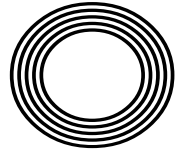


Could COVID-19 science help cure other illnesses?

50 YEARS OF ONE DAY INTERNATIONAL CRICKET

BOTTOMS UP! Celebrating National Beer Day

J.K. Rowling
The author's success with Harry Potter



FREE

Photo credit: Brian J Ritchie/Hotsauce/Shutterstock

ROMAN KEMP

Opening up conversation about men's mental health



Bespoke Surfaces

Resin | Paving | Stone



WE SPECIALISE IN ALL TYPES OF OUTSIDE SURFACES

OUR TEAM OF SKILLED PROFESSIONALS CARRY
OUT ALL ASPECTS OF LANDSCAPING SERVICES



CALL OR EMAIL US TODAY

01702 541 514

FREE ESTIMATES
PROFESSIONAL SERVICE

- DRIVEWAYS AND PATIO AREAS
- FOOTPATHS BLOCK PAVING
- NATURAL STONE
- RESIN BOUND STONE
- MAINTENANCE AND CLEANING
- CHILDRENS PLAY AREAS



INFO@BESPOKE-SURFACES.COM

WWW.BESPOKE-SURFACES.COM

Editor's notes...

JUNE 2021



Nik Allen, Editor

Hello and welcome to this month's edition of **VISION**RayleighWickFord.

It's a beautiful day. Shops, pubs, restaurants, soft-play areas and endless others in the hospitality sector are open; we can mix, gather, hug and interact with more freedom than we've had in a long time.

We hope and pray we are in the final throes of the COVID-19 pandemic, yearning for a return to normality and a life that, by our own admission, a lot of us took for granted.

So what have we learned during the past year and a quarter? For me, I'm in awe of how we have all become such versatile creatures, adaptable to new conditions - from how we work to how we socialise.

At the heart of it for me is resilience, and that is no better exemplified than by our local businesses. From the clever ways they interact with customers, new products and services, delivery initiatives and a stubbornness to make it through the mire, they deserve the good times that we hope are coming their way. So, as readers, I implore you to channel this admiration by getting behind those shops, trades and services in our square mile. Please support hyperlocal and, in doing so, tighten even further the grip our community has gained. It may yet be a year we cherish.

Nik Allen

This is your town's hyperlocal magazine, delivering to homes and businesses every month.

HOME & DIY | GARDENING | PETS | HEALTH & FITNESS | BEAUTY | FASHION | HISTORY | LOCAL NEWS | FOOD & DRINK | TRAVEL | BUSINESS & PROPERTY | SPORT | PUZZLES | MOTORING | KIDS | WHAT'S ON | TECHNOLOGY | THE LISTINGS

CONTACT US: www.visionmagessex.com | rayleigh@visionmag.co.uk | 01268 955027

[@visionmagessex](https://twitter.com/visionmagessex) | [@visionmagessex](https://www.instagram.com/visionmagessex) | [Vision Magazine Essex](https://www.facebook.com/VisionMagazineEssex)

CONTRIBUTORS | Tabatha Fabray, Geraint Roberts

At the time of print all content in **VISION** was relevant and up to date according to COVID-19 government guidelines Inside pages recyclable

BOOK THIS SPACE

CALL 01268 955027 TO GET YOUR BUSINESS SEEN BY MORE THAN 15,000 READERS MONTHLY

Very Nice

Blinds & Shutters

Your Local Blind and Shutter Specialist

We measure - We make - We fit
So you don't have to!

A selection of products we have to offer

"Perfect company to use in every way"
E.Stone, Hullbridge

"What a service. Many thanks"
T.Owen, Rayleigh



Shutters



Roller Blinds



Vertical Blinds



Perfect Fit Blinds



Motorised Blinds



Blackout Blinds



Wooden Venetian



Vision Blinds

- Daytime, evening and weekend appointments
- Free no obligation quote
- Every blind and shutter made to measure
- Free measuring and fitting
- All blinds and shutters fully guaranteed

"Top class work"
Mr & Mrs Paner,
Rayleigh

"Excellent service, very patient whilst we got our decision. Shutters are lovely. Fantastic!" - S.Goate, Rayleigh

FREE Easy Parking

Showroom Opening Times
Monday to Friday 9.30 - 5.00
Saturday: 9.30 - 4.00
Sunday: Closed

Arrange your **FREE** home visit today!

01702 233601

www.veryniceblinds.com

SHOWROOM / FACTORY ADDRESS

Very Nice Blinds and Shutters, Fairways Garden Centre, Hullbridge Road, Rayleigh, Essex. SS6 9QS

Under your spell

A decade since the final Harry Potter film was released, we look back on the success of a fantasy character who has shaped a generation.

Thinking purely in fantasy fiction terms, it's difficult to comprehend what the literary landscape was like pre-1997. Okay, so such a statement will attract clamouring voices extolling the virtues of the likes of Terry Pratchett, Douglas Adams and Robert Rankin, but few will dispute the impact J.K. Rowling OBE's first novel had on the book world, the film industry and the sensibilities of a whole generation of children – and adults – who could once again revel in the fantastical delights of wizardry.

For that reason, the date of June 26, 1997, should be referenced on the scribble books of every aspiring author. It was then that a tired, forlorn and wholly unappreciated author finally saw her prized character, Harry Potter, come to life.

No sooner had *Harry Potter and the Philosopher's Stone* hit the shelves than a revolution in fantasy storytelling gathered pace. And this wasn't a movement catapulted into the ether by mass promotion, social media or overhyped YouTubers – the internet was still in its infancy. Instead, this was a word-of-mouth, page-turning trend that lured a nation – and beyond – to platform 9¾, to Hogwarts, and on into a realm of magnificent mystery.

Rowling, who was 31 at the time and a single parent, had battled tirelessly over the preceding decade to be taken seriously. Her image of a young wizard and his fresh-faced cohorts finding their way at a school of witchcraft and wizardry that creaked and crackled with intrigue had been rejected by 12 major publishers.

That her persistence was rewarded by stratospheric acclaim is undoubtedly a victory for belief more than anything else, a quality Harry Potter himself has had to master on numerous occasions across seven book instalments and eight films, as our loveable hero has leapt out from inked pages to become the most successful film franchise star on the planet.

At the last count, the Harry Potter books had sold 500 million copies worldwide; while the proceeds from the immaculately styled film series top £7.7 billion.

As well as creating and shaping the careers of stars Daniel Radcliffe, Rupert Grint and Emma Watson, the books – concluding with *Harry Potter and the Deathly Hallows* in 2007 – have also stimulated a breathless array of other fantasy stories, constantly refreshing our appetite to escape into other worlds.

As for Rowling, the seat she previously occupied in the window of The Elephant House coffee shop in Edinburgh remains, and is perhaps the simplest tie she has back to uncomplicated days. In recent times she has discovered that not even the greatest fantasy author of a generation is immune to the melting pot of social media, after her comments on gender courted approval and upset in equal measure.

Whether someone who has acquired a fortune in the region of £500 million really cares is for J.K. Rowling to know and for us to speculate, though only the most critical Harry Potter commentator would suggest, on balance, her output has been anything short of spectacular.

To an author, a wizard and a wonderful fantasy world, we continue to fall under your spell.

“That her persistence was rewarded by stratospheric acclaim is undoubtedly a victory for belief more than anything else.”



Photo credit: NEIL HALL/EPA-EFE/Shutterstock

CELL *mate*

HOW THE SPECTRE OF COVID-19 COULD, EVENTUALLY, START TO SAVE LIVES

While in the short-term at least it feels as though the coronavirus pandemic has restricted and impacted the lives we for so long took for granted, scientists believe the messenger ribonucleic acid (mRNA) technology used to create the COVID-19 vaccine may have truly ground-breaking effects on our ability to fend off fatal diseases in the future.

At the heart of this theory is the way mRNA vaccines are being regarded as a breakthrough in modern medicine. This is because the mRNA works in a different way from traditional vaccines – namely that instead of implanting a tiny piece of the virus for our bodies to counter, it simply supplies information about what the virus looks like.

The body is told what the spike protein resembles, and it is this spike that provides the route for

COVID-19 to infect our cells.

The mRNA vaccine subsequently gives our body the information which teaches our cells how to make the protein that triggers an immune response inside our bodies. Extending the usefulness of this means personalised vaccines can, in theory, be developed so our immune systems can attack and kill off an illness that is specifically ours. So that could mean the potential to be able to cure everything from cancer to HIV to autoimmune diseases.

Scientists have been cautious not to overstate the theory, particularly because cancer, for instance, constantly mutates, and no two cancers are the same.

What is clear, however, is that this could be a major game-changer for the preservation of life... and we would have COVID-19 to thank for it.



Authentic East End Tarpot's Pie & Mash

www.tarpotspieandmash.co.uk

**GREAT NEWS! CHILLED & HOT
DELIVERIES NOW AVAILABLE**

Simple Heating Instructions Provided for Chilled Deliveries

For a limited time only 10% OFF CHILLED ORDERS

To get the 10% discount use the code **NEW-WEBSITE 10**

Pie & Mash Single £5.50 | Double £7.45

Additional items Pie £2.75 | Mash £1.50 | Liquor £1.50

Choice of liquor or gravy | Vegetarian Pies Available

Three Sausages, Mash & Onions £6.50

Cold Drinks £1.10 each

Delivery or Collection Available

Minimum order for Delivery £12.95 | Delivery costs £2.00

**Opening Times Monday Closed | Tuesday-Thursday 8.30-2.30pm
Friday 8.30-6.30pm | Saturday 8.30-7.15pm | Sunday 9.15-2.15pm**

To order please call 07307 854441

22a Shafers Centre, 677 High Rd, Tarpots, Benfleet SS7 5SF

Complying with the Government COVID Guidelines





Blinds

HOW TO CLEAN

LAST MONTH WE SHOWED YOU HOW TO CLEAN YOUR CURTAINS. THIS TIME WE TURN OUR ATTENTION TO YOUR BLINDS.

Whatever style blinds you have, and in whichever material, discover how to banish dirt and dust without breaking a sweat.

FABRIC BLINDS

Start by dusting your fabric blinds from top to bottom. You can use a vacuum cleaner to save time. Next, spot clean your blinds using a mild detergent solution. If your fabric blinds are really grubby, you may prefer to take them down and soak in the bath with three tablespoons of washing-up liquid. Leave to soak for half an hour to an hour and then clean with a soft brush.

Suitable for vertical, roman, roller, panel and pleated-style blinds.

WOODEN BLINDS

Real wood blinds do not like moisture so you should focus on maintaining a consistent dusting routine above all else. If your wooden blinds do

require more than just a dust, use a very slightly moist cloth to remove any dirt or grime. Be sure not to rub the slats too aggressively as this can ruin the wood stain.

This method is suitable for both vertical and horizontal slats.

FAUX WOOD BLINDS

The good news is that faux wood blinds are made from plastic and are therefore not susceptible to water damage. This means that once you have dusted your blinds, you can wash them thoroughly with a bowl of warm, soapy water and a cloth. Blot dry with a soft cloth or kitchen roll.

METAL BLINDS

The easiest way to clean metal blinds is by taking them down and placing them in a bathtub filled with warm water, a few squirts of washing-up liquid and a cup of baking soda. Leave to soak for about an hour and then rinse with warm water.

Dickinson Moore Ltd

Unit M, Kings Haven, Kings Road, Charfleet Ind Est, Canvey SS8 0QW

Tel 01268 680762

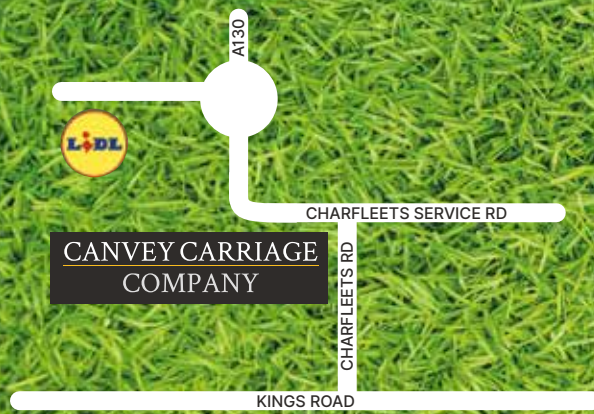
Email: Canvey@dickinson-moore.com

www.artificial-grass.shop



ARTIFICIAL GRASS

MASSIVE SALE • MASSIVE STOCK



OPENING HOURS

Monday- Friday 8am - 4pm
Saturday 8am - 1pm

**Dickinson
Moore Ltd**

HAMMOND & SONS

GAS ♦ PLUMBING ♦ HEATING

- ♦ All boilers serviced & repaired
- ♦ Condensing boilers & warm-air units
- ♦ All work undertaken including leaks, upgrades & installations
- ♦ No call-out charge
- ♦ OAP discounts available
- ♦ Full public liability insurance
- ♦ Fully qualified engineers



**A PROFESSIONAL FAMILY-RUN BUSINESS
HONEST & RELIABLE
OVER 20 YEARS' EXPERIENCE**

From a tap washer to a full heating system, call

01268 286 805

email: hammondandsons@hotmail.co.uk
www.hammondandsons.co.uk

Essex Stairlifts Ltd

Your local stairlift specialist

- Straight Stairlifts
- Curved Stairlifts
- Rental Stairlifts
- New & Used
- Servicing & Repairs
- Home Lifts



For friendly, personal service telephone:

01268 550173

01708 369062

01206 231568



Email: sales@essexstairlifts.co.uk

www.essexstairlifts.co.uk



A BESPOKE HOME INTERIOR DESIGN SERVICE

Re-upholstery service / Curtains, blinds, and shutters / Sofas and chairs

MICHELLE ELLIOTT-BRITTO
INTERIORS

E studio@mebinteriors.co.uk

T 07881 813 111

W meinteriors.co.uk



HOME & DIY



How To Create a SMART KITCHEN

Embrace innovation with the latest smart kitchen devices that will revolutionise this pivotal room in your home. Enjoy enhanced convenience, save money and have fun, all at the touch of a button or using just your voice.



INVEST IN A SMART FRIDGE: How often have you gone to the supermarket unsure about what exactly you need? Eliminate this problem with a smart fridge that boasts built-in cameras that allow you to see its contents wherever you are.

Other features include: Adjustable storage spaces that can be used as a fridge or freezer | Sensors to open and close the door hands-free | Artificial intelligence that detects maintenance issues

INSTALL SMART LIGHTING: The beauty of smart lighting is that it allows you to add the wow factor to your kitchen without blowing your budget. From smart dimmers that can be controlled from your phone or your smart speaker, to smart bulbs that plug into your existing light fittings and boast an adjustable colour temperature.

Other features include: Control individual bulbs, groups or your whole home's lighting | Set light themes to create different atmospheres | Motion-sensing lights



COOK WITH A SMART OVEN: Whether you love to cook or see it as more of a chore, a smart oven will revolutionise the way you feed your family, providing you with the means to control your cooking from your smartphone or tablet, whether you are in your home or not.

Other great features can include: Voice control | Automatic setting selection | In-oven camera

ADD A SMART TAP: No kitchen is complete without a sink, and for times when your hands are either full or dirty but you need water, a smart tap offers the perfect solution. Choose from a touchless faucet that works by waving your hands in front of the sensor or a voice-enabled tap that can be customised with your preferred commands.



JOHN HUNTER HEATING

FULL BATHROOM INSTALLATIONS

Complete bathroom suites including tiling. Bathroom to shower room conversions.

PLUMBING HEATING & GAS ENGINEERS

All central heating carried out including boilers serviced, repaired and replaced.

CALL NOW ON

01702 528 487
07850 010 990



DISCOUNTS FOR SENIOR CITIZENS AND LOCAL RESIDENTS



info@johnhunterheating.com
www.johnhunterheating.com

Luke Arthur Wells

INTERIOR INSPIRATIONS



HOME & DIY



Photo credit: lukearthurwells.com

Who is interior designer Luke Arthur Wells? Find out more about the interiors expert who's taken social media by storm – your new interiors inspiration.

Luke Arthur Wells has emerged as one of the most influential designers of 2021, following a year when various lockdowns and being asked to 'stay at home' have really shone the spotlight on interior design. But who exactly is Luke Arthur Wells? Based in the South West of England, Luke is an interior designer, stylist and writer, helping to style homes all over the world. He's a former *Great Interior Design Challenge* contestant, with a classic, timeless taste that's accessible and incredibly stylish. With more than 70,000 followers on Instagram and a successful blog, Luke has amassed a dedicated following. He recently moved into a Victorian terrace in need of freshening up, and interiors enthusiasts have been following his incredible transformations over the past year. From the art of styling a room to creative DIY tutorials such as simple, custom radiator covers, Luke provides plenty of inspiration to those who seek it.

To bring Luke's classic style into your own home, here are some tips:

- Incorporate neutral tones against beautiful textures and striking accessories.
- Light tones don't need to be boring. Use them to flood light into the room, and bring in contrasting accent colours like black and charcoal to make your home's features pop.
- Mix high-street items alongside upcycled pieces and the perfect finishing touches to create a look that's accessible, timeless and beautiful.
- Love accessories. From prints and floral displays to statement vases and plant pots, accessories add colour and character to your home.

Want to recreate Luke's incredible home styling? Covering everything from creating mood boards to on-trend DIY panelling, check out Luke's projects at www.lukearthurwells.com/blog for inspiration.



SUPER SOLAR

Are solar panels really the future for all homes?

There was a time when it seemed everyone was investing in solar technology. The premise was simple – instal solar panels on your roof, often with the aid of a decent government subsidy, and within a few years you'd have saved on

electricity costs to the extent that your investment would be paid off.

Thereafter, any energy pulled into the panels would be sold to the national grid and you'd be quids in.

Homeowners rushed in their hundreds of thousands to attach the cumbersome, shiny panels to their rooftops or across garden spaces, with many finding the initiative was true to its word, but has it worked out that way?

THE GOOD:

- ✓ Solar panels genuinely do make money, reducing bills by anything from £60 to £250 per year
- ✓ As well as generating free electricity, they potentially raise the resale price of a house
- ✓ No planning permission required
- ✓ Low maintenance and rarely go wrong

- ✓ Easy-to-read devices that let you know how much electricity is being generated
- ✓ The Smart Export Guarantee (SEG) features a number of different tariffs, so homeowners can shop around in order to get the best price for their electricity

THE BAD:

- ✗ Unless you have a south-facing roof, you may find the rate at which you earn back your investment is highly impacted
- ✗ Similarly, better weather conditions in the south meant our northern cousins were less incentivised to take part
- ✗ Back to house sales, and some potential buyers have been known to be put off by the sight of solar panels on rooftops
- ✗ Some people have discovered it will take more than two decades for them to make their money back – those at home all day (and with higher electricity costs) will benefit more

As with most things, it's a case of doing your maths to see if the idea of solar panels shines brightly for you.



QUALITY KITCHEN MAKEOVERS

by simply replacing the doors and worktops



DREAM DOORS®
NEW LIFE FOR OLD KITCHENS

THE UK'S #1 KITCHEN MAKEOVER EXPERTS.

- From simple door replacements to complete fitted kitchens
- Fully installed by local professionals in just a few days
- Choose from a large selection of doors, worktops and appliances
- 96 showrooms nationwide

www.dreamdoors.co.uk

1741 London Road,
Leigh-On-Sea,
Essex, SS9 2SW

Call us now for a free estimate:

07894 714810

Checkatrade.com
Where reputation matters

AVERAGE SCORE **9.7/10**
22,000 REVIEWS NATIONWIDE



Soften UP YOUR HOME

SIX ALTERNATIVE USES FOR FABRIC SOFTENER AROUND THE HOME

Although its main purpose is to condition your clothes, fabric softener has the ability to facilitate many other household tasks. Check out our favourite ways to use this cheap and cheerful liquid below.

1. TO STRIP WALLPAPER

Once you have scoured your wallpaper, mix one cap full of fabric softener into ¼ litre of water and apply with a sponge to the wall. Leave to sit for 20 minutes and then you should be able to scrape off the wallpaper with ease.

2. TO ELIMINATE HARD-WATER STAINS

If you struggle to remove hard-water stains from your glassware, apply undiluted fabric softener to the stain, leave for 10 minutes and wipe off

with a cloth. Wash and rinse before use.

3. TO REMOVE BURNT FOOD

To remove burnt food without ruining your pots and pans, fill them with warm water and then add a few drops of fabric softener. Let them sit for an hour and any burnt food should wipe straight off. Wash and rinse before use.

4. TO CLEAN PAINT BRUSHES

Fabric softener is a surfactant, meaning it makes water wetter, and is therefore ideal for removing water-based paint from your brushes. Mix one cup of water and one teaspoon of fabric softener and dip your brushes in for up to 30 seconds.

5. TO MAKE HOME-MADE ROOM FRESHENER

Save money on room fresheners by mixing one part fabric softener and two parts water with two tablespoons of baking soda. Pour into a spray bottle and spray liberally around your home. This can also be used to repel insects.

6. TO BANISH DUST

Hard surfaces in your home are prone to dust. Minimise these pesky particles by creating a spray solution that is made from ¼ cup of fabric softener and one cup of water. Spray onto the surface and wipe away with a dry cloth.



Carpets Direct

Guaranteed Lowest Prices

- ✓ FREE FITTING
- ✓ FREE home visits
- ✓ 80% wool twist pile specialists

Established 25 years

Carpets • Vinyls • Laminates • Wood Flooring
We come to you in the comfort of your own home

WHY PAY MORE?

WE WILL MOVE YOUR FURNITURE & FREE UPLIFT/REMOVAL OF YOUR OLD CARPET

CALL YOUR LOCAL AREA SPECIALIST

01268 955 061



www.carpets-direct.co.uk

DOWN HALL GARDEN SERVICES

For all local garden maintenance – friendly & professional

Tim Poulter

01268 785101

07761 958072

poplarvista@btinternet.com

Local to you



UNDER NEW OWNERSHIP

Turning Houses into Homes Since 1968

Smith's

GIVE YOUR HOME A NEW LOOK

PROFESSIONAL DOUBLE GLAZING & HOME IMPROVEMENTS INSTALLERS & DESIGNERS

WINDOWS ■ DOORS ■ CONSERVATORIES
ORANGERIES ■ PORCHES ■ ROOFLINE

CONTACT US FOR YOUR FREE HOME VISIT & NO OBLIGATION QUOTE

0800 31 84 31

www.smithsltd.co.uk





LOCAL NEWS

from your neighbourhood

Designer Bedrooms Ltd

7, Robert Way, Wickford, SS11 8DD
(Shotgate Industrial Estate)

01268 571799

See website for opening times

A local, family owned and managed business creating & installing bespoke furniture since 1992



Traditional fitted wardrobes

Whether your taste is traditional or contemporary, with hinged or sliding doors, we have the perfect solution for you.....
.....all made to measure in our factory at Wickford and installed by our own skilled fitters.



Loft rooms



Home Office/Studies

Need some inspiration...? Then come and wander around our showroom or take a look at the many photos of completed work on our website at:

www.designerbedrooms.co.uk

Need a professional design...? Then call us to arrange for a free no obligation home visit.

Want a quick quote...? Then pop into our showroom with your plans.

We promise you...
No Salesmen. No Gimmicks.
Just good honest advice from a long established and trusted company.



Sliding doors



Resident named Citizen of the Year for volunteer work

The best and the brightest from across the Rochford District have been celebrated at an awards ceremony.

More than 29 community champions were nominated in the Citizen of the Year Awards.

Among the winners was Isabel Bottley, from Rayleigh, who won the Citizen of the Year award in recognition of her numerous volunteer roles with youth groups across the UK.

Chairman of Rochford District Council, councillor Robin Dray, said: "We're so lucky in the Rochford

District to have such a strong sense of community. These awards are a wonderful opportunity to celebrate all that we have to offer and the community champions who make our district such a great place to live, work and visit.

"This year has been particularly difficult, and many people have gone above and beyond.

"I am delighted that we received such strong nominations this year and would like to thank all the entrants for demonstrating hard work, commitment and dedication."

Man rescued after falling asleep while cooking

Firefighters rescued a man in Rayleigh after he fell asleep while cooking and his flat filled with smoke.

Crews from Rayleigh Weir and Hawkwell were called to a first-floor flat on the High Street on April 28 after a neighbour heard a smoke alarm.

Watch manager, Wayne Davey, said: "The occupant had put a couple of pans on the cooker and fallen asleep, causing his flat to fill with smoke.

"Crews managed to rouse him and he let them in,

but he was suffering from smoke inhalation.

"They gave him first aid, made sure the fire was fully extinguished and used a fan to clear the smoke.

"The incident highlights how dangerous it is to cook if you are tired - it's too easy to fall asleep and put your life at risk.

"Thankfully, there was a working smoke alarm in the flat and a neighbour heard it sounding and called 999."

The man was left in the care of paramedics.

MARK FRANCOIS MP



Member of Parliament for Rayleigh and Wickford

LOCAL NEWS RAYLEIGH

In response to public concerns, several weeks ago, Rochford District Council announced it would review its plans to demolish the Mill Hall in Rayleigh, with a decision on the way forward being made by autumn 2021.

As the local MP, I certainly intend to make submissions to this review as well. However, it seems to me that there are broadly four options that the council could now consider, which might be summarised as follows:

Option 1: Continue with the council's plan as originally envisaged. The current proposal is to demolish the Mill Hall and build a smaller community centre to modern standards, by the Windmill. There would also be a housing development on a portion of the site.

Option 2: To refurbish the existing Mill Hall. I would like to know what the genuine cost and timings would be for refurbishing the existing facility to bring it up to modern standards and to make it a more attractive venue, which can be run at a profit, rather than an annual loss of £200,000 or more.

Option 3: Demolish the existing Mill Hall and replace it with a 21st century alternative. This would obviously involve a capital cost upfront but, if the new building were more environmentally sustainable and had significantly lower annual running costs, it might well pay for itself over time, rather like paying off a mortgage.

Option 4: Abandon the project and leave the Mill Hall largely as it is. This obviously saves the cost of either refurbishment or demolition, but it doesn't address the problem of the ongoing losses.

As it stands, without detailed costings, I do not have a fixed view on what the exact answer to this problem should be, and I remain open-minded about the ultimate solution. However, going forward, I intend to ensure that this review is a genuine and thorough exercise, the result of which should be published in the autumn, so that the residents of Rayleigh can comment on them. I intend to ask for meetings with Rochford District Council, as the local MP, not least to try to ensure that the review process remains on schedule.

Pupils raise charity awareness

A disability charity in Rayleigh is taking on a project to help provide support and promote inclusion for those affected by lower limb differences.

The Head to Toe Clubfoot Charity has been working with local primary schools to create an art installation in the town and has been collecting feathers that have been designed and created by the schoolchildren.

The feathers will be displayed in and around Rayleigh's High Street and each feather will be unique, with some being perfect and others being perfectly imperfect.

Klaire Harvey, charity director at The Head to Toe Clubfoot Charity, told **VISION** Rayleigh Wickford: "June 3 was World Clubfoot Day and I wanted to do something to mark the occasion. Last year we dressed in yellow, and this year I wanted to do something bigger.

"I also wanted to acknowledge the difficult year all children have had, so thought it would be a really nice thing to include them. I contacted all the primary schools in the town and have had an amazing response from four of them.

"I plan to hang the feathers off a few trees in the high street in the hope that this will put a smile on visitors' faces, while raising awareness of our charity."






QUALITY WITHOUT COMPROMISE

- ▶ UPVC WINDOW & DOORS
- ▶ ALUMINIUM WINDOW & DOORS
- ▶ CONSERVATORIES
- ▶ BI-FOLD DOORS
- ▶ LANTERN ROOFS & SKYPODS

01702 622875

info@a1glazingsolutions.co.uk
www.a1glazingsolutions.co.uk






WANT TO EARN EXTRA £? WE NEED DISTRIBUTORS IN YOUR AREA!



Your Monthly Lifestyle Magazine



CONTACT NIK TODAY TO APPLY

t: 01268 955027 m: 07860 683239

e: rayleigh@VISIONmag.co.uk



LOCAL NEWS

from your neighbourhood



NEED A VAN TODAY?

COME TO RAYLEIGH VAN HIRE

Here at Rayleigh Van Hire, we strive to supply the best vans and the best service.

We've got a variety of vehicles ranging from small Transit vans to Lutons.

We pride ourselves in supplying quality vans to suit all of your needs.

CALL 01268 642 647



Get in touch – 01268 642 647
www.rayleighvanhire.co.uk



Small Van
From £40 Per Day



Transit Van
From £60 Per Day



Luton Van
From £80 Per Day



Photo credit: Twitter @BasildonCouncil

New high street market launch is a success

The new Wickford Market, which will be open every Saturday between the hours of 8am and 4pm, launched last month.

In its new location on Wickford High Street, the market features up to 20 traders with a wide variety of stalls, including clothing, a fishmonger, and artisan bread bakery.

Despite the rainy weather, footfall in the opening two weekends was very promising, and it is hoped that the number of visitors will increase as the weather improves.

Caroline Saunders, acting head of regeneration at Basildon Borough Council, said: "The council has previously undertaken extensive surveying into the moving of the market and the pedestrianisation of the high street. In the 400 responses received, both

initiatives were overwhelmingly supported by both the businesses and the residents of Wickford.

"It is important that the high street is revitalised to ensure that Wickford is sustainable as a retail and leisure location.

"This new market, with the pedestrianisation, will hopefully generate additional footfall and create opportunities for local people."

Wickford Market operator, Trevor Day, added: "Wickford has been a market town for years and the market is a great opportunity for the whole community and shops to help revive the high street and bring people back to the town."

To enable Wickford Market to relocate to the high street, £54,240 has been allocated from the Reopening High Streets Safely Fund.



Free self-defence classes for women



A martial arts school in Rayleigh and Wickford has offered free self-defence classes for women in response to the tragic death of Sarah Everard earlier this year. Meridian Kung Fu announced on its Facebook page that it was reaching out to women to show support and help them feel safer on the streets.

Ben Richardson, who runs the Brentwood branch, told **VISION**RayleighWickford he was eager to give something back to the community.

He said: "We wanted to try and do something that would help women feel safer walking around in the streets, after the news of Sarah Everard really worried a lot of people."

"We're going to be running the sessions over three days, with trained instructors, to give an insight into what we teach and the importance of self-defence."

The offer received a tremendous response, with more than 3,000 people in Essex expressing an interest in taking part.

Ben added: "The response has been fantastic and we're really thankful that people want to come along and take us up on the offer. It's not just about kung fu. We want to teach people how to be safe and more streetwise."

For more information, visit www.meridianwickford.co.uk

Shoplifter banned from entering shops after thefts

Businesses in Wickford have been made safer after a shoplifter was banned thanks to work by the Business Crime Team.

Daniel Teelan, 46, from Wickford, was made the subject of a Criminal Behaviour Order at Basildon Magistrates' Court on Monday, May 10.

The order bans him from entering the following

- shops for two years:
- > Co-op, 157-159 Nevendon Road, Wickford
- > Co-op, 44 High Road, Wickford
- > Tesco, 155 Southend Road, Wickford
- > BP Cranfield Park, Cranfield Park Road, Wickford
- > Deichmann, 56 Eastgate Centre, Basildon

The order was granted after Teelan was convicted of a number of thefts from shops in April.

PC Alex Plakhtienko, from the Business Crime Team, said: "Shoplifting and theft can have a big impact on shops and businesses.

"We continue to work hard with businesses to protect them from crime, and applying for Criminal Behaviour Orders is just one of the tools available to us."

New supermarket to open as part of town regeneration

A Morrisons supermarket is set to replace the existing Co-op store in Wickford after Basildon Council, Heriot UK and the supermarket chain agreed a deal.

It is proposed that the new 40,000 sq ft store will form part of the regeneration of Wickford Town Centre and will be built near the Wickford Main Car Park.

The development will provide a new modern store and improved car park facilities and will create up to 140 new jobs. The development will also include links to the high street and residential areas.

Tomasz Kozlowski, director of growth at Basildon Council, said: "The regeneration of Wickford Town Centre remains a key priority for the council. It is important that the town centre is revitalised to encourage inward investment and to ensure that Wickford is sustainable as a retail and leisure location."

James Smith, Morrisons senior development manager, said: "We're delighted that Morrisons will be part of the town centre redevelopment. It's still early days in the process, but we look forward to completing the store, creating new jobs and welcoming shoppers to Morrisons Wickford."



- Tap Repairs & Replacements
- Toilet ball valves, flush buttons & handles
- Syphons repaired & replaced
- Blockages • All leaks & repairs
- Ongoing building maintenance
- No call out charge • No job too small

01702 203 186

We are a Hockley based family run company

APPLIANCE REPAIRS AND SALES

We repair all makes and models

Washing Machines • Tumble Dryers
Dishwashers • Ovens • Hobs • Cookers
Fridge/Freezers • Extractor Hoods

New appliances in stock for same day delivery & installation

Prices listed on our website

Call 01279 310793

Or Book Online

www.spindoctoruk.co.uk

FULLY FITTED ROLLER GARAGE DOORS

FROM **£895** * WAS £1,054 INC VAT

WHAT'S INCLUDED:

- ACOUSTIC & THERMAL INSULATION
- TWO REMOTE CONTROLS
- EXPERT MEASURING & FITTING
- 24 COLOURS AVAILABLE

GAROLLA ROLLER SHUTTER DOORS Made To Measure... **ROLLER GARAGE DOORS**

Garolla can save a lot of space inside your garage. Rolls up vertically into a box. Takes only 8 inches of headroom! Opens vertically so you can park up close to the door. Remotely open/close the garage even from inside your car.

CALL US TODAY

Phone: **01268 350 816**

Mobile: **07537 149 128**

CE Approved

Having your home regularly cleaned will help beat Covid!

We Can Help!



Typically
£13.00
per hour fully inc.

One off cleans Now Available. Ask for details!



Telephone: **01702 521120**

Telephone: **01268 947122**

Email: southend@timeforyou.cleaning

www.**TimeForYou**.cleaning



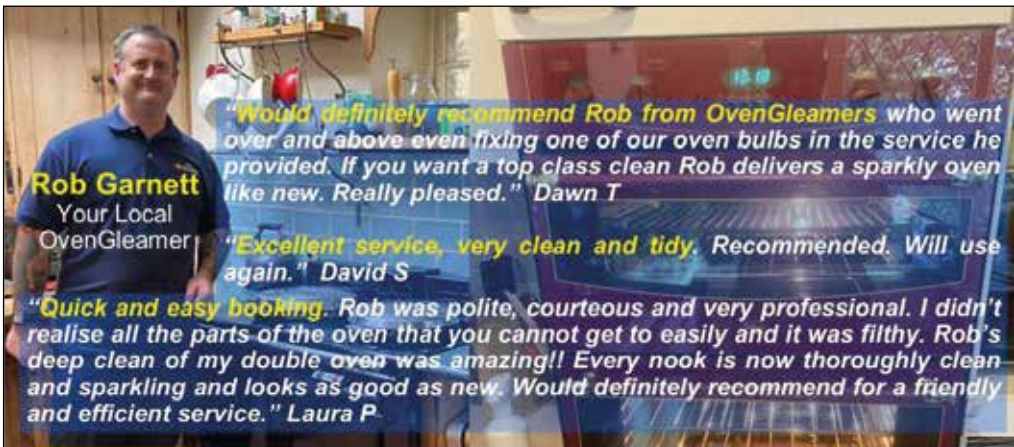
- Reputable, reliable family builder
- Rayleigh-based for over 50 years
- Exceptionally high standard of workmanship
- Previous clients happy to recommend
- From repairs... to extensions
- Kitchens & bathrooms
- All electrical & plumbing work

Jack Rodwell

Mobile: **07939 409069/07990 968363**

Office: **01268 778046**

Email: **jrodwell.builders@hotmail.com**



Rob Garnett

Your Local
OvenGleamer

"Would definitely recommend Rob from OvenGleamers who went over and above even fixing one of our oven bulbs in the service he provided. If you want a top class clean Rob delivers a sparkly oven like new. Really pleased." Dawn T

"Excellent service, very clean and tidy. Recommended. Will use again." David S

"Quick and easy booking. Rob was polite, courteous and very professional. I didn't realise all the parts of the oven that you cannot get to easily and it was filthy. Rob's deep clean of my double oven was amazing!! Every nook is now thoroughly clean and sparkling and looks as good as new. Would definitely recommend for a friendly and efficient service." Laura P

FREE
HOB CLEAN*
(worth £25-£47)
with every
Cooker Clean
booked in June '21

**Does Your Oven, AGA, Range
or BBQ Need Gleaming Again?**

Covid-19 Safe Cleaning Processes: Social Distancing Rules Apply At All Times

Call & Book Today On 01268 833909



Over 2900+ reviews at www.ovengleamers.com

Ovens | Ranges | AGAs | Hobs | Extractors | Microwaves | BBQs



HISTORY



From
Bobby
TO **BORIS**

MARKING 300 YEARS SINCE THE UK'S FIRST PRIME MINISTER

While the supposition – usually by members of the party in opposition, predictably – is that modern politics is decorated with elected representatives engaged in poor behaviour, underhand dealings and general miscreant activity, the reality is that this has been going on for centuries – all the way back to the time of Sir Robert Walpole.

"Who is he?" you ask. Well none other than the United Kingdom's first Prime Minister. This year marks the 300th anniversary of his appointment – a stirring rise to the top for someone born in 1676 to a wealthy landowning family in Norfolk.

Cambridge-educated, Walpole was named member of parliament for Castle Rising in 1701 for the Whigs; and while he briefly lost elected power when the Tories won a General Election in 1710 – at which point he was imprisoned briefly on charges of corruption – he returned to front-line duties when George I came to the throne in 1714.

His ascent was built on a desire for peace abroad, low taxation and a reduction of the national debt; and while he became embroiled in various scandals as First Lord of the Treasury, Chancellor of the Exchequer and Paymaster General, his ability to speak for both the people and the upper-class elite who ran the country ultimately preserved his time at the top table. It also ensured a gift from George II of 10 Downing Street, where the current Prime Minister still resides today.

Walpole was comfortable in his role until the late 1730s, when pressure began to build from within his party. A poor election result in 1741 followed and he resigned from his post shortly afterwards. Within three years he was dead, though his political legacy lives on.

Photo credit: Ganger/Shutterstock

MY MUM SAVED MY LIFE...

PRESENTER AND BROADCASTER ROMAN KEMP ON A MENTAL HEALTH CAMPAIGN
FROM THE HEART

The spectre of suicide in young people is one that looms large over modern society. Not in 20 years have so many people in the UK felt so low as to want to take their own lives, with men accounting for three-quarters of those.

Capital FM radio DJ Roman Kemp is not someone you would typically expect to want to talk about the subject. The son of Spandau Ballet icon Martin Kemp, the 28-year-old has grown up in the calm and comfort of a privileged life, has been afforded avenues into the entertainment world, and goes about his daily presenting duties with a breezy brand of optimistic irreverence that's fashionable and carefree.

Yet Kemp harbours a more solemn side, one that has driven him to campaign and champion mental health awareness. He brings an honesty and humility to his work that's been well-received, not least because of the struggles we have all encountered over the past year or so in light of COVID-19, lockdown, recession and the impact on our daily lives.

"At the heart of it is using a platform to do something worthwhile and meaningful," says Kemp, who has been at Capital FM for seven years and supplements his time on the airwaves with various entertainment shows, including *Martin & Roman's Weekend Best!* alongside his father.

One of the stars of *I'm a Celebrity...Get Me Out of Here!* in 2019 – he finished third behind Andrew Whyment and Jacqueline Jossa – the talented presenter has drawn on profound personal upset in putting together a recent BBC3 documentary, *Roman Kemp: Our Silent Emergency*, which was released in March 2021, has been nominated for a National Television Award.

"I come at this from the perspective of having known someone who took his own life, and having

lived through 13 years of on-and-off depression myself where, in my darkest hours, I have considered ending it."

Kemp said that his mum, famous singer Shirlie Holliman, actually saved his life. At his darkest moment, she made sure he wasn't alone and allowed him to confide in her about his suicidal thoughts. When he called her in crisis, she stayed on the phone with him as she travelled to London to be by his side.

Kemp was devastated by the loss of his close friend and fellow Capital Breakfast colleague, Joe Lyons, in August 2020. Recognising when friends are in trouble and encouraging people to open up about their emotions is at the heart of Kemp's work across both TV and radio, championing a trend for people to be outspoken and honest about their feelings.

He said: "It shook me back then and it continues to now. I still have days where I can't believe he isn't here, and I didn't see the signs.

"I actually think we're in a much better place than we were 10 years ago when it comes to speaking out and having the confidence to say what's really on our minds, what's really troubling us.

"The problem, I feel, is that this is being counterbalanced by so many other pressures, and lots of those stem from social media. I don't think we can change how Twitter, Facebook and Instagram have altered our lives, yet we can teach people to approach and view those influences in different ways. Obviously, the strands run much deeper than just that, but it is a good place to start.

"We all need to play our part. It's an old cliché, but to save just one life makes it all worthwhile."

Photo credit: PihPep/Shutterstock





PUZZLES & TRIVIA

PUZZLES

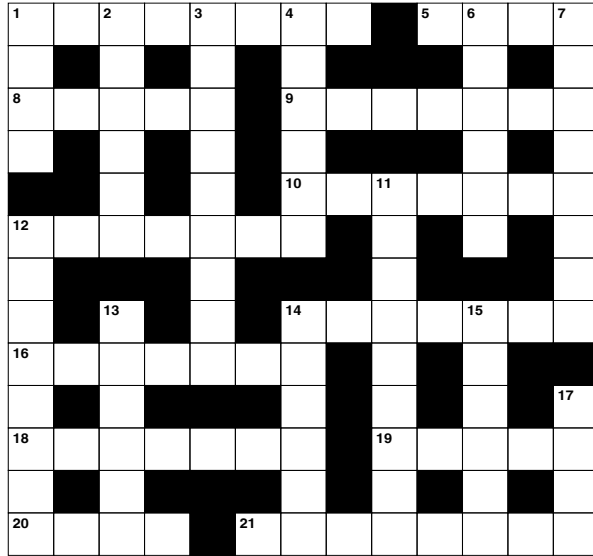
Answers: see end of The VISION Listings

ACROSS

- 1. Succession; series (8)
- 5. Run at a moderate pace (4)
- 8. Sag (5)
- 9. Sour in taste (7)
- 10. Mountain in the Himalayas (7)
- 12. Contemplations (7)
- 14. Subdivision (7)
- 16. Part of a chair (7)
- 18. Increasing rapidly (7)
- 19. Kingdom (5)
- 20. Japanese beverage (4)
- 21. Large metal pot (8)

DOWN

- 1. Soft drink (US) (4)
- 2. Cites (6)
- 3. Act of spying (9)
- 4. Stops (6)
- 6. Thief (6)
- 7. Not inclined to talk (8)
- 11. Let oracle (anag) (9)
- 12. Thick dark syrup (8)
- 13. Set out on a journey (6)
- 14. Mark of disgrace (6)



- 15. Make worse (6)
- 17. Word ending a prayer (4)

DID YOU KNOW?

- ▶ Pound cake got its name from its recipe – one pound each of butter, eggs, sugar and flour
- ▶ Most wasabi in supermarkets is made from coloured horseradish with flavourings, as real wasabi is expensive to make
- ▶ Crackers often have holes in them to prevent air bubbles from forming when cooking
- ▶ Farm-raised salmon is naturally white or grey. A pink colour is added to mimic the natural colour of a wild salmon
- ▶ Russian president Dmitry Medvedev signed a bill in 2011 officially classifying beer as alcohol. Previously, anything containing less than 10 per cent alcohol in Russia was considered foodstuff
- ▶ A typical ear of corn has an even number of rows

SUDOKU

					1		8	4
2		9	3					1
				4		3		
	3							
		7	4	8	9	6		
							7	
		6		5				
8					2	5		3
7	1		6					



WEDDINGS & EVENTS FLORIST

COURTS OF RAYLEIGH
— — —
FLORIST

**FLOWERS OF DISTINCTION FOR
EVERY OCCASION**

54 Eastwood Road, Rayleigh Essex
01268 777983 | courtsofrayleigh@gmail.com
www.courtsofrayleigh.co.uk

HELPING ELDERLY, DISABLED AND BUSY PEOPLE
SINCE 2008. LET US DO IT FOR YOU . . .



Are you finding odd jobs
around the house and garden
difficult?



Enhanced DBS - Fully Insured - Reliable - Guaranteed
Tyrells Centre, 39 Seamore Avenue, Benfleet SS7 4EX

ALL SEASONS GARDEN AND HANDYMAN SERVICE

01268 638406

www.allseasonsgs.co.uk

MAKE YOUR WILL...

...IN THE COMFORT OF YOUR OWN HOME

Do you and your family have the peace of mind of an up-to date Will,
or a Power of Attorney for yourself or your parents,
or Legal Guardians for your children under 18?

My professional services for arranging personally-tailored Wills, Powers of Attorney, Probate and expert guidance on Inheritance Tax and Care Home Fees, are offered to applicants seven days a week on a fixed fee basis in your own home, regardless of consultation time and number of visits.



MARTIN ENGLEMAN AIPW AFPC
Qualified Member of the Institute of Professional Will Writers – Certificate in Mortgage Practice & Equity Release, Chartered Insurance Institute – Diploma, Personal Finance Society

Please visit www.businessadvisoressex.co.uk for more detailed information, then call me for a fixed fee quotation and free advice

Please note that weekend home visit meetings are offered at no extra cost

Office: 01268 761022
Mobile: 07901 948745
1 Nesbit Close, Wickford,
Essex SS12 0PT

ENGLEMAN WILLS

+ POWERS OF ATTORNEY + PROBATE

READY TO HOUSE HUNT?

Property is a passion of mine, there is nothing quite like matching a buyer with their perfect home. The best way to make this a success and ultimately as stress-free as you can is preparing. In the current climate you might find that you are making decisions much quicker than you expected so you need to be prepared to make sure you don't miss out on your dream home.

Whether you are buying your first home or your forever home, here are a few things I would recommend you do before you start house hunting based on my 23 years working in property.

Get your finances in order..

First things first you need to get your finances sorted, lenders borrowing criteria is ever evolving, don't guess, speak to a mortgage broker to find out exactly what you can borrow and get your decision in principle set up then when you make an offer on a property you are ready to go.

Know your must-haves..

Make a list of wants and needs moving forward with the next property. As you view properties that you dismiss, make notes of what it was that didn't suit you about the property so you can really narrow down what it is you are looking for. Consider if a property doesn't have something you are looking for at the moment, could it be amended or added in the future and consider the cost of that into your budget. Lastly, be realistic, most properties you view won't tick every box, unless you are building your own home.

Be the first to know..

Make sure you are the first to know about the latest properties coming to the market, by setting up property alerts on platforms like Rightmove and Zoopla this is simple to do and you will receive email alerts as soon as a property matching your criteria is listed for sale. Register with estate agents in the area you are looking for properties, being on their mailing list will make sure you will be first in line.



EXCITING TIMES AND LET'S NOT FORGET FUN VIEWING PROPERTIES BUT ARE YOU READY? I'LL EXPLAIN HOW GETTING PREPARED IS KEY TO SUCCEEDING IN THE CURRENT PROPERTY MARKET.



RACHEL OLLINGTON
 exp UK
 TEL: 01268 944104
 MOB: 07903 198927
 EMAIL: RACHEL.OLLINGTON@EXP.UK.COM



Speedy SALE

HOW TO SELL YOUR HOME FAST THIS SUMMER

If you are looking to sell your house this summer as quickly and lucratively as possible, then our property experts can help you. Plus, discover how to speed up the move into your new home.

SPRUCE UP YOUR GARDEN

Searches for properties with large outdoor spaces have soared during lockdown, but that doesn't mean homes with smaller gardens can't also be an attractive option for potential buyers. Make sure you mow your lawn, place the bins out of sight and, if possible, make your garden secluded with the use of fences or hedges.

FOCUS ON KERB APPEAL

You will be surprised at just how many homebuyers will dismiss a property purely on its exterior, with some not even venturing inside after a bad first impression. Prevent this from happening by keeping your windows clean, ensuring your house number is clearly visible and cutting back any overgrown trees or bushes.

STAGE YOUR HOME

Property developers know exactly how to stage a new home to sell it fast and there is no reason why you can't do this too. Ensure that your property is clean and tidy, with any clutter out of sight, lay the table for dinner, make up the beds, light some scented candles and keep the thermostat at a consistently pleasant temperature.

SEEK PROFESSIONAL ADVICE

Estate agents live and breathe property sales, so it makes sense to ask their advice on how to sell your home as quickly as possible. Be sure to seek out local insights and pre-empt the questions buyers are likely to ask.

ENJOY A FAST AND STRESS-FREE MOVE WITH THESE MUST-ASK QUESTIONS:

- > What is the position of the buyer/seller?
- > Should I use a mortgage broker?
- > Has my buyer's mortgage application been submitted?
- > When is the target exchange date?
- > What paperwork do I need to complete?



A GUIDE TO PATIO FLOORING



A well-designed patio can act as a second living room for your home, transforming your garden from basic to beautiful. However, you need to make sure you choose the right materials and style for your property if you want a showstopping end result.

PICK PATIO FLOORING TYPE

WOOD – Timeless and extremely versatile, wood can be used to create a rustic or modern-styled patio area. You can also sand down wood multiple times, making it a great long-term investment for your home. Apply a protective wood oil for enhanced longevity.

NATURAL STONE – For the epitome of luxury, natural stone is hard to beat. Popular natural stone options include slate, travertine, granite and marble. Avoid light-coloured natural stones if you have pets or young children.

CERAMIC TILE – A classic flooring material, ceramic offers a durable and cost-effective way to create a patio area in your garden. Opt for unglazed tiles to reduce the risk of slipping and consider adding a sealant to protect from wear and tear.

BRICK – Low maintenance and slip resistant, brick gives off an old-world feel that is ideal for period properties. If cost is an issue, brick pavers make a cheaper alternative.

CONCRETE – Arguably the most versatile choice, concrete can be moulded to fit any shape, and you can personalise it with colouring, stamping, brushing, painting and patterning.

CHOOSE THE RIGHT SIZE

There are three steps involved in sizing your patio flooring:

1. Decide how big you want your patio to be
2. Determine the size of your chosen patio material
3. Work out how much flooring you need to cover your chosen area

PATIO STYLE IDEAS

- > Surround tiles with decorative stones for a more organic look
- > Swap grass for a paved patio and surround with raised flowerbeds
- > Select interior and exterior flooring in the same tone to create a seamless flow

Photo credit: ukts.com

M P S Home & Garden Services

All your Home and Garden needs



- Garden Maintenance ■ Patios, Decking & Fencing
- Kitchen & Bedroom Installations ■ Painting & Decorating

Martin Smith ■ Find me on ■ 01268 955057

ALL TREE WORK UNDERTAKEN



CALL TODAY FOR YOUR NO OBLIGATION QUOTE WITH NO HIDDEN EXTRAS

- FAMILY RUN BUSINESS
- OVER 35 YEARS EXPERIENCE
- PRUNING ○ THINNING ○ REDUCTIONS
- FELLING AND REMOVAL ○ DEAD WOOD REMOVAL
- SITE CLEARANCE ○ HEDGE MAINTENANCE
- FIREWOOD SALES FULLY INSURED

ESSEX TOP RATED TREE SURGERY COMPANY 2017/2018 ON

★★★★★ Checkatrade.com Where reputation matters



07500 870 309
 www.essextreecareltd.co.uk





MARTIN 'HANDY' HOLMES

ALL INTERIOR & EXTERIOR WORK

Fencing ■ Patios ■ Paving
Pergolas and Planters
Artificial Grass
Decking & General Jobs

**ANY JOB TAKEN ON,
BIG OR SMALL**

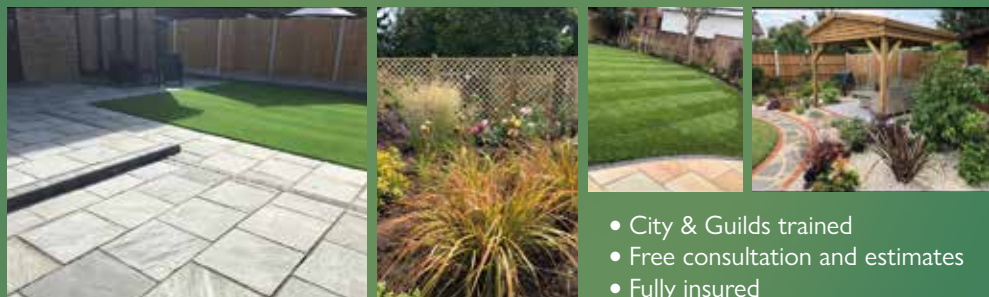
**CALL MARTIN ON
01268 955048 ■ 07796 008198**

Visit us on martinhandyholmes

RJM Landscapes of Rayleigh

Creative, competitive, conscientious

**PATIOS • DRIVEWAYS • FENCING • DECKING • PONDS
PLANTING • TURFING • CONSTRUCTION & MAINTENANCE**



- City & Guilds trained
- Free consultation and estimates
- Fully insured

Rayleigh Office: 01268 642896 / 07703 444244

Email: rjm4landscapes@gmail.com • www.rjm4landscapes.co.uk



GARDENING

Garden Goldmine

OUTDOOR FEATURES THAT ADD VALUE TO YOUR PROPERTY

C OVID-19 and the associated stamp duty holiday have made a lot of us think about the saleability of our homes, and perhaps even consider a move. While countless television shows point us in the right direction as far as interior décor goes, what can we do to spruce things up on the outside?

Wood you dare?: Wood effect adds a rustic, natural, earthy feel to any outside space, and the popularity of decking – and, to a lesser extent, patios – also makes a big difference when it comes to maximising property value. And the good news is that modern composites will give that ‘indoor wood’ finish and quality, even in exposed outdoor areas.

Natural landscaping: While for years we’ve obsessed over new kitchens, bathrooms, conservatories and more, it seems that landscaping garden spaces – from lawn care to water features and even planting small trees – will add more value to your property than any of the others listed, according to research undertaken last year.

The paint saint: A paint job – the entire house, the front wall or perhaps just a new garden gate – will give a real sense of style and cleanliness. Our outer walls and pathways take a real battering across the seasons, so brightening them up can make a big difference when it comes to adding value.

In reality, it makes sense. In Britain we love the idea of reclining in peaceful, tranquil, stylish surroundings with a drink, a magazine, some music and the gentle breeze of summer... even if the season comes and goes in under a fortnight.

Light show: We’re very much in the area of strings of bulbs lighting up entrance ways, trees and even whole gardens. For a relatively low cost, it’s possible to give those dusky evenings a real glow of homely warmth.

Maximise your natural light with a beautiful skylight

High-Tech
membrane roofing

Lifetime Guarantee Approved

DUETO POPULAR DEMAND

SPRING & EARLY SUMMER SALE
SAVE UP TO **15%**
*Conditions apply

- ✓ Free survey for roof and room design
- ✓ A wide range of lanterns and skylights available
- ✓ All roof lanterns have an aluminium finish
- ✓ All our skylights are compliant with Building Regulations
- ✓ Pilkington self-clean temperature glass as standard
- ✓ All structural works undertaken by High-Tech
- ✓ All internal works inclusive of new electrics and lighting
- ✓ A complete extension or conservatory thermally efficient transformation
- ✓ All waterproofing products will have our LIFETIME guarantee as standard



Roof lanterns look great inside and out

High-Tech Roofing have installed over 10,000 flat roofs along with 1500 plus skylights and roof lanterns. Every roof installed comes with a LIFETIME guarantee. Let us, a company you can trust, transform your extension or conservatory into a stunning orangery style room.



The Problem



The Solution



Brochure and free sample available on request

For a Free Quotation

Call: 01268 859602 www.flatroofs.net

*T&Cs apply. Please see our website for details on discounts.
Head Office: Linden House, 30 Linden Road, Benfleet, Essex SS7 4BA

Are you retired?
Possible savings
now available

UNUSUAL FRUIT OF THE MONTH:

Mangosteen

An undeniably attractive fruit, the bright purple mangosteen is so much more than just a pretty face. With a mouth-watering, fragrant flavour and a multitude of health benefits, this tropical fruit is definitely one you should try this summer.

WHAT DOES MANGOSTEEN TASTE LIKE?

Described as a delicious combination of lychee, peach, strawberry and pineapple, the mangosteen boasts a slightly sweet and sour flavour which is quite unlike any fruit you have tasted before.

WHAT ARE THE HEALTH BENEFITS OF MANGOSTEEN?

Offering a rich supply of nutrients, fibre and unique antioxidants, the mangosteen is low in calories and fat, making it a great snack for those who crave a sweet fix during the day.

WHERE CAN YOU BUY MANGOSTEEN?

Although this fruit is easy to eat and prepare, it can be a little bit more difficult to find, as mangosteen is only in season for a short period of time. Your best bet is to head to your local Asian market, or you may be able to find it frozen or canned at the supermarket.

HOW TO PREPARE MANGOSTEEN

To remove the fruit, cut a circle into the thick skin around the stalk and lift it off like a lid. This will reveal the segments of mangosteen, which resemble those of an orange, but are bright white in colour. The seeds are soft and edible so do not need to be taken out.

HOW TO EAT MANGOSTEEN

- > Eat fresh either on its own or combined with other fruits in a fruit salad
- > Juice them
- > Blend and make sorbet or ice cream
- > Add to a curry

HOW TO STORE MANGOSTEEN

Ripe, whole mangosteen will last a few days at room temperature, whereas unripe mangosteen can last 1-2 weeks. Store in the fridge for 3-4 weeks. Do not freeze as this will damage the flesh.



FOOD & DRINK



celebrate NATIONAL BEER DAY

To celebrate National Beer Day on June 15, we have gathered the top six beer and food pairings that are guaranteed to go down a treat either at your local pub or in the comfort of your own home.

Stout & Oysters

Although you may associate oysters with champagne, they actually go amazingly well with stout. In fact, the Oyster Festival has been sponsored by Guinness for the past 60 years.

Dark Ale & Steak Pie

More suited to the winter months, but a perfect pairing nonetheless. Braise your steak in beer and then enjoy your pie with a glass of dark ale for a rich and comforting dish.

British Bitter & a Ploughman's

If you love nothing better than sitting in a pub garden with a traditional ploughman's lunch, then you will be pleased to hear that this summertime dish can be made even better with the addition of a classic British bitter.

IPA & Curry

Who doesn't love a curry on a Friday night? And, of course, you can't have a curry without a nice cold beer. Opt for a lighter style of IPA and an aromatic but not too spicy curry for mouth-watering results.

Lager & Fish and Chips

A British classic, fish and chips is one of the nation's favourite dishes. As well as enjoying a refreshing pint of lager with your fish, why not add a dash of beer to your batter mixture for an even crisper and lighter texture.

Blonde Beer & Brie

You may be surprised to learn that beer can be a match made in heaven with cheese, and this is most certainly the case with a blonde beer and young brie. The combination of this nutty cheese and lightly acidic beer is, quite frankly, unbelievable.

Nanny Kay's
FARM SHOP

From Fresh Fruit & Veg to Free Range Eggs, Cheeses, Hams, Jams, Local Honey, Biscuits & Crackers, Vegan, Gluten Free & Organic Products - & so much more!

We are located next to the View Garden Centre
Nanny Kays Farm Shop, Chelmsford Road, Rawreth, Wickford, SS11 8SJ
07507 785474 NannyKaysFarmShop

GET BOOKED IN NOW FOR SPRING & SUMMER 21
GATHER IN YOUR GARDEN FOR FUN, FUN, FUN!

MOBILE BAR SELLING BEER AND COCKTAILS

Check out hire#vdubtavern vdubtavern
www.the-vdubtavern.co.uk
or give us a call on 07969 285501

Family run business which specialises in working with its customers to **create beautiful bespoke Offices, Mancaves and Garden-rooms...**
We endeavour to beat any competition on a like for like specification...

SANCTUARY FOUND

See our work on www.sanctuaryfound.co.uk

Call Jon on **07508 339 804** or email info@sanctuaryfound.co.uk

Seeking Sanctuary...
SANCTUARY FOUND...



BEAUTY

NAILED IT

Do you know your nail shapes?

If not, don't worry, we've got you covered. Learn how to pick the perfect shape for your lifestyle here. Plus, the best shades for each shape.

SQUARE

A square nail is straight with sharp edges that are squared off at the tip. This nail shape suits those with a shorter nail. Although you may be told that shorter nails do not suit darker shades, this nail shape can actually accommodate all polish colours.

OVAL

An oval nail is round in shape with corners that curve inwards. Ideal if you are growing a manicure out, this nail shape suits those with medium length nails and narrow nail beds. You can rock any shade with oval nails.

COFFIN

Similar to the square shape but slightly more angular, a coffin nail has a straight-edged tip that is tapered in. To achieve this shape, a long nail is needed. Dark shades can look harsh on coffin nails, so opt for lighter colours.

ROUND

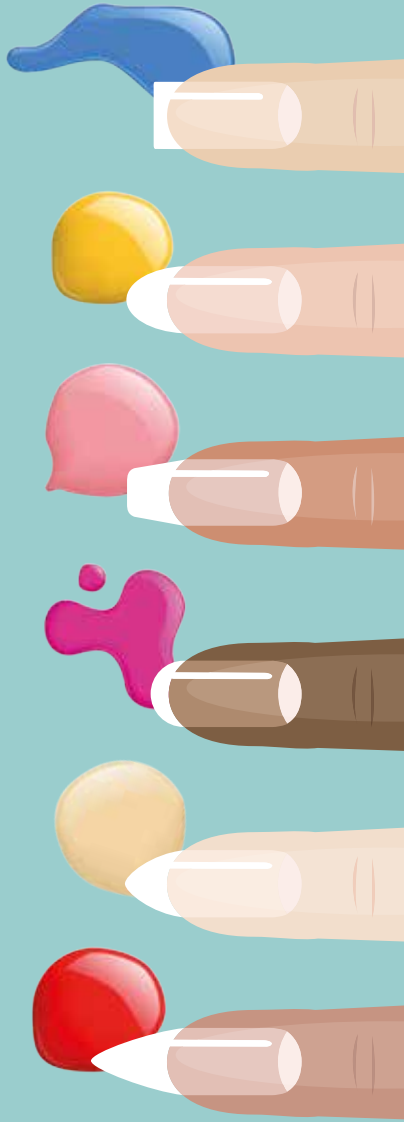
A round nail has straight sides that round up with a flat-edged tip. Best if you need short nails for work, round nails are easy to get used to and lend themselves well to bright-coloured polish and nail art.

ALMOND

An almond nail is essentially an oval shape that comes to a soft point. Suited to medium nails, this shape helps to slenderise wide fingers and to give the appearance of slimmer hands. Pair with a neutral polish.

STILETTO

Definitely one of the most eye-catching nail shapes, a stiletto nail is long and spiky, with the point curving to the base like a triangle. You must have long nails to achieve this shape. Not suited to those who type for a living or carry out manual labour, red is definitely the couleur du jour for stiletto nails.



BIGGEST BEAUTY EVENT THIS SUMMER

20th - 22nd August 2021

North Weald Airfield



Essex BEAUTY

20th - 22nd August 2021

Sponsored by **dandi** LONDON

SHOW

BOOK YOUR TICKETS NOW!

Get your exclusive Vision 20% off ticket with
Code: VISION20

✉ info@mooreexhibitions.co.uk 📷 @essexbeautyshow 🌐 www.essexbeautyshow.co.uk **dandi** Headline Sponsor

W.1 WEST ONE WOOD

FLOORING AND CARPETS LTD

Manufacturing • Installation • Restoration



- West One Wood Flooring and Carpets Ltd is a specialist in the manufacturing, installation and restoration of antique reclaimed and new timber flooring
- We can supply and fit a variety of stunning timber floors for domestic properties and commercial projects
- Installation is by a skilled friendly professional team who offer high quality service and aftercare
- Our flooring is competitively priced with innovative solutions to suit your needs
- We now offer a more comprehensive range of flooring including carpets and Karndean.

Stockists of



Call us on
01277 630837
07833 753501
07545 772070

www.westonewoodflooring.co.uk

Unit 3 Blackall Industrial Estate,
Hamberts Road,
South Woodham Ferrers
Essex CM3 5UW



DO YOU WORRY ABOUT HOW MUCH WASTE YOUR HOUSEHOLD DISCARDS EVERY WEEK? DO YOU WISH THERE WAS SOMETHING YOU COULD DO ABOUT IT?

RECO STORE

There is now an easy, local solution for you. REco Store is a package free refill shop with shops in Tiptree and South Woodham Ferrers.

It's so easy. Just take along your empty containers - glass jars, tupperware, homemade fabric bags - anything you like, and refill with all your store cupboard staples from porridge oats and breakfast cereals to rice, pasta, lentils, fruit, nuts and seeds. You only need to buy what you need. No waste. No unwanted plastic packaging.



REco Store takes package free one step further by offering refills for all your household cleaning liquids too, from washing up liquid to laundry detergent and even toilet cleaner.

All these products are vegan, plant based and cruelty free. No nasty chemicals to damage your skin or pollute the water system. Just think about how many plastic washing up or detergent bottles you throw out in one week... one month... or one year?? Why not give it a try?

SHOP LOCAL, REDUCE WASTE, SAVE THE PLANET, PROTECT OUR FUTURE.

For more information on the range of products available please follow us on Instagram or facebook or check out the website at www.recostore.co.uk
 @therecostore @recostoreswf @the_recostore @recostoreswf

RECO STORE

DO YOU WORRY about the amount of plastic waste you throw away very week....month....year? ● Did you know there is a local refill store where you can fill up your household essentials using your own containers? ● REco Store stocks everything from pasta, rice, cereals, dried fruit, nuts, treats to household cleaning liquids, oils and much more. ● Many locally produced and ethically sourced.

SHOP LOCAL - REDUCE WASTE - PROTECT OUR PLANET



Peanut Butter
refills now available
100%
hi-oleic
peanuts

CRATE TIPTREE, CO5 0LX
AND
BARON ROAD,
SOUTH WOODHAM FERRERS
CM3 5XQ

OPEN: TUES-SAT 9AM-5PM

Insta: @the_recostore @recostoreswf FB: @therecostore @recostoreswf



MOTORING



WILL THE UK BE THE FIRST TO INTRODUCE 'NO HANDS' TECHNOLOGY ENABLING CARS TO BE DRIVEN BY COMPUTERS?

It was back in 2017 that former Transport Secretary Chris Grayling MP announced that self-driving cars could be present on UK roads by the year 2021, a claim reinforced by the head of the Society of Motor Manufacturers and Traders as being a realistic aim.

In reality, we won't be seeing fleets of driverless cars tearing down our A roads in 2021, but we can expect the first few to pop up later in the year. Perhaps this delay is a result of lockdown, perhaps the dramatic slowing of the motor industry as a whole in light of the global pandemic.

And yet, the idea of self-driving cars still holds firm, and it may not be long until we do see high-end manufacturers fully embracing what will be the most dramatic motoring ever. The benefits include fewer incidents on the road (94 per cent of accidents are caused by human error), less congestion and improved transport connectivity, not to mention greater mobility options for elderly, disabled and

young users.

The UK wants to be regarded as a leader in this field, with the prediction being that by 2035 more than 40 per cent of new cars will have self-driving capabilities. Automated Vehicle (AV) technology could be worth more than £40billion, and will bring 40,000 jobs to the country.

More than £200million has been invested so far in start-ups looking to fuel this motoring revolution, with the advancement of Intelligent Roads helping to move ideas forward.

There is just one issue though – AVs work perfectly when surrounded by other AVs. It is only when these brilliant computers are asked to interact with human drivers that potential collisions occur. It seems the scientists will have to overcome this somewhat fundamental flaw before we can call on our trusty computerised four-wheeled motors to deposit us home safely.

Rayleigh Motorist Centre

Your local independent garage
Where honesty is our policy



**AIR / CON
SERVICE & REPAIRS
POLLEN/CABIN FILTER**



ANTI-BACTERIAL & NEW / OLD GAS MODELS



**MOT & SERVICE
FROM £130.00**



BOTH REPAIRS & DIAGNOSTICS

CALL 01268 745446 / 771065

www.rayleighmotorist.com / rayleighmot@gmail.com

Bellingham Lane, Rayleigh, Essex SS6 7ED

@rayleighmotorist



10% OFFER

**BRING THIS VOUCHER OR QUOTE
RAYLEIGH VISION MAGAZINE**



TRAVEL

VIRTUALLY FREE ADVENTURES



Work this way



The Volunteer Vibe



Big up the Bothie



Airmiles

While the COVID-19 pandemic has robbed many of us of the money to be able to venture off on holiday, it hasn't removed that passion to explore. Yet in the 'new normal', and having rediscovered a love of simpler things through lockdown, perhaps it doesn't have to cost the Earth in order to travel it.

House Swap: More than just the premise of endless reality shows, holiday house-swapping is a real thing, and is becoming more popular every year. After all, why not profit from someone house-sitting your abode by finding a holiday location that suits your needs perfectly, but is also free of charge? The website homelink.org.uk is one of those leading the way.

Work this Way: It's the age-old explorer's way, but working your way around the world on a backpacking mission is the extreme version, with many lower commitment job-based escapes closer to home. If you're young and without kids, consider fruit picking, event marshalling or even working in a bar as a way of putting in the hours to sustain that holiday vibe in a new place.

The Volunteer Vibe: In a similar way, pitching up somewhere willing to put the hours in for free can be a great way of securing accommodation, food and enough free time to explore the vicinity.

Big up the Bothie: You know those secluded stone buildings synonymous with the Highland Clearances... you can stay in them, for free. Sure, they may not protect you from the elements as would a five-star hotel – although many have been sensitively restored – but websites such as mountainbothies.org.uk arrange short-term stays in these mystical, remote former homes.

Airmiles: Finally, a fad of the Nineties, airmiles these days are for much more than business users, and the miles can really stack up if you are a frequent flyer.

Steeple Bay Holiday Park



THE BEST REASON TO CHOOSE A STAY-CATION!



- Pet Friendly
- Private boat slip away
- Boat Storage
- Fishing Lake
- Outdoor Pool
- Sleep
- Beach
- Owners Events

Holiday homes **£14995!** starting from

Free 2021 Site Fees | 2022 Site Fees From **£999**

Payment Options Available

Please Contact Lara For More Info And See Why everyone is choosing a **STAY-cation!**

☎ 07415239231
✉ Lwilson@parkholidays.com
📍 Southminster, CM0 7RS



CLINIC APPOINTMENTS and HOME VISITS available
To book, please call or see our website

Compliant with COVID-19 regulations and Public Health England Guidance

BLOCKED EARS?

Professional microsuction is the **Gold Standard** treatment for the removal of built up ear wax.

Can Improve Hearing and Reduce Pain, Itching or Ringing.

Dr Teresa Uscategui-Florez MBBS, MRCGP, DLO & HNS
T: 07444 016163 E: info@essexears.com W: essexears.com

Billericay Clinic: The Gibbons Practice, 6 Morris Avenue CM11 2JR
Laindon Clinic: New Century Clinic, 34b New Century Road SS15 6AG

Orthopaedic services

Nuffield Health Brentwood Hospital

We provide a range of services locally for patients who require orthopaedic surgery. We are passionate about health and the care we provide and are here to reassure and help you, throughout your journey.

Treatments include:

- ◆ Hip and knee surgery
- ◆ Hand, wrist, elbow or shoulder injury
- ◆ Back and spinal or sport injury
- ◆ Foot and ankle surgery and joint injections.



For more information call **01268 955035** or visit nuffieldhealth.com/hospitals/brentwood

CRACKING UP!

THE BEST LOW-COST WAYS TO PREVENT YOUR CHERISHED PHONE SCREEN FROM DAMAGE



TECHNOLOGY



It's arguably the most advanced piece of everyday technology ever invented, yet the demands we place on it mean our phones are always in use, always on the move and forever susceptible to damage.

Our humble devices endure a lot, and we often fail to give them the protection they deserve. Here are five sure-fire ways to preserve the usefulness (and cosmetic appearance) of your cherished mobile phone.



ONE: ON THE CASE

It's the simplest advice you'll ever receive, but adding a protective case to your phone will preserve its life like nothing else. A tempered glass screen will ensure you lose no performance from your device while saving on scratches and impacts on the front. It can also be replaced cheaply, quickly and easily.

Remember, though, bashes, knocks and drops on the sides and corners can travel across the outer shell to create cracks, so investing in an all-over protective case is smart.



TWO: POCKET ROCKET

What's in your pocket that may scratch or make other abrasions on your phone? Keys and coins are the biggest culprits, and scratches usually occur when we're in a hurry, or are distracted by friends (or alcohol). Keep pockets clear of debris if you want to preserve your mobile's aesthetics.



THREE: GRIPPING STUFF

Mobile phone holders and grips have grown in popularity over recent years. They prevent gadgets from slipping through fingers and aid functionality when we're using them. What's not to like?



FOUR: WATER AND TEMPERATURE

Phone malfunctions often have a lot to do with water, heat and extreme cold. Exposing your device to any of these will speed up its deterioration.

FIVE: CURIOSITY KILLED THE... PHONE

The other enemy to mobile phone health is of course leaving it unattended. Small kids, toddlers and even pets can wreak massive damage, so keep it under a watchful eye at all times.



Stuart's of Rayleigh

Top Class Gold & Silver, Jewellery, Clocks & Watches Bought & Sold

- ✦ The Largest Jewellers & Pawnbrokers in Rayleigh
- ✦ Bespoke items made to order
- ✦ Engraving, Repairs & Re-stringing services
- ✦ Pre-owned Jewellery & Watches

Telephone: 01268 779002 ✦ www.stuartsofrayleigh.co.uk
124-126 High St, Rayleigh, SS6 7BY



Your hair needs us

- Wash, Cut & Blow Dry
- Wet Cut | Dry Cut
- Clipper Cut
- Hair Up | Highlighting
- Re-growth & Re-fresh
- Colour Bath | Perming
- Hair Extensions

NOW OPEN SUNDAYS

TOPPERS HAIR STUDIO

01268 772575

70a High Street, Rayleigh, SS6 7EA

Facebook: @toppershairstudiorayleigh Twitter: @toppers_hair

SUPPRESS the sweat



V
FASHION

Although the arrival of warmer weather can work wonders for your mood, it can also make you feel hot, bothered and bad tempered. Fortunately, the below breathable fabrics are guaranteed to help keep you cool, calm and collected.

1. **Cotton:** Known for being lightweight, soft and breathable, cotton should be your go-to fabric for summer. With a natural ability to soak up sweat, allow heat to escape from the body and keep your skin cool, cotton comes in countless styles and colours, meaning you can find the perfect outfit for any occasion.

CARE TIP: Cotton can shrink in the dryer. Avoid this by hanging items in the home or garden to dry.

2. **Linen:** Linen is loosely woven, meaning it is also a highly breathable fabric that lends itself well to high temperatures. Although it can be stiff, linen can absorb a vast amount of moisture and it dries quickly, providing relief from sweat when you need it most.

CARE TIP: Combat creases by lightly spraying with water and smoothing with your hand.

3. **Rayon:** A man-made fabric, rayon is a blend of cotton, wood pulp and other natural or synthetic fibres. Created as a more cost-effective alternative to silk, rayon boasts very thin fibres that offer lightness and help prevent sticking. The perfect fabric for dresses and sportswear, rayon garments keep their shape and require little maintenance.

CARE TIP: Machine washable and dryable, rayon should not require ironing.

4. **Denim/Chambray:** Denim is made from tightly woven cotton so it has many of the same benefits as this natural fabric. However, it can feel heavy, which is why some people prefer to wear chambray when the temperature rises. Often referred to as imitation denim, chambray is much lighter and comes in a high thread count which guarantees enhanced breathability.

CARE TIP: Preserve your denim/chambray by spot washing with cold water and use a mild soap.



CRICKETERS

Good day.

CELEBRATING 50 YEARS OF THE ONE DAY INTERNATIONAL

It shows you just how far cricket has come when you consider that when England played Australia in the first ever ODI – that is, a ‘One Day International’, comprising 40 overs per side – the concept was seen as being somewhat pointless. It was staged as a money-making exercise Down Under after the Third Ashes test of 1971 had fallen foul of the weather.

To think that a new format could come into play to disrupt the five-day sensibilities of ‘traditional cricket’, where batsmen and bowlers would toil endlessly in a match lasting almost three-quarters of a week (with a common outcome being a draw), was churlish.

Indeed, the ODI, from the outset, wasn’t hugely popular. Australia won that first landmark game, predictably, and other nations around the world were nervous to throw caution to the wind in the same way as might a limited-over batsman tasked with both accelerated run-scoring and wicket preservation.

As time went on, the ODI set-up found its popularity climb thanks to World Cup cricket, particularly during the 1980s; and, of course, as long-suffering England fans, we had to wait until 2019 when Ben Stokes, Jos Buttler and co snatched a stunning victory against New Zealand at Lord’s to finally bring the trophy back to the shores where this great game was invented.

England have remained right up there with the world’s best at the one-day format, despite minor aberrations in form of late.

Its future does appear somewhat cloudy, though, given the popularity of T20 cricket and the emergence of The Hundred – both shorter, punchier forms of the game. Though like a middle-distance runner sneering at both sprinters and marathon runners alike as

he pursues a measured, masterful, classy approach to his craft, so too does the ODI package occupy a middle ground that now feels as much a part of our cricket heritage as leather, willow, pads, stumps and endless rain delays.

Photo credit: Colorsport/Shutterstock

NEW
AIR CONDITIONING
SERVICE & RE-GAS
AVAILABLE

Quick Fix
FAMILY GARAGE



4 WHEEL LASER
ALIGNMENT

MOT Centre, Wickford, Essex

LOOKING AFTER WICKFORD'S MOTORISTS FOR 30 YEARS

MoTs • Tyres • Servicing • All Repairs Large or Small
All Main Dealer Trained Mechanics inc. Citroen Specialist
Free Collection if needed • Free Estimates • Honest Advice

Absolutely no connection with the company in Shotgate

www.quickfixgarage.com

(online prices & ordering)

01268 767 300

69 Runwell Road, Wickford, Essex SS11 7HL

£20 OFF
4 NEW TYRES

on production of this advert

£20 OFF FULL SERVICE
£10 OFF INTERMEDIATE
SERVICE inc. MOT

on production of this advert

WE ONLY USE EUROPEAN
MANUFACTURED
MOTORS

White Garage Door

£790*

*Up to 2.3 metres wide and
2.2 metres high, in 55mm slats.

Other colours and sizes are available,
up to 5m wide with slats of 77mm.

*Unbeatable
Value For
Money!*

ZENITH
SHUTTERS

High quality, fully
automated roller
shutter garage doors.



Call 01268 962 302
to book a free survey
www.zenithshutters.com



We guarantee **honesty, quality,**
value for money and **superb**
customer service everytime!

APPLIANCE REPAIRS

SPIN DOCTOR

We repair, Washing Machines, Tumble Dryers, Dishwashers, Ovens, Hobs, Cookers, Fridge/Freezers, Extractor Hoods. Call 01279 310793 or book online: www.spindoctoruk.co.uk

BEAUTY

TOPPERS HAIR STUDIO

Wash, Cut & Blow Dry. Highlighting, Perming, Hair Extensions, Colour Bath, Re-Growth, Re-Fresh. Call to book 01268 772575 | visit us at 70a High Street, Rayleigh, SS6 7EA

BEDROOMS

DESIGNER BEDROOMS LTD

Traditional Fitted Wardrobes, Home office/ studies, Sliding Doors, Loft Rooms. Call 01268 571799. 7 Robert Way, Wickford, SS11 8DD

BLINDS

VERY NICE BLINDS & SHUTTERS

Local blind & shutter specialist. We measure, make and fit. Arrange a FREE home visit today! 01702 233601 | www.veryniceblinds.com | Showroom – Fairways Garden Centre.

BUILDER

JR BUILDERS & DEVELOPERS LTD

Rayleigh based for over 50 yrs, repairs, extensions, kitchens, bathrooms, electrical/plumbing work. Contact Jack 07939 409069 | 07990 968363 | jrodwell.builders@hotmail.com

CAR GARAGE

QUICK FIX FAMILY GARAGE

Mots, Tyres, Servcing, All repairs large or small, All main dealer trained mechanics inc. Citroen Specialist, Free Collection. 01268 767300, 1 Runwell Road, Wickford, SS11 7BZ

CLEANER

MOLLY MAID

Domestic cleaning experts, trained staff, 100% guaranteed, fully insured, regular/occasional cleans, materials supplied. 01268 442023 | Margaret.king@mollymaid.co.uk

TIME FOR YOU SOUTHEND

One off cleans now available. Ask for details. 01702 521120 | 01268 947122 | southend@timeforyou.cleaning | www.timeforyou.cleaning

TO BOOK CONTACT
RAYLEIGH@VISIONMAG.CO.UK

COUNSELLING & WELLBEING

CARA JAPON

Counsellor/Psychotherapist/Clinical Supervisor. Feel anxious, stressed, low? Relationship issues? www.counselling-directory.org.uk/counsellors/cara-japon | 07379 578983

JOIN THE LISTINGS

For just **£180** +VAT per year

ESTATE AGENTS

ST GEORGE HOMES

Online and high street estate agency. Over 30 years of experience in the local market. Call us on 01268 770728 | visit us at Berry's Arcade, High Street, Rayleigh, SS6 7EQ

FINANCIAL SERVICES

ENGLEMAN WILLS

Personally tailored wills, powers of attorney, probate, guidance on inheritance tax & care home fees. 01268 761022 | Mobile: 07901 948745 | www.businessadviosessex.co.uk

FLOORING

CARPETS DIRECT

Carpets, vinyls, laminates, wood flooring. Free fitting, free home visits, 80% wool twist pile specialists. Call us on 01268 955061

WEST ONE WOOD FLOORING

Manufacturing, installation, restoration of antique, reclaimed and new timber flooring. Unit 3, Blackall Industrial Estate, Hamberts Road, South Woodham Ferrers, CM3 5UW

GARAGE DOORS

GAROLLA ROLLER SHUTTER DOORS

Thermally insulated electric garage doors. Great for space saving, Kerb appeal & easy to use, No deposit, Pay on completion, 18 Colours available. Call today 01268 350816

ZENITH SHUTTERS

High Quality, Fully automated roller shutter garage doors. We only use European manufactured motors. Call 01268 962302 | www.zenithshutters.com

GARDENING

MPS HOME & GARDEN SERVICES

Garden Maintenance, Patios, Decking, Fencing, Painting & Decorating, Kitchen & Bedroom Installations. Martin Smith 01268 955057

DOWN HALL GARDEN SERVICES

For all local garden maintenance, Friendly & Professional Call Tim Poulter on 01268 785101 | 07761 958072

ESSEX TREE CARE LTD

Family run business over 35 years experience. All tree work undertaken. Call us today on 07500 870309 | www.essextreecareltd.co.uk

HANDYPERSON

MARTIN 'HANDY' HOLMES

Interior/exterior work, patios/driveways, decking, tree work, garden clearance, fencing, carpentry, interior/exterior painting, all aspects of building/gardening work. 01268 955048

HEALTH & WELLBEING

NUFFIELD HEALTH BRENTWOOD HOSPITAL

Come and join us at our free hospital events please check our page in the Health section of this edition for more information. Spaces are limited call us on 01268 955035

JEWELLERY & PAWNBROKERS

STUARTS

Top class gold & silver, jewellery, clocks/watches, bought & sold. Bespoke, made to order. Engraving, repairs, re-stringing. 01268 779002 | 124-126 High Street, Rayleigh, SS6 7BY

KITCHENS

DREAM DOORS SOUTHEND

The UKs Number 1 kitchen makeover specialists. Est. 1999 Visit our showroom at 1741 London Road, Leigh-on-Sea, SS9 2SW or call us 07894 714810

LANDSCAPING

RJM LANDSCAPES OF RAYLEIGH

Patios, driveways, fencing, decking, ponds, planting, turfing, construction. City & Guilds trained. Free consultation/ estimates. Fully insured. 01268 642896 | 07703 444244

OVEN CLEANER

OVENGLEAMERS

Ovens, ranges, AGAs, hobs, extractors, microwaves, BBQs. Book now for the most hygienic oven cleaning system. Call today 01268 833909

PLUMBING & HEATING

JOHN HUNTER HEATING

Plumbing, heating, gas engineers, inc. full bathroom installations. All central heating work inc boiler service, repairs and replaced. Call now on 01702 528487 | 07850 010990

HAMMOND & SONS

Family run for 20+ yrs. Boilers serviced/repaired, condensing boiler, warm-air units, all work undertaken inc leaks, upgrades, installs, no call out charges, OAPS discounts. 01268 286805

ROOFING

JIM BARR ROOFING

Exterior Cleaning & Maintenance. Gutters, Paving & UPVC. Cleaned, Repaired & Renewed. 01708 874816 | 07833 572459

STAIRLIFTS

ESSEX STAIRLIFTS

Straight Stairlifts, Curved Stairlifts, Rental Stairlifts, New & Used, Servicing & Repairs, Home Lifts. Call 01268 550173 | sales@essexstairlifts.co.uk

TRAVEL

WILLO EXECUTIVE TRAVEL

Private hire, 9 seater Mercedes, Airports, Theatres, 02 Arena, Corporate Hire. Fully Licensed/Insured/DBS/PATS/First Aid Qualified | willoexecutivetravel@yahoo.com | 07493 335154

WINDOWS & DOORS

A1 GLAZING SOLUTIONS

UPVC Window & Doors, Aluminium Window & Doors, Conservatories, Bi-Fold Doors, Lantern Roofs & Skypods. Call 01702 622875 | info@a1glazingsolutions.co.uk

DAYLIGHT INSTALLATIONS

Windows, Doors, Conservatories. Design & Installation. Affordable quality products. All work guaranteed. Call 01702 813458

DISCLAIMER: VISION does not represent or endorse the accuracy or reliability of any of the advertisements, nor the quality of any products, information or other materials displayed, purchased or obtained by any customer as a result of an advertisement or any other information or offer in connection with the service or products. The opinions expressed in articles, reviews and stories are strictly those of the individual authors and do not necessarily reflect the views of **VISION**.



ST GEORGE

Online and High Street Estate Agency

SOLD^{STC}

01268 770728

www.stgeorgehomes.co.uk