals who want to get their jollies by destroying things – in this case, snapping one of these young trees in half.

"The damage will be repaired but you do have to wonder at the mindset of some people."

Designer Bedrooms

7, Robert Way
Wickford, SS11 8DD

01268 571799

sales@designerbedrooms.co.uk

(See website or call us for opening hours)



Traditional fitted bedrooms

Fully installed by our own professional fitters.

Whether your taste is traditional or contemporary, with either hinged or sliding doors, we have just the bedroom for you... ..all made to measure in our own factory and installed by our own professional fitters.

Need some inspiration?... then take a look at the many photos of completed work on our website at:

www.designerbedrooms.co.uk

Need a professional design..? then call us to arrange for a free no obligation home visit.

Want a quick quote...? then pop in to see us with your plans or room dimensions.



sliding doors

We are a local, family owned business and have been creating & installing bespoke furniture since 1992...

We have a large showroom at our factory in Wickford with easy parking.

No Salesmen - No Gimmicks Guaranteed...

10 Year Guarantee!



Odd shaped rooms are our speciality!



Home Office/Studies

FIFTY FOUR DEGREES CELSIUS

The perfect medium rare New York Strip is cooked at fifty four degrees Celsius.

A single millimetre is all that is needed for a flawless slice of Jamón Ibérico.

Sixty four degree water gives the most rich, velvety poached eggs you've ever imagined.

When you're in the kitchen, perfection and joy come from precision. And it's the same when we're in the kitchen too — because we love what we do.

This is German Enjoyneering.

Kutchenhaus Brentwood
6, The Baytree Shopping Centre
Brentwood, Essex
CM14 4BX

Tel : 01277 204447

kütchenhaus
The **German** Kitchen



Dad takes on charity challenge in memory of son

A dad from Billericay has raised nearly £280,000 for Cancer Research UK by taking on a range of extreme cycling challenges, following the sad passing of his son at age 23.

In his latest fundraiser, James Van Cleef (pictured second from left), 54, alongside his brother-in-law Mark Bayliss (pictured left), 62, cycled around 21 English cathedrals and travelled 973 miles by bike in two weeks, starting on May 15.

James' son, Adam Van Cleef, had previously overcome B-cell non-Hodgkin lymphoma, having been diagnosed when he was 14. In November 2016, Adam was diagnosed with synovial sarcoma and, in June 2018, he sadly passed away.

After Adam's tragic passing, James decided to raise as much money as possible for Cancer Research UK by organising an annual biking event.

James said: "The importance of Cancer Research

UK is that it will bring other families better treatments, better solutions, better hope. It's not a pipe dream. Research makes a huge difference and it will continue to do so. I would love to live in a world where fathers don't unnaturally outlive their sons. That's the drive."

The first week of the challenge saw James and Mark travel from Bradford, in Yorkshire, to Chelmsford, before a second week going west to Cornwall.

James and Mark are now giving their legs a well-deserved rest before their final challenge – a monumental 3,400-mile cycle from the east to the west coast of the USA starting on Sunday, August 21.

The pair's fundraising efforts were recognised with a national accolade at last year's Flame of Hope Awards, Cancer Research UK's annual prize-giving.

For more information or to donate, please visit www.ridingforadam.com

Investigation after thieves target senior women

Police are investigating after two elderly women in Billericay were victims of thefts within 20 minutes of each other.

Both incidents happened in Billericay High Street on Friday, April 29.

The first incident occurred in the British Heart Foundation shop, quickly followed by another in Poundland.

One woman had her bag reportedly stolen, while the second had items taken out of her bag, including her purse, bus pass, keys and bank cards.

A spokesperson for Essex Police said: "We want to reiterate that we are taking the reports very seriously. First, we are completing our enquiries. Second, our Billericay town team will be conducting high visibility and plain clothes patrols."

Information can be reported anonymously via Crimestoppers on 0800 555 111.



Photo credit: JimDwilly/Shutterstock.com



SUMMER FUN SORTED AT THE BEAUVOIR ARMS

ESSEX'S PREMIER VENUE FOR FOOD & ENTERTAINMENT THIS SUMMER!

Looking for the perfect treat for a special birthday or Father's Day? The Beauvoir Arms British & Italian Kitchen in Downham, the family-friendly restaurant that's served the local area for over 10 years has two great ideas that'll keep everyone happy!

Dust off your blue suede shoes and enjoy a fabulous night's entertainment in the company of leading Elvis tribute act Miguel Olivares, the dinner show includes a delicious three-course meal for just £40 per head.

On Father's Day choose from the special set menu, £24.95 for two courses or £29.95 for three courses, with a complimentary beer for dad. After your meal, there's plenty of space to relax on the stunning new terrace area or in the garden.

Originally a traditional pub, the creative owners at the Beauvoir Arms have developed the space to make it a great place to drink and dine with a spacious bar. Ashraf Ali and his talented team of

chefs and friendly staff offer their own special take on Mediterranean favourites. It's fast becoming a go-to for delicious cocktails and live music.

The Front Room function room holds up to 50 people and is the perfect place to hold your birthday,



hen party, anniversary, wedding, christening, celebration of life and corporate events. There are various buffet and drink packages and there is no hire fee if food is ordered.

Celebrations are a speciality at The Beauvoir Arms but there's always a warm welcome whatever day or time you choose to visit.

The Weekday Set Menu is great value with two courses at just £18.95 and three courses at £22.95 with freshly home-made starters including Calamari Fritti and Antipasta Italiana, Frutti di Mare and Saltimbocca Romano as tasty mains and a selection of desserts such as Strawberry Panna Cotta and our not to be missed Tiramisu.

If dining and dancing is your idea of fun, you can enjoy The Ultimate Party Weekend from 24th through to 25th June with Club Classics and Soul Night hosted by resident DJ and radio presenter Mark Tracey.



BRITISH & ITALIAN KITCHEN
RISTORANTE & PIZZERIA

ELVIS TRIBUTE

FEATURING A LIVE SET BY
MIGUEL OLIVARES

- Price includes show and dinner.
- Special 3 course set menu.
- Showtime: 9.00pm approx.
- Afterparty DJ and Disco till late.

SATURDAY 18TH JUNE

TICKETS:
£40.00 PER PERSON
+ 10% SERVICE CHARGE

WIN! Here's your chance to win a night with Elvis

One lucky Vision reader will receive complimentary meal for two at the Elvis Tribute Night on June 18th, simply send your name and address to billericay@visionmag.co.uk and winner will be picked by 11th June.

Every reader quoting this feature when booking, will receive a complimentary bottle of wine for the table.

TO BOOK & FOR FURTHER INFORMATION CALL 01268 711115

INFO@BEAUVOIRS.COM | T 01268 711115

WWW.BEAUVOIRARMS.CO.UK

DOWNHAM ROAD, NEAR BILLERICAY, ESSEX, CM11 1HQ



LOCAL NEWS

from your neighbourhood



Photo credit: Essex County Council



Library temporarily relocates for building works

A new chapter has begun for Shenfield Library as it was moved to a temporary location to enable building work on the new library to continue.

The old library closed on May 7 to enable site preparation and demolition ahead of the construction of the new building.

In the meantime, a temporary mobile library opened its doors on May 23, ensuring a library service is maintained throughout the duration of the works.

It will be positioned at Bishops Hill Adult Community Learning Centre, less than one kilometre from Shenfield Library.

Car parking is available at Bishops Hill and a regular bus service is also available between the two libraries.

Plans for the new modern library were first approved in July 2021 when Essex County Council (ECC) secured planning consent to build a new library, funded by the development of nine high-quality apartments above the library space.

The plans include a meeting room with more floorspace than the current facility, a new public garden which incorporates an outdoor learning and activity space, and an indoor commercial space.

Environmental and sustainability measures, such as air source heat pumps, solar panels and electric vehicle charging points for each of the apartments, will be included in the development.

Following demolition, the main phase of construction will begin this autumn, and it is anticipated that the new library will open in autumn 2023.

A spokesperson for ECC said: "The temporary library will have the same opening hours as the current library.

"Customers can also borrow, return and renew books and access services from other library locations including Brentwood, Ingatestone and Billericay."

To find out more about the plans for the new library, visit www.shenfieldlibrary.co.uk

DREAM HOME CARPENTRY

Looking for a professional carpentry service?



We are custom carpentry specialists with a fine eye for detail and tight tolerances

Over 15 years custom carpentry experience


Contact us to discuss your projects
07846 268733

@DreamHomeCarpentry
dream_home_carpentry

HAMMOND & SONS

GAS ♦ PLUMBING ♦ HEATING

- ♦ All boilers serviced & repaired
- ♦ Condensing boilers & warm-air units
- ♦ All work undertaken including leaks, upgrades & installations
- ♦ No call-out charge
- ♦ OAP discounts available
- ♦ Full public liability insurance
- ♦ Fully qualified engineers



**A PROFESSIONAL FAMILY-RUN BUSINESS
HONEST & RELIABLE
OVER 20 YEARS' EXPERIENCE**

From a tap washer to a full heating system, call
01277 261 888

email: hammondandsons@hotmail.co.uk
www.hammondandsons.co.uk

DAVID LEPINE

**PAINTER – DECORATOR
REPAIRS AND MORE**

I've been a part of the **Tony Baxter Team** for the last 15 years. As Tony has now retired I will be carrying on with my own smaller team producing high quality work, fully insured, delivering a clean reliable service with better competitive prices.

Kind regards, 



Office: 01277 549277 ■ Mobile: 07960 741973
Website: www.davidlepinedecorating.co.uk
Email: d-lep@msn.com

Richard Ward

Richard@warddecorators.co.uk

Painter - Decorator

Domestic - Commercial

Interior - Exterior

Fully Insured | 35 years experience

Tel: 01277 821 454

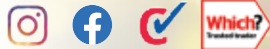
Mobile: 07961 943840



YOUR LOCAL, RELIABLE TREE SURGEONS

Our company offers a range of services to complete your project to the highest standard

- TREE SURGERY
- TREE FELLING
- STUMP REMOVAL
- HEDGE TRIMMING
- Fully Qualified & Insured Staff
- Quality Firewood available



CALL NOW FOR A FREE QUOTE

01277 821655
07979 935505

info@treesurgeonhelmsford.co.uk
www.optimum-tree-services.com



ESSEX NATIONAL MOSS REMOVAL LTD

TURN YOUR ROOF FROM GREEN TO CLEAN



10% OFF ALL WORK BOOKED IN THIS YEAR Ts&Cs Apply

- ◆ MOSS REMOVAL SPECIALISTS
- ◆ FULLY QUALIFIED ◆ FULLY INSURED
- ◆ NO JOB TOO BIG OR TOO SMALL ◆ COMPETITIVE PRICES



CALL US FOR FREE QUOTES & ESTIMATES

T: 07445 855501/07588 669131 W: www.essexnationalmossremoval.co.uk

E: Essexnationalmossremoval@gmail.com

f essexnationalmossremoval @ Essex_national_moss_removal



Record number of venues sign up for art trail

A record number of venues, including some in Shenfield, have signed up to join in with this year's Brentwood Art Trail.

A total of 43 artists will have their work on display, and 45 locations will be transformed into pop-up art galleries as part of the event, which is sponsored by Brentwood Business Partnership and will run from June 4 to 26.

The artwork will be hosted in cafés, offices and shops throughout the town.

One of the shops involved in the event for the first time is Brentwood Beigels.

Owner Jackie Wells said: "We're thrilled to be taking part in the Brentwood Art Trail. An event like this,

which brings the community together and supports local businesses, is exactly the type of initiative we like to get involved in."

Local artist Lucia Hardy (pictured right) said: "This is my second time exhibiting at the Brentwood Art Trail, and it's an event I love being involved in. Having the opportunity to display my art, talk about it with local people and host a creative event within my community is really exciting."

Guided tours, hosted by artist Julia Austin-Brenes, will take place in Shenfield on Thursday, June 23.

Residents can keep up with events on Twitter and Instagram by following @bwdartrail. All events can be booked via www.brentwoodarttrail.co.uk

Pupils enjoy an out-of-this-world school visit

Pupils at a school in Shenfield got their hands on rocks from space as part of a week-long focus on astronomy and science.

Children at Shenfield St Mary's C of E Primary School were given the unique opportunity to touch the rocks and handle some genuine meteorites.

The rare samples were provided free of charge by the Science and Technology Facilities Council (STFC), which provides educational packs in a bid to inspire young people to get involved in science.

The pack provided by STFC includes a 1.2-billion-year-old piece of rock from Mars and a 4.3-billion-year-old nickel meteorite.

Professor Mark Thomson, STFC's executive chair, said: "We are thrilled to be able to offer this unique opportunity to young people.

"It is not often they will be able to see close up, and actually touch, such important fragments of science history. Samples like these are vital in teaching us more about our solar system, allowing us to confront theory with fact.

"We hope this experience will encourage the students to take up a career in science."



LOCAL NEWS SHENFIELD



Photo credit: Brentwood Borough Council

Conservatives keep control of borough council

Shenfield residents took to the polls on May 5 to vote in the local elections.

Lib Dem councillor Nicky Cuthbert won the Shenfield ward for Brentwood Borough Council (BBC), which remains under Conservative control.

In total, 13 wards were up for election across the borough, with the Lib Dems taking Shenfield and Ingatestone from the Conservatives.

The Lib Dems won six seats, the Conservatives won six, and Labour took one.

A spokesperson for the Lib Dems said: "It was our target to ensure that all sitting councillors won their seats, and all did so. We also wanted to make gains, and we did just that."

"Well done to Nicky Cuthbert in Shenfield and Darryl Sankey in Ingatestone. Their hard work has ensured

that we are closer to our objective of winning overall control of Brentwood."

Conservative Leader of BBC, Chris Hossack, feels the election results were affected by the Partygate scandal, regarding gatherings held at 10 Downing Street during the COVID-19 lockdowns.

He said: "A number of people were happy to support us and other people had felt let down by Partygate."

"I don't think it was overwhelming. If it was overwhelming, we wouldn't have lost just two seats."

Labour councillor Gareth Barrett, who was re-elected for Brentwood South and elected Deputy Mayor for the council, thanked voters who supported him.

Taking to Twitter, he wrote: "Delighted to have been re-elected as the Labour councillor for Brentwood South. Thank you to everyone who supported me who I will do my best to honour your vote."

Queen attends the opening of new Tube line

Her Majesty The Queen made a surprise visit last month to the opening of the new Elizabeth line, which will connect Shenfield with the London Underground for the very first time.

Joined by youngest son Prince Edward, the Earl of Wessex, at Paddington Station on May 18, the Queen and the Earl met with attendees and spoke with staff at the new railway, which opened to the public on May 24.

The Earl also enjoyed a quick trip on the line, which stretches more than 60 miles and required eight tunnel boring machines to excavate more than three million tonnes of earth for construction.

The new line will run all the way from Reading to Shenfield in its fully completed state, but for now it is split in two, with the Paddington route going to both Reading and Heathrow Airport, and the second half going from Liverpool Street to Shenfield.

The Crossrail project has proven a controversial development, especially in recent years, owing to delays and the project going severely over budget.



Photo credit: TfL

COMPUTER SERVICES

Don't struggle with IT, call the experts!

- Friendly support direct to your door
- For all your computer needs
- Low rates (no VAT), no call out charge
- Homes and small businesses covered

01277 523127
www.dhcomputing.co.uk
help@dhcomputing.co.uk

SPIN DOCTOR
GREEN APPLIANCE REPAIRS

APPLIANCE REPAIRS AND SALES

We repair all makes and models

Washing Machines • Tumble Dryers
 Dishwashers • Ovens • Hobs • Cookers
 Fridge/Freezers • Extractor Hoods

New appliances in stock for same day delivery & installation

Prices listed on our website

Call 01279 310793
Or Book Online
www.spindoctoruk.co.uk

HYDE - AV

AUDIO VISUAL - CCTV - ALARMS - DOOR ENTRY

SONOS SAMSUNG SKY DIGITAL BT BT TV HIKVISION

LOCAL SPECIALISTS IN HOME SECURITY **PROVIDING RELIABLE, AFFORDABLE ALARMS AND CCTV** **PROTECTING LOCAL PROPERTIES FOR OVER 15 YEARS**

- CCTV
- Alarms
- Door Entry
- Ring Systems
- Intercom
- Audio/Visual
- WIFI
- Automation
- Cinema Rooms
- Smart Lighting
- Smart Cabling

T: 01268 951011
M: 07540 615125
E: info@hyde-av.co.uk

Find us on



TRAVEL



Your guide to the best SMALL TOWNS IN ENGLAND

When it comes to exploring England, you probably think of taking in the big cities like London, Manchester and Liverpool. But the truth is, there are a lot of great towns in England that are worth your time. Here's your guide to the best small towns in England.

Windsor, Berkshire

It may be home to The Queen, but Windsor is still considered a small town. You can explore the beautiful streets in the main part of the town, or travel a little further to enjoy Legoland.

Windsor Castle should be at the top of your must-visit list, as well as St George's Chapel.

Castle Combe, Wiltshire

The Cotswolds is full of many gems, but not all have the honour of being dubbed 'the prettiest town in England'. Castle Combe offers plenty to do, including some beautiful walks where you can spot familiar settings from movies such as *War Horse*, *Downton Abbey* and *Stardust*. Many of the homes put out fresh produce in honesty boxes, which are worth visiting to collect goods for a picnic in the countryside.

Tintagel, Cornwall

Tintagel is found on Cornwall's Atlantic coast, an incredible town with a lot to offer. A hike to St Nectan's Glen – which has been voted an area of outstanding natural beauty – will take you to the stunning 60-foot waterfall.

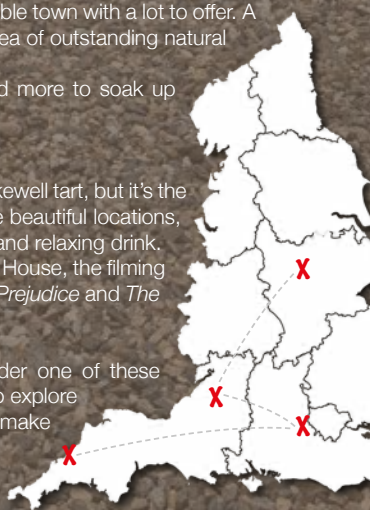
Explore different tea rooms, pasty shops, cafés and more to soak up everything Tintagel has to offer.

Bakewell, Derbyshire

Bakewell is a charming town that is famous for the Bakewell tart, but it's the scenery that will really resonate with you. It has some beautiful locations, as well as plenty of pubs to dine in and have a quiet and relaxing drink.

While you're in Bakewell, be sure to visit Chatsworth House, the filming location for many period dramas, including *Pride and Prejudice* and *The Duchess*.

Next time you're looking to plan a day out, consider one of these fabulous small towns. There are so many great spots to explore in England, so be sure to find out what's out there and make the most of this incredible country.



Windsor Castle



Castle Combe



St Nectan's Glen



Chatsworth House

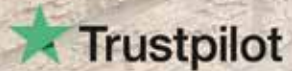
Electric Vehicle Chargepoint Supply and Installation Specialists



Wherever you need your chargepoint it will be installed to the most up to date regulations giving peace of mind it is safe and easy to use.

We are a local family firm of City & Guilds Qualified Electricians and EV Chargepoint Installers.

Fully OZEV and Manufacturer Approved. OZEV grants are still available subject to eligibility.



EV Charging Systems

Excellent



VERIFIED COMPANY



Tel: 01268 710459

Email: info@evchargingsystems.co.uk

Web: www.evchargingsystems.co.uk



@evchargingsystems

BESPOKE METAL FABRICATION

GATES • RAILINGS • HANDRAILS
BALCONIES • GATE AUTOMATION AND MORE

STEEL



BOUTIQUE ESSEX

Bespoke Metal Fabrication



- Bespoke designs, traditional or contemporary
- Modern wood and composite infill gates
- Design, manufacture & install
- High quality, hand crafted, metal-work
- Based in Stock, Essex
- Over 20 years' experience

07967 208 875

www.steelboutiquessex.com • info@steelboutiquessex.com  

Call us when your home needs that new coat of paint

HOME MAINTENANCE AND REPAIRS

- Interior Decorating • Exterior Decorating
- Wallpaper Hanging • Plastering / Over artex
- Dustless Sanding • Fully Insured

Former employees of Tony Baxter for over 13 years

For high quality work call

07824 664591

www.TJMdecorating.co.uk

TJMdecorating1@gmail.com

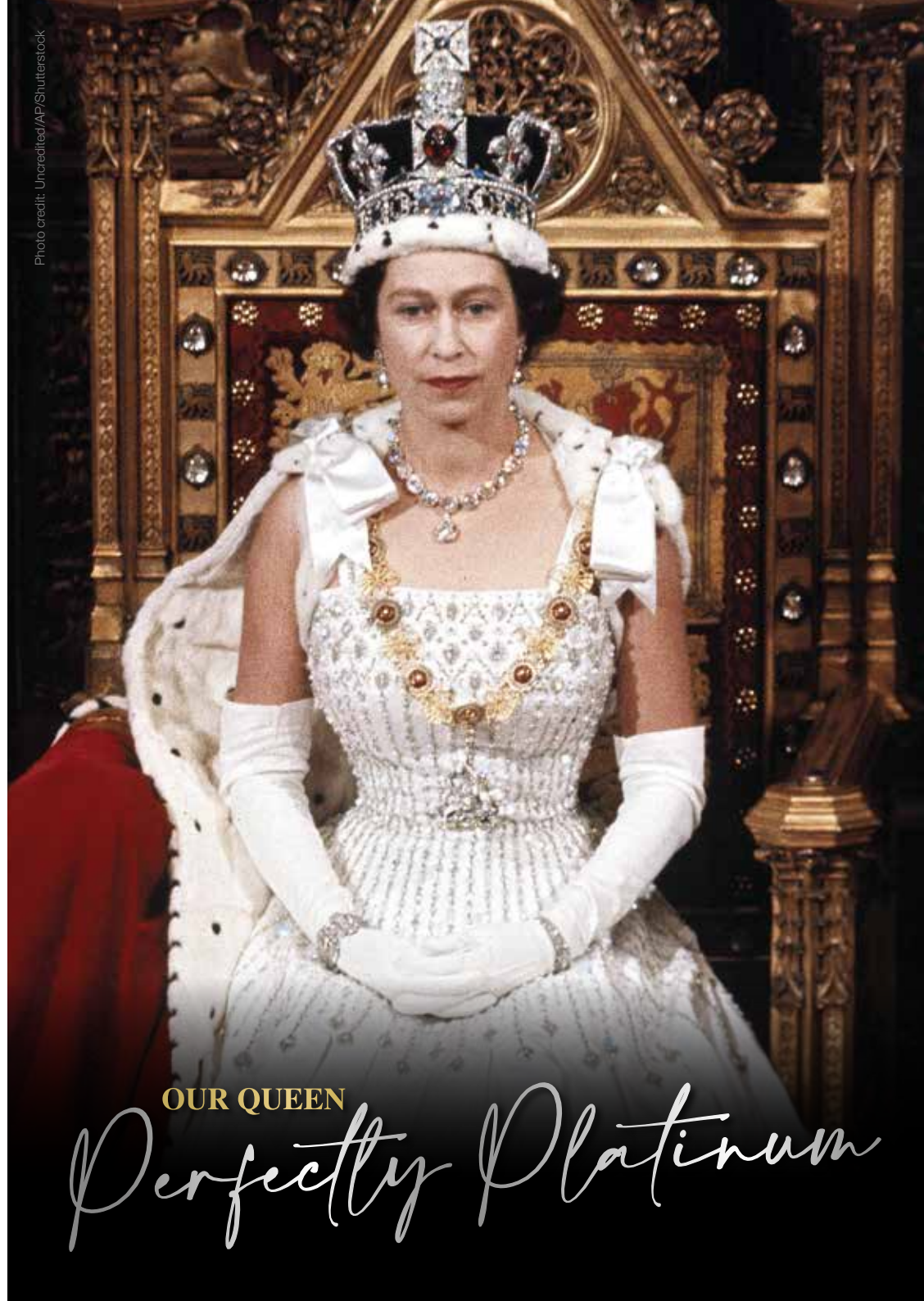
 [@tjmpainting](https://www.instagram.com/tjmpainting)

CALL US TODAY FOR YOUR FREE QUOTE

TJM

PAINTING & DECORATING

Photo credit: Uncredited/AP/Shutterstock



OUR QUEEN

Perfectly Platinum

CELEBRATING THE QUEEN'S PLATINUM JUBILEE

Few would dispute the notion that Queen Elizabeth II is our most impressive monarch ever. She has presided not just over seven decades of exemplary rule, but also across a social and cultural timeframe in which so much has changed and evolved. This summer's Platinum Jubilee is not only a celebration of Her Majesty's time at the top table of British society, but also recognition of a job that's been done impeccably.

Even in the last year, in the wake of the passing of her husband Prince Philip, the scandal involving son Prince Andrew, and the turning of public opinion against her grandson Prince Harry, Queen Elizabeth, now aged 96, has presided over her nation with faultless grace and dignity.

And while the Queen still values her privacy, she respects too the need to be visible and approachable, and perhaps this relatability is what makes her so endearing, so popular and so special.

It was way back in February 1952 that the death of Elizabeth's father, King George VI, triggered her accession to the throne. The Platinum Jubilee marks the 70 years she has served the United Kingdom, and 70 years from when, upon her coronation, she declared herself fully at the service of the nation she served.

She said, in that characteristic crisp and measured voice: "I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong."

“I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong.”

Taking strength from those around her, the Queen has never professed to have all the answers. She has admitted that trial and error has often been the way forward, and that sense of humility permeates right up to the present day. "I know of no single formula for success," she said, "but over the years I have observed that some attributes of leadership are universal and are often about finding ways of encouraging people to combine their efforts, their talents, their insights, their enthusiasm and their inspiration to work together."

Certainly she has excelled in that, with the Platinum Jubilee, beginning on Thursday, June 2, stretching across a weekend of celebrations. Queen Elizabeth II, family, friends and the nation will look back over seven decades of exemplary rule, and forward to the future.

From Trooping the Colour, which marks the Queen's birthday celebrations with more than 1,400 parading soldiers, 200 horses and 400 musicians, to the traditional RAF fly-past, the 1,500 Platinum Jubilee beacons that have been distributed across the UK in a tradition that dates right the way back to 1897, to a thanksgiving service on Friday, June 3, at St Paul's Cathedral, to The Derby at Epsom Downs, the events over Elizabeth's special weekend are as memorable as the thousands of others held during her years on the throne.

And yet the Platinum Jubilee is about much more than just Queen Elizabeth II. It is an opportunity for people across the UK to share in what it means to have a strong, proud, resilient monarch, particularly in an era where so much around us feels restricted or under threat.

With communities encouraged to head into their streets to mark celebrations of the seven-decade reign in their own special way, the Platinum Jubilee is a universal event that celebrates not just the Queen, not just royalty, but also the people of this country.





CONNECT FLOORS LTD
Flooring the Future

SUPPLIERS & INSTALLERS OF
AMTICO ♦ KARNDEAN
CARPETS ♦ VINYL
HARDWOOD



CUSTOMER SERVICE IS OUR #1 PRIORITY

🌐 www.connectfloors.com

☎ 01268 527754 ✉ info@connectfloors.com



SPECIALISTS IN
ELECTRICAL
VEHICLE CHARGER
INSTALLATIONS

Approved installers for the Government Grant

Testing for Landlord Safety Certificates ♦ Domestic & commercial electrical work



CUSTOMER SERVICE IS OUR #1 PRIORITY

🌐 www.evconnectelectrical.com

☎ 01268 520504 ✉ info@evconnectelectrical.com



HISTORY

40 years since the FALKLANDS WAR

A LOOK BACK ON THE FALKLANDS WAR, WHICH ENDED IN JUNE 1982

The commencement of the Falklands War, when Argentina landed on the small island situated 500 miles from its lower-east coast, represented more than simply a country looking to reclaim what it thought it rightfully owned.

On the face of it, that was Argentina's ploy. The Falklands, a modest 4,700 square miles, comprising little more than rocky terrain, cliffs, birdlife and cattle, had been appropriated by the British back in 1765.

Within five years, a Spanish commander from Buenos Aires landed with five ships and 1,400 troops to claim possession of the land. And that remained the case until 1883, when the British returned.

The constant power struggle has raged on, though when Argentina relit the blue and white striped touchpaper in 1982 with severe territorial aggression, it surprised many.

A deeper explanation, away from the geographical claims and disputes, lay in the political situation in Argentina, and the economic

struggles that besieged South America in the 1980s.

The three-man military junta that had assumed power in Argentina in 1976 had evolved over the years, and as it looked to build support and legitimacy by claiming a territory that still held considerable emotional ties to the Argentine people, seizing the Falklands was a clever political move.

On April 2, Argentina invaded, kicking off just over two months of conflict, where the British, led by Margaret Thatcher, responded with air, sea and land attacks. A series of bloody battles raged, with the Battle of Goose Green perhaps the most famous.

Finally, on June 14, Argentina surrendered after British troops yomped across punishing terrain, arriving at East Falkland to find their enemy waving white flags.

While conflict ceased, the ongoing antagonisation between Argentina and the UK (and England in particular) has continued, mostly in sporting rivalries.

Photo credit: Clive Limpkin/Daily Mail/Shutterstock



The LONGEST WORDS that exist

What would be the longest word you can think of right now? Perhaps it could be **Llanfairpwllgwyngyllgogerychwyrndrobwlillantysiliogogoch** – the village on the Isle of Anglesey? At 58 letters, it's actually the second-longest place name in the world after New Zealand's **Taumatawhakatangiangaauotamateaturipukakapikimaungahoronukupokaiwhenuakitanatahu** at a whopping 85 letters, which translates to 'St Mary's Church in the Hollow of the White Hazel Near to the Rapid Whirlpool of Llantysilio of the Red Cave'.

Eighty-five letters is a lot for one word, so what are the other longest words that exist?

Pneumonoultramicroscopicsilicovolcanoconiosis (45 letters)
This is a type of lung disease caused by inhaling quartz dust or silica.

Hippopotomonstrosesquippedaliophobia (36 letters)
Of course, the word for a fear of long words would be long.

Supercalifragilisticexpialidocious (34 letters)
While it may have been a word invented for the film *Mary Poppins*, it does appear in the dictionary. As the title character says, it's a word to say when you have nothing else to say.

Pseudopseudohypoparathyroidism (30 letters)
A mild form of pseudohypoparathyroidism, a genetic disorder in which the body fails to respond to the parathyroid hormone.

Floccinaucinihilipilification (29 letters)
This means the estimation of something having no value or being worthless.

Antidisestablishmentarianism (28 letters)
This word was once used to describe opposition to the disestablishment of the Church of England, but now refers to the opposition to withdrawing government support for a religion or church.

Honorificabilitudinitatibus (27 letters)
Seen in Shakespeare's *Love's Labour's Lost*, this means 'the state of being able to achieve honours'.

Thyroparathyroidectomy (22 letters)
The name for the process of removing the thyroid and parathyroid glands.

Incomprehensibilities (21 letters)
A word that you might actually be able to use, this means something that is difficult to understand or comprehend.

With so many of the longest words irrelevant to daily conversation, we think we'll stick with the shorter words.



A Taste of Hutton View

Experience the difference of a Hallmark Care Home during Care Home Open Week with a taste of what our home has to offer.

Join us 29 June 2022 for our Open Day

Come and meet the team, enjoy some delicious food made by our in-house Chef, gain some helpful advice on care fees and see what life at Hutton View Care Home is all about!

Our doors will be open between 10.00am and 4.00pm with key events being held at:

10.30am - 1.30pm
Join our informative workshop run by Penny at Eldercare, who will be offering tailored advice on care fee planning, lasting power of attorney and the care cap.

2.30pm - 4.00pm
Join us for afternoon entertainment and canapés.

RSVP
Please book your place and confirm which session you would like to attend by contacting our Customer Relationship Manager Sommer Turner on: 01277 575 319 | sommer.turner@hallmarkcarehomes.co.uk

3 Rayleigh Close, Hutton, Essex, CM13 1AR



Residential Care | Dementia Care | Respite Care





PUZZLES & TRIVIA

PUZZLES

Answers: see end of The VISION Listings

ACROSS

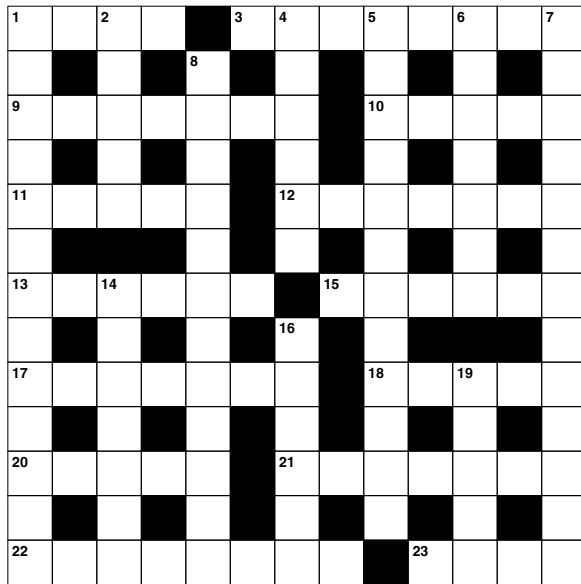
- 1. Eurasian crow (4)
- 3. Excessively emotional (6,2)
- 9. Time off (7)
- 10. Sudden movement (5)
- 11. Steer (anag) (5)
- 12. Wicked look that causes harm (4,3)
- 13. Possessing (6)
- 15. Wind instrument (6)
- 17. More sugary (7)
- 18. Freight (5)
- 20. Deduce or conclude (5)
- 21. Currents of air (7)
- 22. Disregarding oneself (8)
- 23. Depend on (4)

DOWN

- 1. Connections or associations (13)
- 2. Willow twig (5)
- 4. Complied with a command (6)
- 5. Children's toy (12)
- 6. Medieval cell (7)
- 7. Affectedly (13)
- 8. Occult (12)

- 14. Necessary (7)
- 16. Eats grass (6)

- 19. Verse (5)



DID YOU KNOW?

► There are more than 500 species of shark, with around 143 of them listed from vulnerable to critically endangered by the International Union for Conservation of Nature.

► Great white sharks are partially warm-blooded, meaning they can move faster when hunting prey.

► Less than 10 per cent of whale sharks are thought to survive to adulthood, but those who do can live up to 150 years old.

► The Antarctic blue whale is the largest animal on the planet.

► Humpback whales in the Southern Hemisphere don't eat for much of the year. They live off fat reserves for around five-and-a-half to seven-and-a-half months each year as they migrate.

Facts courtesy of WWF-UK

SUDOKU

7	5							2
		6		5				
					4		8	1
6			9					
1		8				9		4
					3			8
2	4		7					
				3		4		
	6						9	3



ANY little THING^{ltd}
Providing reliable & trustworthy support

A Personal Home Help Service

Providing trustworthy and reliable support to the elderly and vulnerable

Including, but not limited to
Companionship 🍷 Household Chores
Pet Services 🐾 Meal Preparation
Basic Gardening 🌿 Ironing

01268 928878
www.anylittlething.co.uk

OFFICES TO LET

ONGAR AREA
FROM £80 PER WEEK
INCLUSIVE OF COUNCIL TAX
GIGACLEAR WIFI
OWN ELECTRIC METER
FULLY FURNISHED
PARKING FOR ONE CAR
NO CAR DEALERS

07984 656775
jackyjoanhiggins@aol.com



The Bible's Outstanding Offer

The Open Bible Learning Group brings you an outstanding Free Offer; weekly Bible talks and presentations in The Reading Rooms, Billericay High Street, and on Zoom, with a Priceless Offer at the end of each event.

God reaches out to you through his word, the Bible.

And what wonderful secrets of hope are waiting for you to discover. A rich and fulfilling life in a world of peace, security and plenty.

Start your personal Bible journey of discovery now. Learn how you can win the glorious prize the Bible offers. For more details visit: www.OpenBibleLearningGroup.com



Scan here to get free Step by Step Guides or Courses or go to...

OpenBibleLearningGroup.com/Study-Packs



Scan here for events in Billericay Reading Rooms and on Zoom, or go to...

OpenBibleLearningGroup.com/events

From the smallest job to the largest high profile project



FREE ESTIMATES WITH NO OBLIGATION

TPSL
Timmins Property Services Ltd

Locally based company in Brentwood, with over 25 years experience. Our range of services include:

PLUMBING

- Boiler servicing & landlord reports
- New boilers / repairs
- Bathrooms & kitchens
- Drainage works
- Powerflushing

ELECTRICAL

- All aspects of domestic, commercial and light industrial electrical works
- Security systems and alarms
- Replacement consumer units
- Periodic inspections and testing
- Full rewires, PAT testing and fault finding

ROOFING

- All aspects of roofing / flat roof works / lead works
- Gutter repairs / replacements / cleaning
- Valley and chimney re-pointing / repairs
- Replacement roof tiles

BUILDING

- Decorating / Painting
- Plastering / Rendering
- Wall re-pointing / repairs



Gas Safe Registered
NICEIC Approved Contractor & Domestic Installer



WE CARRY OUT ELECTRICAL CERTIFICATES FOR LANDLORDS

Please contact us for further information on all our services

www.timminspsl.co.uk

Tel: 01277 810005 | Email: office@timminspsl.co.uk

Unit 15, Cockriden Farm Estate Brentwood Road Herongate Brentwood CM13 3LH

ON THE MONEY

Financial advice from our financial adviser **Karyn Vogel**
Contact 01277 654153



VALUING FINANCIAL ADVICE

In recent times, the importance of expert financial advice has become greater than ever, as people seek reassurance that their pensions, investments and protection plans are being professionally looked after during uncertain times.

Good financial outcomes are obviously important, but these can only be measured over the long term and are just one way of assessing the value that advice can provide. The real value in taking advice is about the whole journey of financial planning so that you are provided with a consistent, valued and trusted experience, with regular reviews and adapting to changes when needed. Financial and emotional outcomes play their part in unison.

- Ongoing support and guidance – regular review and contact can set your mind at rest and prevent you from making knee-jerk decisions at the wrong time.

- Saving you time – doing your own research can be very time-consuming and would you know where to start?

- Giving you peace of mind – by knowing that your finances are in expert hands and that any change in your circumstances can be discussed with someone who knows you personally.

- Getting financial outcomes that matter to you – by working with you over the long term.

WHAT ARE THE BENEFITS OF WORKING WITH AN ADVISER?

- Understanding your circumstances by listening and helping you to identify and work toward your goals – no two clients will have the same requirements.

- Making complex matters easy to understand – a seemingly straightforward financial goal could involve numerous decisions as well as consideration of a range of different products and providers.

ADVICE IS KEY

In uncertain times, you can rest assured that we are here to support you with all your financial planning needs. We take the time to understand our clients unique planning needs and circumstances, so that we can provide you with the most suitable solutions in the most cost-effective way.

For a free review of your current financial situation, please contact Karyn Vogel on 01277 654153.

When it comes to Financial Planning

We're here to help you



- ✓ SAVINGS AND INVESTMENTS
- ✓ INHERITANCE TAX PLANNING
- ✓ PENSIONS ✓ PROTECTION

Tel 01277 654153 ● www.hcrifa.co.uk ● Fax 01277 658383
Suite 5, First Floor, Foremost House, Radford Way, Billericay CM12 0BT



CAN YOU manage?

WHAT YOU NEED TO KNOW ABOUT HIRING A PROPERTY MANAGEMENT COMPANY

Renting out a property and being a landlord is not an easy job. If you have a property to let, hiring a property management company could be one way of making the job a little easier. Should you hire a property management company to take care of your rental? Take a look at the pros and cons to help you make the right choice for you.

> Using a property management company could make you less aware of what's going on with your property.

Why hire a property management company? Ultimately, hiring a property management company saves time, helping you benefit from a rental income without the hassle of dealing with tenants or maintenance. It's not a choice for everyone, but it could be the ideal solution if you don't have much time on your hands. Make some enquiries and find a company you can trust.



Pros of hiring a property management company:

- > Ease the responsibility of property management. From collecting rent to maintenance, they'll take care of everything on your behalf.
- > Property management companies will source and vet tenants, taking the responsibility off you.
- > Management companies with their own vendors and contractors could save you money on maintenance costs compared to sorting the work yourself.

Cons of hiring a property management company:

- > You'll pay a fee to use a property management company, which will affect how much money you take home from rental fees.
- > As property management companies manage multiple properties, tenants might not get the same attention a hands-on landlord would provide.



Family disputes and conflicts can be a difficult and emotionally charged time. You will receive expert, cost-effective guidance which delivers the best possible solution to the issues in your case, if you work with us.

With over 75 years of cumulative experience we can offer advice on all legal aspects of relationship breakdown.

You can seek help on:

- > Child Arrangement Orders
- > Child Maintenance
- > Representation at Injunction Proceedings
- > Financial Claims on Divorce
- > Financial Provision for Children on Separation or Divorce
- > Parental Responsibility Agreements
- > Pensions On Divorce
- > Divorce
- > Family Mediation
- > Prenuptial Agreements

If your case is suitable we can offer a 40-minute free consultation with one of the team.



Sally Ward
Head of Family Team
sallyward@mplaw.co.uk



Roisin McCorry
Consultant
roisinhccorry@mplaw.co.uk



Jessica Thrower
Associate Solicitor & Mediator
jessicathrower@mplaw.co.uk

Romford Office: 8-10 Eastern Road, Romford, Essex RM1 3PJ | **T: 01708 784000**
Shenfield Office: 194 Hutton Road, Shenfield, Essex CM15 8NR | **T: 01277 245015**
Email: office@mplaw.co.uk



It's time to make an LPA. There is a common misconception that Lasting Powers of Attorney only need to be put in place when an individual gets older. In fact, it is always wise to put LPAs in place earlier in life. By doing so, you will gain peace of mind that your affairs – both financial and health – can be looked after if you are ever unable to do so. You will also be ensuring that your loved ones are not left in an impossible position, unable to deal with your affairs, if the worst should happen.

Contact us today to protect yourself and your loved ones.
Legal advice with a conscience.



FISHER
JONES
GREENWOOD
SOLICITORS

Fisher Jones Greenwood LLP,
102 High Street, Billericay, CM12 9BY
Offices across Essex and London

01277 424080
www.fjg.co.uk
enquiry@fjg.co.uk

24/7 Airport Transfer ✈ Any Destination in UK ✈ European Holiday Destinations
Cruise Terminals ✈ Any Sort of Leisure or Business Travel

Airports

2000



01268 46-2000

07943 472 998

✉ **airports2000booking@gmail.com**

🌐 **www.airports2000.co.uk**



BUSINESS & PROPERTY



Cashback CATASTROPHE?

DO CASHBACK CREDIT CARDS REALLY WORK? AND WHAT SHOULD YOU LOOK OUT FOR WHEN USING THEM?

Offering incentives to put purchases on one card over another is an obvious way of engaging consumers, but the psychology behind cashback cards means you can very quickly be sucked into a trap where the pursuit of a discount becomes a cost, not a reward.

THE PREMISE

For every pound you spend, you are paid a percentage back by the card provider. Typical rates are one per cent, but bigger rewards and other initiatives are available if you shop around.

WHEN CASHBACK CREDIT CARDS WORK

Cashback credit cards should only be used for things you are going to buy anyway, and never as a method for justifying a purchase because it in effect offers a small discount.

Consider your ability to clear the credit card balance, too – if what you're putting on a card is going to be paid off, then there's no reason not to sign up to a cashback deal... providing you only buy

things you'd be equally happy to purchase for cash.

The harsh reality is lenders will quickly tap into the psychology of people not only getting money back on a purchase, but also not having to pay for 30 days or more, and that leads to treating ourselves when there's little justification, and making expensive purchases that we may come to regret. To ensure you are clearing the balance, consider setting up a direct debit.

WHEN CASHBACK CREDIT CARDS DON'T WORK

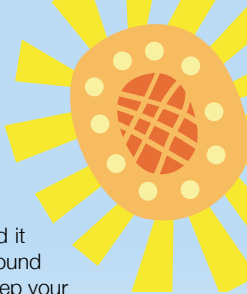
If you're not clearing your balance each month, or you pay an annual fee for your card, the amount you will pay will very likely wipe out the cashback earned on your card, making it a false economy. Explore the various rates and do the maths.

A cashback credit card needs to be handled by someone who is regimented, knows their numbers and can exercise self-control. Many of us just aren't configured that way... and if that's you, steer clear.





AS THE WEATHER HEATS UP, MAKE SURE YOU DO YOUR BIT FOR LOCAL WILDLIFE



The temperature is hotting up, and while most of us welcome these sunnier days, the same isn't always true for our community critters. The good news is that there are a lot of things you can do for wildlife in the hot weather to help keep them safe from the sun.

Fill up your feeder: Birds can find it tough to find food when the ground is dry and worms are scarce. Keep your bird feeder topped up and put out some fruit, such as apples and soaked raisins, for animals on the ground.

Create shaded spots: Animals may struggle to find shade on a hot day, but you can help by putting logs, large rocks or wooden planks around your garden to help create shade.

Keep your pond topped up: Remember to keep an eye on your pond and top it up if needed. This will help any fish that you have, as well as other visitors who use your pond as a water source.

These simple steps will make a big difference to your local wildlife.

Provide fresh water: Spells without rain can mean that a lot of natural water sources have dried up for your garden visitors. Putting out some fresh water will help thirsty animals and insects. Keep it shallow and put some rocks in there to help insects get out if they fall in.

Put in a bird bath: A bird bath is a great way for birds to keep clean and cool. You can buy them at garden centres and other retailers, or you could make your own as a fun DIY project.



20% OFF YOUR FIRST TREATMENT**

Our wonderful customers like our service so much, that over 40% of new customers joined us through their recommendation which, if you think about it, is a recommendation in itself.

So, if you've been thinking about enjoying a great lawn this year – green, lush and weed-free, why not contact us today and let us bring your lawn to life.

We provide four seasonal treatments, as well as beneficial treatments to keep your lawn in tip-top condition - prices start from just £15*.

Ask us about our annual plans, which allow you to both spread the cost and save up to 25%.

Simply call: 01277 352 236 or visit: greenthumb.co.uk    

PRICES FROM **£15*** PER TREATMENT

GreenThumb
LAWN TREATMENT SERVICE

*Based on a lawn size up to 40m² **New Customers Only



Artificial Grass Cleaning



Artificial Grass Cleaning Service

- Pet odour treatments – using pet & child friendly products
- Moss & algae removal
- Grass pile lifting using power brush
- Deodorise & sanitise

Call: 07985 149730

www.bntartificialgrasscleaning.co.uk

Storm & Son's Ltd

PAVING & LANDSCAPES

OUR FIELD OF EXPERTISE EXTENDS TO:
 DRIVEWAYS · PATIOS · FENCING · ASTRO TURF
 BRICKWORK · GARDEN DESIGN · JET WASHING
 PORCELAIN · DROPPED KERBS
 DIGGER AND DRIVER HIRE

At Storm And Sons our aim is to provide customers with the best possible service. We're a team of professionals with over 25 years of experience who tackle everything from complex large projects to smaller scale jobs. Fuelled by our commitment to excellence, we go the extra mile to make sure clients are completely satisfied with our work. All work is fully insured up to £10 Million. **Contact us today to get your free estimate!**

01245 981 670 | 07799 628 630
 stormandsonspaving@gmail.com
 www.stormandsons.co.uk



Daniel Landscapes Ltd

All of your Landscaping & Tree Care Needs



- **Tree Surgery & Removal**
- **Pollarding & Pruning**
- **Hedge Trimming**
- **Shrub Pruning**
- **Garden Clearance**
- **Site Left Tidy**

- **Driveways & Patios**
- **Paths & Brickwork**
- **Gravel Gardens**
- **Fencing & Turfing**
- **Drive & Patio Cleaning**
- **Tarmacadam/Tar & Chip**

Tel: 01621 892 659 or Mob: 07495 766 372

info@daniel-landscapesltd.co.uk

www.daniel-landscapesltd.co.uk

WAYSIDE, PLAINS ROAD, LITTLE TOTHAM. NR MALDON. ESSEX. CM9 8JF



Patio Heater

Fire Pit

\$

GARDENING

Even during the warmest months of the year in the UK, the evenings can get a little chilly. Fortunately, you can still enjoy your outdoor space after sunset with an outdoor heating source.

WHAT IS A PATIO HEATER?

In its simplest form, a patio heater is a device that allows you to heat the patio area of your home. Some patio heaters run on electricity, whereas others burn wood, gas or butane. Patio heaters are designed for outdoor use, and you can find many different types to suit your space.

WHAT IS A FIRE PIT?

Fire pits, just like patio heaters, are designed to keep you warm in your outdoor space. Some fire pits use wood, coal or propane as their heat source, whereas others have an electronic ignition to light the fire. There are many different shapes, sizes and styles of fire pits available.

PROS OF PATIO HEATERS

Versatile – can be used for home or commercial use | Good temperature control | Safe for children

and pets | No embers or sparks | Low maintenance | Easy to move | Some approved for tent/garage use

CONS OF PATIO HEATERS

Limited design choices | Require fuel or a power source | Cords can create a trip hazard | Propane is expensive | Not a significant light source

PROS OF FIRE PITS

Lots of design options | Provide both warmth and light | Have roasting capabilities | Easy to move | Less messy than a campfire

CONS OF FIRE PITS

Danger of sparks or embers | Limited heat range and temperature control | Open flames | Cannot be used indoors

WHICH IS BETTER?

Both patio heaters and fire pits offer a great way to heat your garden. The former is a good option for those who can't have an open fire for safety reasons or if you don't like cleaning. The latter can be more economical and can also double up as a barbecue.

Photo credit: durnahm.com



Create your own outdoor CINEMA

There's no better way to spend a warm summer evening than watching a film under the stars. Outdoor cinemas have become very popular in recent years, and with just a few simple steps, you could build one in your own garden.

Get ready to make those summer nights even better with your own outdoor cinema.

CHOOSE THE RIGHT SPOT

First, you'll need to find the perfect spot for your cinema. You'll want somewhere that's dry, preferably flat, and where you can easily set up your screen.

BUY A PROJECTOR, SCREEN AND OTHER ESSENTIALS

Find a projector that fits your budget. Anything over 3,000 lumens is ideal for being able to see a film in bright conditions. There are a lot of budget projectors that produce a high-quality image that's ideal for home theatre use. You may also need to invest in a screen (or a white bedsheet) and some speakers or headphones.

GET YOUR KIT SET UP

Get everything connected and ready. You'll need to choose how you're connecting your projector, whether that be wireless, Bluetooth or via a game console/DVD player.

CREATE A COMFY SETUP

Make your setup nice and cosy with plenty of cushions and blankets. Use your garden furniture, deckchairs or even outdoor beanbags. Cushions from your garden furniture also make excellent seating if you fancy perching on the ground. You might want hot water bottles to hand to keep you warm if things get a little chilly.

GET YOUR SNACKS READY

Finally, get your snacks ready. Popcorn and sweets are a classic, or you could opt for nachos, burgers, hot dogs or pizza for something a little more filling.

An outdoor cinema is the perfect addition to any garden, providing night after night of entertainment in the comfort of your own home.

Photo credit: idealhome.co.uk, ao.com, cinemahire.co.uk



**FREE QUOTES
NO JOB TOO SMALL**



**SHENFIELD
FENCING**

**ALL ASPECTS OF FENCING • SUPPLY & FITTING
MADE TO MEASURE • REPAIRS • PATIOS & PAVING
EST 1978 • QUALITY & AFFORDABLE • FULLY INSURED**

**Tel: 01277 373 115 • Mob: 07939051705
email: jamiemellish@icloud.com**

**Come home
to a clean house**



Our professionally trained team of maids will make your home sparkle with each visit. We know it's not a one-size fits all service, that's why we work to tailor our cleans to your individual needs, schedule and budget.

Call us today to arrange your no obligation in home quote

**Emma Brooks
01277 424985
emma.brooks@mollymaid.co.uk
www.mollymaid.co.uk/brentwood**




See what our customers have to say at [uk.trustpilot.com](https://www.trustpilot.com)  **Trustpilot**



Inspiring beautiful landscapes



Inspiring beautiful landscapes for over 40 years, CED Stone Landscape provides the most varied range of quality natural stone and hard landscaping products on the market. Discover the wonders of natural stone, porcelain paving, walling, decking and much more, all showcased at a CED display area near you.

- Natural Stone Paving & Setts
- Walling
- Porcelain Paving
- Cobbles & Pebbles
- CEDEC Footpath Gravels
- Gravels & Aggregates
- Boulders, Rockery & Standing Stones
- Composite Wood Decking

Visit the Depot or Shop Online at www.cedstonelondon.co.uk



01708 867 237 • sales@cedstone.co.uk • www.cedstone.co.uk

CED Stone Landscape West Thurrock • 728 London Road, Grays, Essex • RM20 3LU



SPORT



Photo credit: Charles Knight/Shutterstock

BRITAIN'S GREATEST SPORTING MOMENTS...

BORG AND MCENROE

Each month we look at one of the most significant events in British sporting history. This month, it's the epic encounter between Björn Borg and John McEnroe at Wimbledon on July 5, 1980.

The Championships at Wimbledon have provided countless dramatic sporting memories over the years, and none more special than when British heroes of the ilk of Ann Jones and Andy Murray have lifted the coveted trophy.

Yet perhaps the most remarkable encounter – certainly for sheer blood, guts, aggression and an unrelenting desire for victory – came in 1980 when a Swede faced an American.

Björn Borg had long been painted as the iceman, a Scandinavian purveyor of perfect tennis who was clinical and elegant in his despatching of opponents. John McEnroe, meanwhile, was the sweaty, unkempt brat of the game, with a confrontational,

aggressive game and a temperament to match.

That they collided so spectacularly on that sunny Saturday afternoon on July 5 will go down in SW19 folklore. McEnroe gained the upper hand by winning the opening exchange 6-1, before Borg fought back with 7-5 and 6-3 sets, giving him a 2-1 lead.

Looking to close out the match in the fourth set, Borg had five Championship points in an epic that went well past any reasonably expected distance. Finally, in the 34th game of the set, McEnroe broke the reigning champion – who was looking to win a fifth successive title – and took it 18-16.

Even in the deciding set, the duelling athletes made it to 6-6, though this time Borg broke McEnroe's steely serve, and his resolve, to take the set 8-6, and with it the Wimbledon title.

The epic was recently relived in a 2017 biopic, *Borg vs McEnroe*, starring Shia LaBeouf and Sverrir Gudnason.



SPORT



HAND OF WAD

DIEGO MARADONA'S ICONIC HAND OF GOD SHIRT SELLS AT AUCTION

When England midfielder Steve Hodge swapped shirts with Argentina double-goalscorer Diego Maradona at the end of the World Cup quarter-final at the Estadio Azteca in Mexico in 1986, he was derided by fans, sections of the press and even his own teammates.

The Argentine wizard had just knocked the Three Lions out of the World Cup with a Jekyll and Hyde display of sporting brilliance and brazen opportunism – one of the best goals ever scored at a World Cup, coming minutes after the Hand of God goal that we've all seen replayed hundreds of times.

In swapping shirts, to some, Hodge crossed the line. Wind forward three-and-a-half decades, and Hodge has the last laugh, after that prized number 10 shirt recently sold at auction for more than £7.1million.

Perhaps one of the most iconic items of sporting memorabilia – the value of which soared after Maradona's death in November 2020 – the shirt made almost twice its guide price, and was sold to someone from Abu Dhabi with links to Manchester City.

The Sotheby's auction process had all the usual twists and turns befitting of Maradona's life. In the lead-up to its sale, the infamous star's family insisted that the shirt was a fake, supposing that the striker swapped shirts at half-time during the game on June 22, 1986, and that Hodge was in fact in possession of the shirt worn in the first half.

In addition, a late plea materialised from an Argentinian delegation for the shirt to be returned to South America. The group failed with its own bid as the auction price rocketed, though the request remains to display the shirt in Buenos Aires in October, for what would have been Maradona's 62nd birthday.

The sale price mirrors the previous record for any sports memorabilia – the original autographed manuscript of the Olympic Manifesto from 1892, sold by Sotheby's in December 2019.



Photo credit: Shutterstock, Amer Ghazzal/Shutterstock

OFFICES • MANCAVES • GARDEN ROOMS



LOCAL FAMILY RUN BUSINESS WHO BUILD DREAMS FOR LIFE WITH EXPERIENCE, PRIDE AND INTEGRITY.

SPECIALISING IN LIGHT GAUGE STEEL OR TANALISED TIMBER FRAMEWORK.

ALL WORK GUARANTEED AND FULLY INSURED.

COME AND VIEW ANY PREVIOUS PROJECTS TO WITNESS THE OUTSTANDING QUALITY OF OUR WORKMANSHIP.



See our work on www.sanctuaryfound.co.uk

Seeking Sanctuary...
SANCTUARY FOUND...

NEVER KNOWINGLY BEATEN ON A LIKE FOR LIKE QUOTE

Call Jon on 07508 339 804

or email info@sanctuaryfound.co.uk



Basildon Timber

Celebrating 30 Years

TRADE • PROFESSIONAL • DIY

- LARGE RANGE OF DECKING
- PREPARED TIMBER & MOULDINGS
- EXTENSIVE HARDWARE SHOP
- SHEET MATERIAL CUT TO SIZE



COMPETITIVE PRICES • FRIENDLY STAFF • PROMPT DELIVERY SERVICE AVAILABLE

Honywood House, Honyard Road, Basildon, Essex, SS14 3DT
sales@basildontimber.com • www.basildontimber.com

Opening hours: Monday - Friday 7.30am-5pm • Saturday 8am -1pm

HUTTON SHOP NOW OPEN FOR ALL YOUR PRINTING NEEDS



Personalised Playing Cards



Personalised Bar Accessories



Beer Mats and Bar Runners



Book Printing



Business Stationery



Fantastic Photo Gifts & Wall Art



Signage



Wedding Stationery



A3 / A2 / A1 / A0 Plan Printing

01277 321 288

getitprinted.com

Nextdoor to TOOLSTATION

hello@getitprinted.com

Unit 2 Brentwood Trade Park, 14a Tallon Road, Hutton, Brentwood, Essex, CM13 1TF

HOW TO SET UP A FRESHWATER FISH TANK



PETS



Thinking about adding an aquarium to your home? Bringing beautiful colours and life to your surroundings, as well as a whole host of health benefits, discover how to set up a freshwater fish tank for maximum wow factor.

1. CHOOSE AN AQUARIUM

Think about the amount of space you have, the type of fish you want to get and your budget. Large aquariums are more stable and require less work to maintain, whereas smaller ones need more attention. Wide aquariums are ideal for active fish such as danios, and narrow ones are better suited to less active fish such as angelfish and gouramis.

2. PICK THE RIGHT SPOT

When it comes to where to place your new aquarium, you need a spot where you spend a lot of time so that you can get as much enjoyment from it as possible. Avoid windows that receive direct sunlight and areas near exterior doors which can be too cold.

3. ADD DECORATIONS

Obviously, gravel and water are essential for your freshwater tank, but there are lots of other decorative features that you can add. Some of the most popular additions include live and artificial plants, rockwork, sunken ships, castles and figures. Taller plants and décor items should be placed at the back to hide filter tubes and cords, with smaller items at the front. You can also add background material to hide hoses and add visual depth to your display.

4. USE A TEST KIT

Test kits are recommended for new aquariums as nitrite and ammonia levels can rise and become hazardous. You can buy these online or at most aquatic centres.

BEST FISH FOR BEGINNERS:

Danio | Guppy | Platy | Tetra
Avoid mollies as these fish are prone to disease and hard to keep alive for beginners.



SPECIALIST IN PRE-CAST BUILDINGS

**SINGLE GARAGES ■ DOUBLE GARAGES ■ CONSERVATORIES
GARDEN ROOMS ■ SHEDS/WORKSHOPS & MORE**



- **FAMILY RUN BUSINESS ■ 50 YEARS EXPERIENCE**
- **5 YEARS GUARANTEE ■ DESIGNS TAILORED FOR YOU**
- **HIGH QUALITY, LOW MAINTENANCE CONSTRUCTION**



**R
PAGE
CONCRETE
BUILDINGS LTD**

CONTACT US ON 020 8590 3701

www.rpageconcretebuildings.com

f rpageconcretebuildings

951-953 High Road, Chadwell Heath, Romford, Essex RM6 4HB



**From
£895***
for a fully
fitted electric
garage door.

WAS £1,354 INCLUDING VAT.

Gotta get a Garolla.

WHAT'S INCLUDED WITH EVERY DOOR:

- EXPERT MEASURING & FITTING
- 2 REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- FREE DISPOSAL OF YOUR OLD DOOR
- AVAILABLE IN 21 COLOURS



*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override.

Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space. Our expert local installers will fit your new door and they'll take away the old one too, so there's no mess.

Give us a call today and we'll come and measure up completely **FREE** of charge.

GAROLLA
**ROLLER
SHUTTER
DOORS**



www.garolla.co.uk

CALL US TODAY ON:

020 3151 1540

MOBILE:

07537 149 128

LINES OPEN 7 DAYS A WEEK

Local News Splash!

Local lady, Maria Gray has recently taken the exciting step to launch swim school Puddle Ducks Chelmsford and North East London, providing swimming lessons for babies, toddlers, and pre-school children up to the age of four.

Mum of three, Maria has lived in the local area for most of her life and prior to Puddle Ducks had a successful career as a school teacher.

Maria's love for swimming blossomed at a young age and she represented her borough by age 11!

Maria commented: "I absolutely love swimming and my early experiences led me to want to set up a swim school that was child-led and provided a safe and reassuring environment to learn to swim. When I found Puddle Ducks I fell in love with the ethos, the environment, and the team, I just knew it was a business I wanted to be part of. I was delighted when I got the chance to open my own Puddle Ducks franchise.

"Demand is really high for lessons because children need to catch up for lost time. I'm so excited to get started with lessons in my local area, supporting families and their children in sharing my passion for swimming and learning a skill for life!"

Why Puddle Ducks?

We know all children are different. That's why we tailor our activities to suit your little one's ability and confidence. Babies as young as six months learn water safety and personal survival skills and our school children also learn life-saving skills.

Many can already swim 10m before they even go into reception!

Our lessons are fun and caring, filled with songs and rhymes and our teachers are highly professional & really passionate.

Little ones that love swimming... that's the Puddle Ducks' difference.



As well as running lessons for babies and children up to 4 years old at The Caterham School in Ilford and The Boswells School in Chelmsford, Maria has recently launched lessons at The Spirit Health Club at The Holiday Inn in Brentwood.



**FREE
Taster
Lessons***

*T&Cs Apply

The perfect
introduction!



To find out more about Puddle Ducks Chelmsford and North East London swimming lessons get in touch by:

Calling: 01245 981000,
emailing:
brentwood@puddleducks.com

or visit their website at
www.puddleducks.com/brentwood



KNOW YOUR BITES

Most of the time, insect bites are more irksome than perilous, but that doesn't mean you shouldn't try to identify what has bitten you. It's always better to be safe than sorry.

Bedbugs | Danger rating: 2/5

Bedbugs leave a small bite mark on the skin that can be red and very itchy. They are often found on areas of the body not covered by clothing, such as hands, neck and feet. In rare cases, someone may experience a serious allergic reaction to a bedbug bite.

Bees/Wasps | Danger rating: 3/5

Bee stings result in a red skin bump that has a white circle around it. You are also likely to experience swelling, itching and some pain. With a wasp sting, a raised welt will appear around the site and you may feel itching, burning and a sharp pain. A severe allergic reaction to a bee or wasp sting can be life-threatening.

Fleas | Danger rating: 1/5

Flea bites are instantly recognisable by an itchy welt on the skin which is surrounded by a red halo. These are often found in clusters on the ankles and legs.

Mosquitos | Danger rating: 2/5

Mosquitos leave a raised, itchy, pink skin bump. You may find you have multiple bites in the same area. In rare cases, someone may experience a serious allergic reaction.

Spiders | Danger rating: 4/5

Most spider bites cause minor symptoms, such as red skin, swelling and pain at the site. However, some spiders found in the UK are venomous and their bites can cause nausea, vomiting, dizziness and/or sweating. Spider bites can also become infected or cause a severe reaction in some cases that requires immediate medical care.

Ticks | Danger rating: 3/5

If you are bitten by a tick, you may notice a red bite, a rash, itching and burning. Around two per cent of tick bites cause Lyme disease, which can result in fever, fatigue and rashes.



Orthopaedic services

Nuffield Health Brentwood Hospital

We provide a range of services locally for patients who require orthopaedic surgery. We are passionate about health and the care we provide and are here to reassure and help you, throughout your journey.

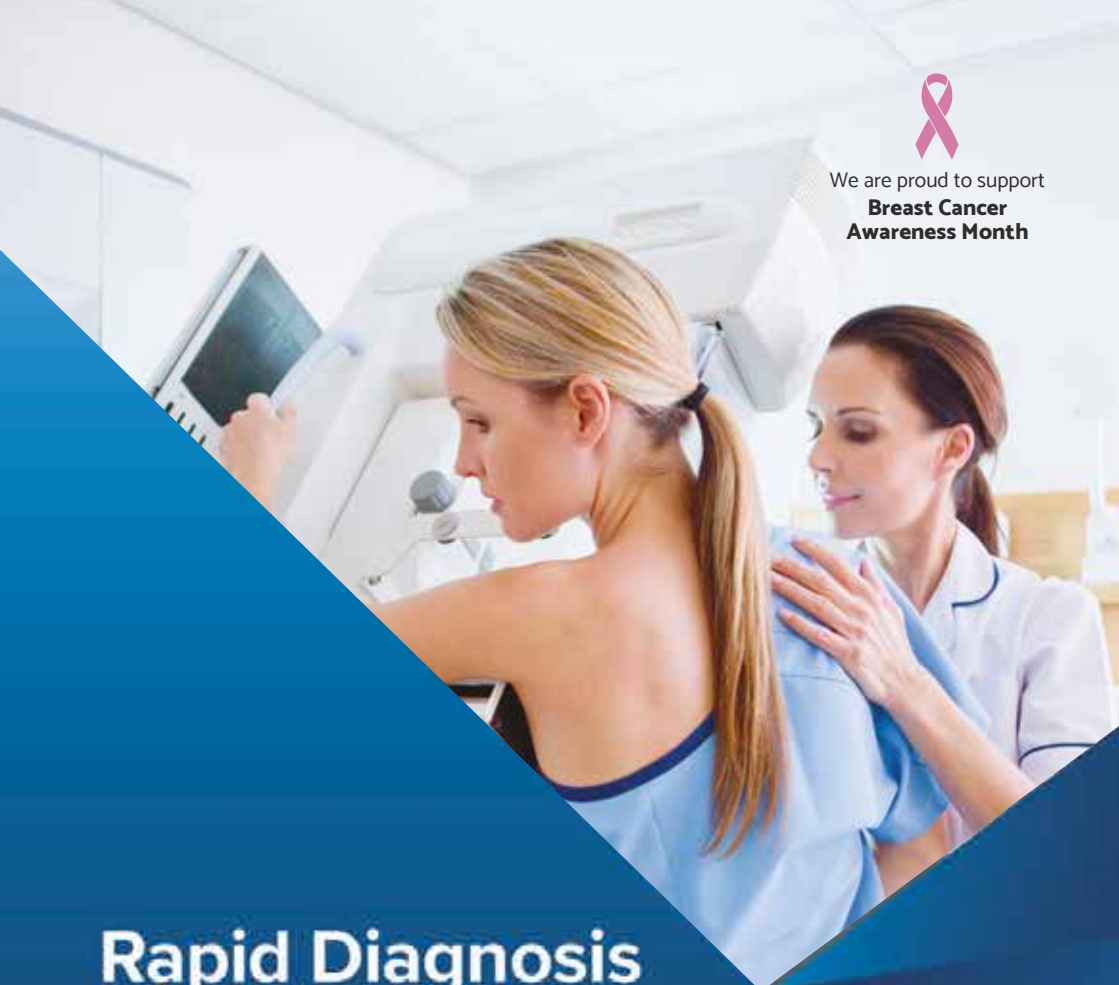
Treatments include:

- ◆ Hip and knee surgery
- ◆ Hand, wrist, elbow or shoulder injury
- ◆ Back and spinal or sport injury
- ◆ Foot and ankle surgery and joint injections.

For more information call **01277 554181** or visit nuffieldhealth.com/hospitals/brentwood



We are proud to support **Breast Cancer Awareness Month**



Rapid Diagnosis Breast Clinic

Springfield Hospital's clinic is available to anyone with breast symptoms. If you are paying for yourself, just call the number below to make an appointment. If you are using your private medical insurance, please call your insurance company to get an authorisation number. Then call our appointments line who will make an appointment for you.

01245 234 000

Lawn Lane , Chelmsford, CM1 7GU

www.springfieldhospital.co.uk

[/SpringfieldHospital](https://www.facebook.com/SpringfieldHospital)



Springfield Hospital

Part of Ramsay Health Care

BEWARE THE *booze!*



Struggling to lose weight? It may not be your choice of food that is holding you back from dropping the pounds but, instead, your favourite tippie that is sabotaging your weight loss efforts.

LONG ISLAND ICED TEA

A summer cocktail that definitely packs a punch, a Long Island Iced Tea contains a whopping 424 calories. With an impressive ingredient list that includes vodka, gin, rum, tequila, triple sec and Coca-Cola, it's no wonder this boozy beverage will see you packing on the pounds.

LOW-CALORIE SWAP: Cosmopolitan = 100 calories

PIÑA COLADA

Creamy and delicious, who doesn't love a Piña Colada or three when relaxing by the pool? Sadly, this summery cocktail contains a hefty 300 calories.

LOW-CALORIE SWAP: Fuzzy Navel = 120 calories

ALCOPOP

Although convenient, most alcopops contain a lot of added sugar, which makes them bad for your waistline. Plus, as they tend to taste sweet rather than strong, you may find yourself knocking back more than you intended, which is bad news seeing as these contain 250 calories per bottle on average.

LOW-CALORIE SWAP: Rum and Diet Coke = 115 calories

SWEET WHITE WINE

Any wine or fizz with the word sweet attached to it is going to contain more sugar, which means more calories. In fact, a medium glass of sweet white wine has around 160 calories.

LOW-CALORIE SWAP: Champagne = 89 calories

CIDER AND BEER

Two of the most popular drinks in the summertime, some ciders contain as much as 210 calories per bottle and beer up to 208 calories per pint. This is the equivalent of a glazed donut or a slice of pizza.

LOW-CALORIE SWAP: Light beer = 144 calories



5 DISTURBING FACTS ABOUT *drowning*

To raise awareness of Drowning Prevention Week, which takes place between June 18 and 25 this year, we have collated five disturbing facts about drowning that you should be aware of.

1. YOU CAN DROWN IN AS LITTLE AS 30ML OF LIQUID

Although most people associate drowning with large bodies of water such as swimming pools and the sea, you can drown in as little as 30ml of liquid. There are reported cases of people, particularly children, drowning in buckets, toilets and even puddles.



2. PEOPLE WHO ARE DROWNING WON'T SHOUT AND WAVE THEIR ARMS

When people are drowning in films, they tend to be shouting for help and waving their arms in the air to attract attention. Sadly, when someone is drowning, this is not physically possible. The body goes into survival mode and prioritises breathing over all other actions.

3. MOST DROWNING DEATHS OCCUR WHEN SOMEONE IS INTOXICATED

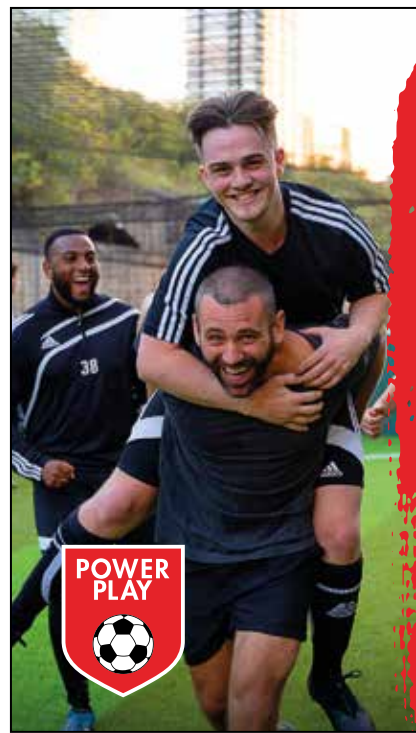
As many as 70 per cent of deaths caused by drowning in adults and adolescents involve the use of alcohol. When you are intoxicated, your judgement, balance and motor skills all become impaired, which puts you at much greater risk of drowning.

4. YOU DROWN DIFFERENTLY IN FRESHWATER AND SEAWATER

While you may think that drowning in the sea would be more common, as many as 90 per cent of drowning cases occur in freshwater. Owing to the composition of freshwater, which is more similar to our own blood than seawater, you can drown in freshwater in as little as two or three minutes. However, drowning in seawater can take up to 10 minutes.

5. DELAYED DROWNING CAN OCCUR AFTER YOU GET OUT OF THE WATER

There are two types of delayed drowning: dry drowning and secondary drowning. Dry drowning occurs when you inhale water through the nose or mouth, causing a spasm in the airway and preventing air from entering the lungs. Secondary drowning results from a swelling of the air sacs in the lungs.



LIMITED SPACES REMAINING

in our Essex football leagues 5's, 6's and 7's

If you want to join visit us at

www.powerplay.co.uk

Or

call Ricci Campbell on

07917677358

First 10 sign ups get their 1st and 5th game for free using code **ESSEX2022**



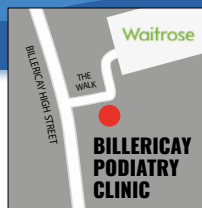
Are you suffering from painful nails?

Ingrowing nails, thickened nails and damaged nails can stop you from doing the things you love but can also affect your day to day lives and limit what you can wear. You do not need to suffer the pain in silence!

We are a Podiatry clinic and we are experts in treating nail issues especially painful ones. In many cases they are very sensitive as toes have a very high concentration of nerve endings. We can make the treatment painless by providing a local anaesthetic. Treatment will therefore be more effective and lasting. You also have the option of resolving the issue with a surgical procedure which will ensure a permanent solution and will leave you pain free.

We will be there from the surgery through to healing to ensure you have the best possible result and are pain free.

CHIROPODY, PODIATRY & FOOTWEAR CENTRE



01277 659200

www.essexfootcare.com

2 The Walk, Billericay, Essex CM12 9YB

BABTAC & CIBTAC Awards Winner 2022



to win this prestigious award. My business is everything to me; I put my heart and my soul into it. And being recognised by the best in the beauty industry means so much to me. Such an amazing feeling not only to be the winner but the whole experience.

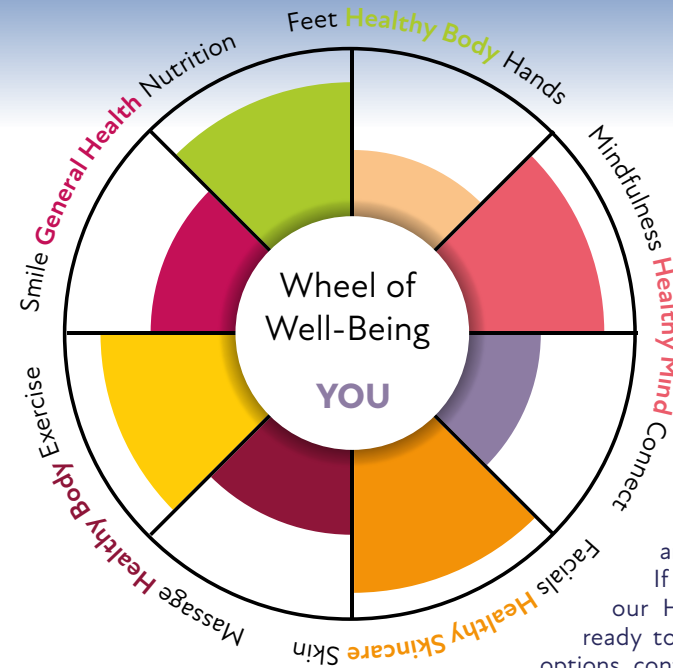
From entering the awards, getting into the semi-final, submitting all supporting material, the trade test with judges, the interview, reaching the final and fantastic award ceremony – and that moment when they announce ...and the

winner is... Such an unforgettable experience and something that I will always treasure.

If you ask me, would I do it again? Yes, absolutely. It's good to challenge yourself, even if it's out of your comfort zone as it was for me.

As a thank you for support and loyalty to my lovely clients, I tailored a new treatment I will be offering in June as a special offer. Signature Hydrojelly™ Facial, which comes with add on Lymphatic Drainage Massage Body Ballancer 1hr - £75 (worth £150).

Hydrojelly Masks™ are crammed with fresh ingredients and held in a hydrating carrageenan base. A Hydrojelly Mask™ is a 'jelly-like' mask that provides the skin with several benefits such as hydration, smoothing, moisturising, exfoliating, toning and inflammation reduction. The masks have



Magnesium, Sodium, Chloride, Phosphorous, Bicarbonate and Sodium Pyrophosphate. These electrolytes help the skin achieve a natural moisture balance that is essential to keep the skin healthy, beautiful and in great working order.

If you have questions about our Hydrojelly Facial™ or you're ready to explore your facial services options, contact me today to schedule an appointment.

an instant cooling and soothing effect that is not only refreshing but helps firm, soothe and revitalise the skin for a natural subtle glow.

I'm collecting donations for the Ukrainian Relief Charity. Please contact me if you would like to help out.

Viktoryia

What is in a HydroJelly Mask™?

Each Hydrojelly Mask™ is infused with electrolytes derived from algae that benefit your skin. The mask works to achieve a natural moisture balance, resulting in healthy, hydrated, and supple-looking skin.

Drinking more water or applying moisturising cosmetic products does not always help with skin dryness. One of the most common culprits of dry skin is an electrolyte imbalance. The skin cannot absorb and retain water without the proper balance of electrolytes.

The key benefit in these Hydrojelly Masks™ is the infusion of electrolytes: Potassium,

USE A DISCOUNT CODE JUNE20 TO GET 20% OFF ON YOUR FIRST VISIT IN JUNE ONLY.

(cannot be redeemed against special offers)

ALSO 3 MONTHS 0% INTEREST FREE PAYMENT PLAN IS AVAILABLE ON SOME TREATMENTS AND COURSES.

P.S. Feel free to access my little booklet with self-care tips and ideas on my website www.viktoryiahealth.co.uk. It includes 30 days of self-care challenge and you will get 50% discount on one of my treatments as well as self-care goodie bag if you complete it. Contact me directly for more information.

🌐 www.viktoryiahealth.co.uk
 📞 07898559966 ✉ info@viktoryiahealth.co.uk
 📷 @viktoryiahealth @viktoryiahealthwellbeing
 📺 @viktoryiahealth





South Essex Golf Club is the perfect location for a memorable occasion



We have created an impressive new boutique venue in a stunning setting with its own grounds, providing a unique backdrop to host your celebration.

The new Garden Room with its spectacular interior will be exclusively yours, including the benefit of a private terrace, which is the ideal place to celebrate weddings, birthdays, engagements, wakes, baby showers, christenings and so much more!

Contact us for more information

01277 811289 ♦ events@southessexgolf.co.uk ♦ www.southessexgolf.co.uk
South Essex Golf Club, Herongate, Brentwood, Essex, CM13 3LW

Swimming Lessons for Babies & Children 0 - 4 Years

Puddle Ducks

The Perfect Introduction to Swimming

Join us at puddleducks.com
T: 01245 981000
e: brentwood@puddleducks.com

Holiday Inn Brentwood

A star in the making



THE BEST WAY TO START OFF – AND STICK TO – A REWARDS CHART WITH YOUR KIDS

Most parents have tried to use rewards charts – you know, that large piece of card or app-based drive towards making your children nicer to be around... and your home a tidier place.

The reason many charts fail is because, while the concept is great, the complications, complexities and conversations surrounding what tasks have or haven't been done, and to what standard, make managing charts more of a chore than the jobs listed on them.

While rewards charts are available in plentiful supply from shops and online, it's sometimes more fun to make one up yourself – you can then tailor it to your own family, working in hobbies, treats and experiences unique to you.

Six ways to ensure you can make a rewards chart stick!

- KEEP TASKS SIMPLE**
Ensuring jobs are straightforward and achievable will mean kids maintain focus when they need to.
- UPDATE AFTER EVERY TASK**
If possible, apply stars every time your little ones complete a challenge. This direct and very visual reward mechanism will keep them striving for more.
- KEEP REWARDS REGULAR AND TANGIBLE**
Using quick-fire rewards – rather than offering to contribute small additions to a bigger project – means kids will remain engaged and interested.
- RESTART EVERY WEEK**
Make every week a clean slate, where both completed and unfulfilled tasks are wiped away, meaning a new set of challenges – and rewards – awaits.
- ENCOURAGE TEAMWORK**
If you have more than one child, pool tasks so that they become responsible for and beneficiaries of each other's successes.
- MOVE ON EVENTUALLY**
While the rewards chart is a great way to motivate kids, it may lose its appeal over time, so progress the ideas behind it to tasks that offer greater responsibility and bigger rewards for your youngsters.



BEAUTY



5 NATURAL ALTERNATIVES TO deodorant

If you are looking for a more natural way to banish body odour, then we can help you. Check out these five deodorant alternatives that are completely chemical-free and promise to keep you feeling and smelling fresh for longer.

Witch hazel
Not just great at soothing sunburn and stopping spots, witch hazel is also a natural astringent and an anti-inflammatory, meaning it can soak up excess moisture and kill unwanted bacteria. Plus, it gets rid of odour fast.
Simply place a dab of witch hazel onto a cotton cloth and rub it on your underarm area. Reapply as and when needed.

Baking soda
Baking soda makes a great natural personal hygiene product and can be highly effective in banishing underarm smells. Mix 1/8 tsp with a little water and rub under your arms. Or to combat perspiration, mix one part baking soda with six parts cornflour and dust the affected area. Avoid if you have sensitive skin.

Lemon juice
Lemon juice contains citric acid, which has the ability to naturally get rid of odour-causing bacteria. All you need to do is squeeze 1 tsp of lemon juice onto a cotton ball and apply to your underarms. Do not do this directly after shaving.

Apple cider vinegar
This clever ingredient is antibacterial and is able to both absorb and neutralise unpleasant odours. Simply mix 1 tbsp with 1 tsp of water and apply under your arms using a clean cloth.

Coconut oil
Coconut oil is antiviral and antibacterial, so is the perfect ingredient for eliminating odours caused by bacteria. Take 1/4 tsp of coconut oil and rub it directly under your arms using a cotton cloth. Allow to dry completely before dressing as it can stain clothes.



Sanders SENIOR LIVING

EVE BELLE CARE HOME

SHOW SUITE NOW OPEN

EVE BELLE IS THE LATEST CARE HOME IN THE HIGHLY-REGARDED SANDERS SENIOR LIVING COLLECTION, DESIGNED TO BE A STUNNING, STATE-OF-THE-ART COMMUNITY.

OPENING SUMMER 2022.



Register Your Interest Today
www.EveBelle.Care
Eve Belle, Nevendon Road, Wickford, SS12 0QH

AIRPORT TRANSFERS

AIRPORTS 2000

24/7 any destination in UK. European holiday destinations. Cruise terminals. Any leisure or business travel. 01268 462000 | 07943 472998 | airports2000booking@gmail.com

BATHROOMS & KITCHENS

GEORGE BARNETT KITCHENS

Kitchens, Bedrooms, AV, Home Office. 01277 217972 | sales@georgebarnettkitchens.co.uk | www.georgebarnettkitchens.co.uk | showroom 68 Woodland Ave, Brentwood, CM13 1HH

BODYWASH BATHROOMS

Expert advice, long lasting quality. Amazing offers in store. Showroom A12 Eastern Avenue, Romford, Essex | 01708 736700 | sales@bodywash.uk | www.bodywash.uk

BLINDS

WORTH & CO BLINDS

Essex's leading blind, awning, & interior shutter specialists for over 100 years. Call us on 01277 809045

BUILDING SERVICES

TIMMINS PROPERTY SERVICES

From the smallest job to the largest high profile project, FREE estimates with no obligation. Emergency 24hr service. Call us on 01277 810005 or email t-p-s-l@btconnect.com

MASTERBUILD & MAINTENANCE LTD

Specialist in new builds, extensions, loft conversions, refurbishments & landscaping. Contact us for a quote or advice 07894 744122

CARPET & UPHOLSTERY CLEANER

CP CARPET CLEANING

Carpet & Upholstery Cleaning specialist. 20+ yrs exp, competitive prices. Includes sanitising and deodorising treatment. Call Carl on 07951 235195

CLEANER

BRIGHT & BEAUTIFUL

Domestic/commercial cleaners, DBS checked, fully insured. Regular cleans, one offs, end of tenancy, care homes, offices. Pure, eco-friendly, non-toxic products used. 01277 287503

MOLLY MAID

Our professionally trained team will make your home sparkle. We tailor our cleans to your individual needs, schedule and budget. 01277 424985 | emma.brooks@mollymaid.co.uk

COMPUTER REPAIRS

DH COMPUTING

Friendly help direct to your door, all your computer needs, low rates (no VAT), no call out charge, homes/small businesses covered. 01277 523127 | help@dhcomputing.co.uk

CONSERVATORIES

ROOTHWAY BUILDERS LTD

Is your conservatory too hot in summer and too cold in winter? If Yes, we have a solution. Contact a Local Family Business 01702 200062 | 07770 793389 | 07900 398201

DOG GROOMING

SMITHS

Experienced Dog Groomers. Call us on 07835 756007. Based at Hunters Chase Garden Centre, Brentwood, CM13 1SN

EXTERIOR CLEANING

CASTLE EXTERIOR CLEANING

Low pressure non-abrasive steam cleaning, restore your driveway, patio, brickwork, roof, render, UPVC or decking, local pure water window cleaner. Call Adam 07921 514415

FINANCIAL SERVICES

HCR

Independent Financial Advisers. Can help with advice on: Savings and Investments | Inheritance Tax Planning | Pensions | Protection. Call us on 01277 654153

FLOORING

CARPETS DIRECT

Carpets, vinyls, laminates, wood flooring. Free fitting, free home visits, 80% wool twist pile specialists. Call us on 01277 554163

GARDEN BUILDINGS

R PAGE CONCRETE BUILDINGS LTD

Specialists in pre-cast buildings, single/double Garages, conservatories, garden rooms, sheds/workshops & more. Family business, 50yrs exp. 5yrs Guarantee. 0208 590 3701

GARDEN SERVICES

GREEN THUMB

Lawn Treatment service, if you have been thinking about enjoying a great lawn this year - Simply call 01277 352236 or visit www.greenthumb.co.uk

GATES & RAILINGS

STEEL BOUTIQUE ESSEX

Made to measure gates, railings, handrails & more, designing, manufacturing & installing high quality, hand crafted, metal-work. 07967 208875 | info@steelboutiquessex.com

HANDYMAN

B DIRECT HANDYMAN SERVICES

For all your projects, repairs and improvements. Call our friendly helpful team or visit our website for a full list of services. Tel 01277 583939 | www.bdirect.co.uk

MOWBREY PROPERTY SERVICES (MPS)

Fully Insured, 25+ yrs experience, General Maintenance, locksmith, door hanging, interior painting, carpentry, mastic sealant/waterproofing, gardening. Call 07832 253154

HANDYMAN

Semi-Retired Handyman. Plastering, Painting and general household maintenance. Call Paul on 07936 026110

JOIN THE LISTINGS... for just **£15** +VAT per month

HEALTH & WELLBEING

CHIROPODY, PODIATRY & FOOTCARE CENTRE

2 The Walk, Billericay, CM12 9YB. Foot health clinic, diabetic foot, nail problems/reconstruction, sports injuries, fungal nail treatment, digital foot scanning. 01277 659200

NUFFIELD HEALTH BRENTWOOD HOSPITAL

Come and join us at our free hospital events please check our page in the Health section of this edition for more information. Spaces are limited call us on 01277 554181

REGROW HAIR CENTRE

Treatment for hair loss, using latest technology/techniques. 0800 246 1606 | info@regrowthaircentre.com | www.regrowthaircentre.com | 27 Hutton Road, Brentwood, CM15 8JU

HOME HELP SERVICE

ANY LITTLE THING

Trustworthy, reliable support to the elderly & vulnerable. Companionship, Household Chores, Pet Services, Meal Preparation, Basic Gardening and Ironing. 01268 928878

LANDSCAPING

DANIEL LANDSCAPES LTD

All of your Landscaping & Tree Care Needs. Call us on 01621 892659 | 07495 766372. info@daniel-landscapesltd.co.uk | www.daniel-landscapesltd.co.uk

MOBILE PHONE REPAIRS

BILLERICAY PHONE & GADGETS

Buy, Sell, Trade - Repairs, Unlocking, Windows Installation. No Fix, No Fee. Same Day Repair Service. 01277 636363 | 10 The Walk, side of Olive Branch (not in high st.), CM12 9YB

MOSS REMOVAL

ESSEX NATIONAL MOSS REMOVAL LTD

Moss removal specialists, Fully Qualified, Fully Insured, No Job Too Big or Too Small, Competitive Prices. 07445 855501 | 07588 669131

PAINTING & DECORATING

TJM PAINTING & DECORATING

Home Maintenance & Repairs, Interior & Exterior Decorating, Wallpaper Hanging, Plastering, Carpentry Work, Plumbing, Electrical & Much More. Call 07824 664591 | 07908 170777

DAVID LEPINE PAINTING & DECORATING

Painter, Decorator, Repairs & More. Over 15 years experience, high quality work, fully insured, a clean reliable service with competitive prices & NO VAT. Call 07960 741973

RICHARD WARD

Domestic & Commercial, Interior & Exterior, Fully insured, 35 years experience. Tel: 01277 821454 | Mob: 07961 943840 | Email richard@warddecorators.co.uk

PLASTERING

KH PLASTERING

Professional quality workmanship. No job too small. Over 25 years experience. Plastering - Coving & Cornice - Restoration - Dry Lining. 01277 627277 | 07939 229215

PLUMBING & HEATING

HAMMOND & SONS

Family run for 20+ yrs. Boilers serviced/repaired, condensing boiler, warm-air units, all work undertaken inc leaks, upgrades, installs, no call out charges, OAPS discounts. 01277 261888

RLS PLUMBING & HEATING

Full Bathroom refurbishment, Wet Rooms, Disabled bathrooms/shower rooms, Wall Cladding, Over 15yrs exp. T: 01375 675557 | M: 07931 787563

JOIN THE LISTINGS...

for just **£180** +VAT per year

CONTACT US TO BOOK... BILLERICAY@VISIONMAG.CO.UK

THE VISION LISTINGS

ROOFING

JIM BARR ROOFING

Exterior Cleaning & Maintenance. Gutters, Paving & UPVC. Cleaned, Repaired & Renewed. 01708 874816 | 07833 572459

A & J ROOF & PROPERTY SERVICES

All types of new roofs, repairs, cleaning & coatings. Chimney Stacks Repointed, lowered or removed. UPVC Facias, soffits, gutters, cladding. FREE quotation & advice 0800 292 7510

SCAFFOLDING

BROTHERS UK SCAFFOLDING

The highest quality scaffolding at competitive prices. HS&E tested, Fully insured, All scaffolders are CISRS trained. Call us on 01268 987870

SPRAYING & POWDER COATING

WS SPRAY FINISHINGS

All aspects of wet spraying & powder coating for domestic & industrial markets. 01268 812414 | 07434 704673

TV AERIAL & SATELLITE SERVICES

ANDYS AERIALS

Trading standards approved. Aerial/satellite repairs, TV points, TV wall mounting. 07916 305977 | andy@andysaerials.com

WINDOWS & DOORS

WINDOW MAN

Family run over 25 years. Windows, doors, installation, repairs. Call us today on 01277 554075

ATLAS HOME SOLUTIONS

Windows, Doors, Bifolds, Glazing Repairs. A local company buying from local manufacturers. 01268 578118 | sales@atlashomesolutions.co.uk

**EMAIL TODAY TO BOOK
BILLERICAY@VISIONMAG.CO.UK**

WANT TO APPEAR IN NEXT MONTH'S VISION LISTINGS?

SIMPLY FILL OUT THE FORM BELOW AND RETURN IT TO BOOK YOUR SPACE:

Company name:

Description (180 characters max including spaces):.....

.....

Telephone:..... Email:.....

Payment option: Card    Direct Debit

Please return to:

Lifestyle Magazine Group Ltd, 55 Crown Street, Brentwood, Essex, CM14 4BD or email billericay@visionmag.co.uk

*£180 +VAT for a 12 months plus agreement. Payments can be made monthly or upfront

DISCLAIMER: VISION does not represent or endorse the accuracy or reliability of any of the advertisements, nor the quality of any products, information or other materials displayed, purchased or obtained by any customer as a result of an advertisement or any other information or offer in connection with the service or products. The opinions expressed in articles, reviews and stories are strictly those of the individual authors and do not necessarily reflect the views of **VISION**.

ACROSS: 1. ROOK, 3. WORKED UP, 9. LEISURE, 10. LUNGE, 11. TERSE, 12. EVIL EYE, 13. OWNING, 15. CORNET,
17. SWEETER, 18. CARGO, 20. INFER, 21. ZEPHYRS, 22. SELFLESS, 23. RELY
DOWN: 1. RELATIONSHIPS, 2. OSIER, 4. OBEYED, 5. KALEIDOSCOPE, 6. DUNGEON, 7. PRETENTIOUSLY,
8. SUPERNATURAL, 14. NEEDFUL, 16. GRAZES, 19. RHYME

**Essex's Leading Blind,
Awning & Interior
Shutter Specialists
for over 100 Years**

**Worth & Co
Blinds**
Established Since 1889

Call us today on 01277 809045 or 01702 467581



- Factory Showroom with Free Parking
- Large Luxaflex Inspiration Display
- Patio Awning Showroom
- All types of Interior Window Blinds
- Custom-Made Window Shutters
- Motorised Internal Blinds
- Roller Garage Doors
- Home & Commercial



As a local company we offer a wide choice of Blinds, Shutters, Patio Awnings & Roller Garage Doors & with competitive prices all year plus **FREE NO OBLIGATION QUOTATIONS**

www.worthblinds.com sales@worthblinds.com

Unit 13 Parkside Centre, Potters Way, Temple Farm Industrial Est, Southend SS2 5SJ



FACE FUTURE

ADVANCED SKINCARE

High Intensity Focused Ultrasound

The Revolutionary non surgical facelift

Lifts ✓ Tightens ✓ Smooths ✓ Firms ✓ No Incisions ✓ No Downtime ✓

Before

After



2 weeks after just one treatment



Immediately after treatment



Special Offer



Scan for more information

Hutton Mount, Brentwood
www.facefuture.uk
info@facefuture.uk +44 (0) 738 9728 966

15% off with added complimentary
carboxytherapy facial
quote code June22